

2018年度年中排名成績 中長距離

Middle Long Distance Events Ranking Results 2018

更新 Updated On: 2018/12/04

| | | ME | | | RL-1 | | RL-2 | | RL-3 | | RL-4 | |
|------|------|------------------------|---------|-------|----------------|-------------|-------------|-------------|-----------|----------|------------|----------|
| Rank | No. | Name | Average | Total | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 | |
| | | | | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | | |
| 1 | 2543 | YU TSZ WAI | 996 | 2989 | 1000 | 1:28:46 | 989 | 0:24:00 | 889 | 0:40:22 | 1000 | 1:13:17 |
| 2 | 3507 | YIP CHAK LUN GERALD | 932 | 2797 | | | 875 | 0:27:07 | 1000 | 0:35:54 | 922 | 1:19:28 |
| 2 | 3040 | LEE KIN WAI | 932 | 2797 | 882 | 1:40:40 | 950 | 0:24:59 | | DISQ | 965 | 1:15:56 |
| 4 | 3883 | LI CHUN HO | 925 | 2775 | 893 | OFFICIAL | 1000 | 0:23:44 | 797 | 0:45:02 | 882 | 1:23:06 |
| 5 | 1732 | POON BRIAN WING YOUNG | 912 | 2736 | 829 | 1:47:03 | 760 | 0:31:13 | 942 | 0:38:06 | 965 | 1:15:58 |
| 6 | 3423 | SHIU CHIT HEI | 910 | 2729 | 917 | 1:36:48 | 927 | 0:25:36 | 885 | OFFICIAL | 811 | 1:30:19 |
| 7 | 3952 | CHU YAU MAN | 909 | 2726 | 933 | 1:35:11 | 904 | 0:26:15 | 757 | 0:47:27 | 889 | 1:22:25 |
| 8 | 40 | HUI SIU TUNG | 894 | 2682 | 943 | 1:34:08 | 874 | 0:27:10 | 602 | 0:59:41 | 866 | 1:24:38 |
| 9 | 3822 | LI SING WAI | 885 | 2654 | 808 | 1:49:48 | 836 | 0:28:23 | 870 | 0:41:17 | 949 | 1:17:15 |
| 10 | 3866 | CHUNG AUSTIN | 854 | 2563 | 813 | 1:49:09 | 849 | 0:27:57 | | DNS | 900 | 1:21:24 |
| 11 | 3049 | YU TSZ FUNG | 827 | 2480 | 904 | 1:38:11 | 848 | 0:28:00 | | DNS | 728 | 1:40:36 |
| 12 | 3144 | MA LOK HIN | 818 | 2453 | 862 | 1:42:57 | 829 | 0:28:37 | 728 | 0:49:18 | 761 | 1:36:14 |
| 13 | 1733 | MAN CHI KIN | 816 | 2449 | 862 | 1:43:01 | 775 | 0:30:37 | 585 | 1:01:23 | 812 | 1:30:14 |
| 14 | 3760 | CHOW MAN LONG | 815 | 2445 | | DISQ | 871 | 0:27:15 | 752 | 0:47:45 | 822 | 1:29:08 |
| 15 | 232 | TAM WING CHUNG | 754 | 2263 | 914 | 1:37:04 | 660 | 0:35:58 | | DNS | 688 | 1:46:28 |
| 16 | 4993 | LEUNG CHI HANG | 731 | 2193 | | DISQ | 628 | 0:37:46 | 707 | 0:50:47 | 857 | 1:25:29 |
| 17 | 3152 | CHAN TIN MONG | 730 | 2190 | | | 727 | 0:32:38 | 739 | 0:48:36 | 724 | 1:41:12 |
| 18 | 589 | CHOY KWOK WAI | 723 | 2169 | 779 | 1:53:54 | 722 | 0:32:52 | | DNS | 667 | 1:49:47 |
| 19 | 4670 | WONG YU HONG BRYAN | 674 | 2022 | 631 | OFFICIAL | 641 | 0:37:02 | 504 | 1:11:14 | 749 | 1:37:47 |
| 20 | 82 | CHAU PO LOK | 665 | 1995 | 768 | 1:55:38 | 608 | 0:39:04 | 582 | 1:01:40 | 620 | 1:58:08 |
| 21 | 981 | LEE YEUNG CHI | 657 | 1970 | 601 | 2:27:35 | 509 | 0:46:40 | 560 | 1:04:06 | 808 | 1:30:40 |
| 22 | 4451 | WONG WAI NGAI ERIC | 652 | 1957 | 715 | 2:04:11 | 593 | 0:40:02 | 441 | 1:21:23 | 649 | 1:52:51 |
| 23 | 5133 | PEREIRA DANIEL ANTONIO | 648 | 1943 | 631 | OFFICIAL | 639 | 0:37:07 | 581 | 1:01:45 | 673 | 1:48:57 |
| 24 | 101 | YEUNG KWOK KEUNG | 646 | 1939 | 485 | OFFICIAL | 671 | 0:35:23 | | DISQ | 783 | 1:33:32 |
| 25 | 305 | CHUNG WAI NANG | 646 | 1938 | 638 | 2:19:05 | 668 | 0:35:33 | 550 | 1:05:14 | 632 | 1:55:53 |
| 26 | 3 | YU SAI HONG | 617 | 1852 | 698 | 2:07:15 | 572 | 0:41:28 | 505 | 1:11:03 | 582 | 2:05:59 |
| 27 | 679 | MAN YIU FUNG | 598 | 1794 | 636 | 2:19:33 | 615 | 0:38:36 | 463 | 1:17:35 | 543 | 2:14:52 |
| 28 | 788 | LAM SAM CHOI ABY | 592 | 1777 | | DISQ | 863 | 0:27:30 | | DISQ | 914 | 1:20:10 |
| 29 | 3347 | LAM KA CHING | 565 | 1696 | | DNS | 526 | 0:45:06 | 470 | 1:16:27 | 700 | 1:44:39 |
| 30 | 2570 | LAU KWOK SANG | 557 | 1670 | 710 | 2:05:03 | | DISQ | 418 | OFFICIAL | 543 | 2:15:01 |
| 31 | 336 | CHEUNG KANG KAI | 554 | 1663 | 545 | 2:42:54 | 603 | 0:39:20 | 515 | 1:09:43 | | DISQ |
| 32 | 929 | CHEUNG CHI KO ABDON | 537 | 1611 | | DNS | 817 | 0:29:02 | | DNS | 793 | 1:32:24 |
| 33 | 3814 | YUEN WANG KI | 324 | 973 | 730 | 2:01:37 | | | | | 243 | OFFICIAL |
| 34 | 4427 | CHAN CHUN KIT | 198 | 594 | | | | | | | 594 | 2:03:28 |
| 35 | 103 | CHOI WAI KIT | 192 | 577 | | | 577 | 0:41:07 | | | | |
| 36 | 78 | TAM WEI YEUNG SUNNY | 180 | 541 | 541 | 2:44:13 | | | | | | |
| | | M12 | | | RL-1 | | RL-2 | | RL-3 | | RL-5 | |
| Rank | No. | Name | Average | Total | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 | |
| | | | | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | | |
| 1 | 4737 | CHEN KA HEI | 947 | 2842 | 897 | 0:38:31 | 848 | 0:33:04 | 945 | 0:22:33 | 1000 | 0:25:14 |

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|------|------|------------------------|---------|-------|------|----------------|------|-------------|------|-------------|------|-------------|
| 2 | 5159 | SIU PUI LOK | 922 | 2765 | 833 | 0:41:29 | 932 | 0:30:06 | 1000 | 0:21:18 | 719 | 0:35:05 |
| 3 | 4225 | FONG CHEUK LONG ETHAN | 861 | 2582 | | DNS | 1000 | 0:28:03 | 934 | 0:22:48 | 648 | 0:38:56 |
| 4 | 5289 | WOO ALOK | 757 | 2270 | 1000 | 0:34:34 | 639 | 0:43:53 | 609 | 0:35:00 | 631 | 0:40:01 |
| 5 | 4824 | FU CHUN YAN ALISTAIR | 714 | 2143 | 847 | 0:40:50 | 512 | 0:54:49 | 761 | 0:28:00 | 535 | 0:47:09 |
| 6 | 4840 | HO CHUN YUEN | 620 | 1861 | 563 | 1:01:23 | 668 | 0:41:59 | 577 | 0:36:56 | 616 | 0:40:59 |
| 7 | 4679 | CHAM TSZ KING | 559 | 1677 | 721 | 0:47:57 | 382 | 0:42:22 | 536 | 1:01:21 | 421 | 1:18:29 |
| 8 | 4736 | CHEN KA HANG | 507 | 1522 | 456 | 1:15:50 | 448 | 1:02:37 | 619 | 0:34:26 | | |
| 9 | 5290 | WOO BONO | 494 | 1481 | 413 | 1:23:39 | 561 | 0:50:00 | 507 | 0:42:01 | | |
| 10 | 4930 | LAM KING HIM | 444 | 1332 | 375 | 1:32:08 | 446 | 1:02:51 | 511 | 0:41:43 | | |
| 11 | 4197 | LO CHUN HEI | 436 | 1307 | | DNS | 840 | 0:33:24 | | DNS | 468 | 0:53:59 |
| 12 | 5410 | FUNG HONG CHING | 406 | 1219 | 645 | 0:53:34 | | | | DNS | 574 | 0:44:00 |
| 13 | 4740 | CHENG CHUN HONG ISAAC | 265 | 794 | | DNS | 472 | 0:59:26 | 322 | 1:06:14 | | |
| 14 | 5416 | KAN CYRIL | 243 | 729 | | DNS | 407 | 1:08:57 | 322 | 1:06:06 | | |
| 15 | 5515 | YAN HO HEI | 233 | 700 | | | | | | | 700 | 0:36:04 |
| 16 | 4540 | LAU KIN PONG | 209 | 627 | 338 | 1:42:20 | | DISQ | 289 | 1:13:41 | | |
| 17 | 4688 | CHAN DANIEL CHEUK HIM | 199 | 597 | | DNS | | DNS | | | 597 | 0:42:15 |
| 18 | 5401 | LEE HOI CHUN | 154 | 463 | | | 463 | 1:00:34 | | | | |
| 19 | 5433 | CHEUNG HOI LOK | 128 | 385 | | OT | 385 | 1:12:55 | | | | |
| 20 | 5064 | LUI CHUN ETHAN | 125 | 375 | | | 375 | 1:14:43 | | | | |
| 21 | 4940 | LAM YAT HEI | 113 | 338 | | | | | 338 | 1:03:06 | | |
| | 5247 | WONG CHEUK NAM | | | | | | | | DNS | | |
| | | | | | | | | | | | | |
| | | M14 | | | | | | | | | | |
| | | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 |
| | | | | | | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 |
| Rank | No. | Name | Average | Total | | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park |
| 1 | 4035 | AU JOSHUA HO KIU | 1000 | 3000 | 1000 | 0:24:09 | 1000 | 0:16:10 | 1000 | 0:32:52 | 851 | 0:38:48 |
| 2 | 4228 | SHUM SIU LONG | 872 | 2616 | | | 706 | 0:22:54 | 910 | 0:36:06 | 1000 | 0:33:01 |
| 3 | 5263 | WONG KWAN | 832 | 2495 | 785 | 0:30:45 | 780 | 0:20:43 | 929 | 0:35:23 | | |
| 4 | 4944 | LAU CHEUK NAM | 811 | 2433 | 625 | 0:38:39 | 546 | 0:29:38 | 850 | 0:38:41 | 958 | 0:34:27 |
| 5 | 4895 | KWOK JUSTIN Y YAN | 796 | 2387 | 561 | 0:43:03 | 814 | 0:19:52 | 779 | 0:42:10 | 794 | 0:41:35 |
| 6 | 4027 | LEE SZE LUT NAZIRITE | 790 | 2370 | 797 | 0:30:17 | 564 | 0:28:41 | 830 | 0:39:35 | 743 | 0:44:27 |
| 7 | 4373 | YAU MAN KIT BOSCO | 745 | 2235 | 704 | 0:34:17 | 704 | 0:22:58 | | DISQ | 826 | 0:39:57 |
| 8 | 5026 | LEUNG YIU TIN | 700 | 2101 | 672 | 0:35:55 | 679 | 0:23:49 | 553 | 0:59:27 | 750 | 0:44:00 |
| 9 | 4998 | LEUNG HO CHUN | 667 | 2000 | 486 | 0:49:41 | 429 | 0:37:43 | 672 | 0:48:56 | 842 | 0:39:12 |
| 10 | 4399 | LAM WANG HONG NERIO | 427 | 1281 | 660 | 0:36:34 | 621 | 0:26:03 | | DNS | | |
| 11 | 4927 | LAM HON FAI ADRIAN | 335 | 1006 | 575 | 0:42:01 | 431 | 0:37:28 | | DISQ | | |
| 12 | 4534 | AU KI | 270 | 810 | | | 411 | 0:39:21 | | | 399 | 1:22:42 |
| 13 | 4511 | MAN TSAN SHUN | 256 | 767 | | | 353 | 0:45:50 | | DNS | 415 | 1:19:38 |
| 14 | 5350 | LIANG BOHDAN DING QUAN | 209 | 627 | 296 | 1:21:29 | 331 | 0:48:53 | | | | |
| 15 | 4683 | CHAN CHEUNG MAN | 207 | 620 | 620 | 0:38:58 | | | | | | |
| 16 | 4913 | LAI MAN HIN | 150 | 451 | | | 451 | 0:35:50 | | DNS | | |
| 17 | 5481 | HO TING YAN | 142 | 427 | | | 427 | 0:37:51 | | | | |
| 18 | 5148 | SHEK TSUN WANG | 134 | 401 | 401 | 1:00:17 | | | | DISQ | | |
| 19 | 4699 | CHAN KING SAN | 133 | 400 | | MP | 400 | 0:40:27 | | | | DISQ |
| 20 | 5005 | LEUNG KIK NAM | 128 | 383 | | | 383 | 0:42:11 | | | | |
| 21 | 5349 | POON MAN TO LEO | 122 | 366 | | | 366 | 0:44:09 | | | | |
| 22 | 5479 | CHONG TSZ HIN GILBERT | 119 | 356 | | | 356 | 0:45:26 | | | | |
| 23 | 5351 | CHEUNG YEE HIM CUITIS | 109 | 328 | | | 328 | 0:49:13 | | | | |
| 24 | 5126 | NGAN YAT FEI | 79 | 238 | | | 238 | 1:08:02 | | | | |

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|------|------|---------------------|---------|-------|------|----------------|-------------|-------------|-------------|---------|------|---------|
| | 4519 | WONG CHEUK HIM | | | | | DNS | | | | | |
| | 4532 | CHAN KING WO | | | | | | DNS | | DNS | | |
| | 5153 | SHU SHUN LING | | | | | | | | DNS | | |
| | 5372 | FONG CHI HIM JOHNNY | | | | | MP | | | | | |
| | 5478 | WONG YUK NAM | | | | | | DISQ | | | | |
| | | | | | | | | | | | | |
| | | M16 | | | | | | | | | | |
| | | | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |
| | | | | | | 2018/2/25 | 2018/4/29 | 2018/5/20 | 2018/11/25 | | | |
| | | | | | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | |
| | | | | | | | | | | | | |
| Rank | No. | Name | Average | Total | | | | | | | | |
| 1 | 4050 | LUM CHEUK HEI | 1000 | 3000 | 1000 | 0:35:01 | 1000 | 0:28:21 | 1000 | 0:25:47 | | |
| 2 | 4582 | TONG SHEE YIU | 877 | 2630 | 721 | 0:48:34 | 909 | 0:31:11 | | | 1000 | 1:26:01 |
| 3 | 5201 | TO CHUNG YIN | 827 | 2481 | 575 | 1:00:56 | 996 | 0:28:28 | 626 | 0:41:13 | 859 | 1:40:05 |
| 4 | 4097 | CHAN CHUN ON | 697 | 2091 | 437 | 1:20:13 | 831 | 0:34:06 | 576 | 0:44:47 | 684 | 2:05:43 |
| 5 | 4974 | LEE KA WAI | 693 | 2078 | 493 | 1:11:01 | 712 | 0:39:48 | 629 | 0:41:01 | 737 | 1:56:39 |
| 6 | 4509 | LAW SING YU SEAN | 657 | 1971 | 310 | 1:53:05 | 652 | 0:43:30 | 527 | 0:48:53 | 792 | 1:48:36 |
| 7 | 4801 | CHU CHEUK YIU | 520 | 1560 | 363 | 1:36:32 | 507 | 0:55:53 | | | 690 | 2:04:42 |
| 8 | 5341 | YUM KA CHUN | 492 | 1476 | | DNS | 797 | 0:35:34 | 679 | 0:37:58 | | |
| 9 | 4565 | CHENG KAI MAN | 481 | 1443 | 482 | 1:12:35 | 578 | 0:49:03 | 383 | 1:07:24 | | |
| 10 | 5074 | MA CHUN MAN | 247 | 742 | | | 742 | 0:38:13 | | DNS | | |
| 11 | 5516 | YAN HO LONG | 234 | 701 | | | | | | | 701 | 2:02:46 |
| 12 | 2703 | LEUNG CHUN HEI | 214 | 643 | | | 643 | 0:44:06 | | DNS | | |
| 13 | 5137 | POON LAP HANG | 201 | 602 | | | 602 | 0:47:06 | | | | |
| 14 | 4712 | CHAN SIN KEI | 152 | 457 | | MP | 457 | 1:02:04 | | | | |
| | 4091 | LAI HING FUNG | | | | | | | | DNS | | |
| | 4117 | YAM TSZ HONG | | | | | | OT | | | | |
| | 4533 | CHAN KING YU | | | | | | DNS | | DNS | | |
| | 4557 | WONG WANG HON | | | | | | DNS | | DNS | | |
| | 4753 | CHEUK TIN YU | | | | DNS | | | | | | |
| | 5031 | LI CHUN WA | | | | | | DNS | | DNS | | |
| | 5477 | LO AARON PUI HIM | | | | | | DNS | | DNS | | |
| | 5480 | WONG CHI YUI | | | | | | DISQ | | | | |
| | | | | | | | | | | | | |
| | | M18 | | | | | | | | | | |
| | | | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |
| | | | | | | 2018/2/25 | 2018/4/29 | 2018/5/20 | 2018/11/25 | | | |
| | | | | | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | |
| | | | | | | | | | | | | |
| Rank | No. | Name | Average | Total | | | | | | | | |
| 1 | 1641 | CHUNG HO YIN | 1000 | 3000 | 1000 | 0:34:27 | 1000 | 0:26:58 | 1000 | 0:49:10 | | |
| 2 | 4361 | SO KA WANG | 900 | 2700 | 855 | 0:40:18 | 845 | 0:31:54 | 784 | 1:02:44 | 1000 | 1:02:21 |
| 3 | 5301 | YAM KAI YUI HUBERT | 728 | 2184 | 865 | 0:39:49 | 769 | 0:35:05 | | DISQ | 550 | 1:53:23 |
| 4 | 3684 | LAM HIU CHAK | 706 | 2118 | 650 | 0:53:02 | 570 | 0:47:20 | 899 | 0:54:43 | | |
| 5 | 4972 | LEE HONG PUI | 613 | 1840 | 623 | 0:55:19 | 666 | 0:40:30 | | DISQ | 551 | 1:53:08 |
| 6 | 4959 | LAW MAN PAN | 538 | 1614 | 460 | 1:14:50 | 403 | 1:06:50 | 644 | 1:16:20 | 510 | 2:02:17 |
| 7 | 5175 | TAI SUNG CHIT | 492 | 1475 | 573 | 1:00:08 | 437 | 1:01:46 | | DISQ | 466 | 2:13:51 |
| 8 | 4628 | CHAN CHEUK KAI | 350 | 1049 | 460 | 1:14:57 | 589 | 0:45:46 | | OT | | |
| 9 | 5334 | YU PAK YIN | 319 | 956 | | | 522 | 0:51:42 | 435 | 1:53:04 | | |
| 10 | 5338 | YUEN WAI KIT | 317 | 950 | 472 | 1:12:58 | 478 | 0:56:28 | | DISQ | | |
| 11 | 4732 | CHEN CHAK SANG | 242 | 726 | 386 | 1:29:12 | 340 | 1:19:21 | | | | |
| 12 | 5229 | TSUI KOON WAI | 184 | 552 | | | 552 | 0:48:52 | | DISQ | | |
| 13 | 5254 | WONG HO CHI | 154 | 462 | 462 | 1:14:38 | | | | | | |
| 14 | 4572 | CHAN KA YIU | 147 | 440 | 440 | 1:18:16 | | | | | | |

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|------|------|------------------------|---------|-------|------|----------------|-------------|-------------|-------------|----------|------|---------|
| 15 | 4358 | NG KOK WING | 126 | 377 | 377 | 1:31:29 | | DISQ | | DISQ | | |
| | 4861 | HUANG ZHEN KUN | | | | | | | | | | DISQ |
| | 5037 | LI KING WUN | | | | DNS | | DNS | | DNS | | |
| | 5248 | WONG CHIN HOI | | | | | | DISQ | | DNS | | |
| | 5428 | NGAN YAN YI | | | | DNS | | | | | | |
| | | | | | | | | | | | | |
| | | M20 | | | | | | | | | | |
| | | | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |
| | | | | | | 2018/2/25 | 2018/4/29 | 2018/5/20 | 2018/11/25 | | | |
| Rank | No. | Name | Average | Total | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | |
| 1 | 3948 | WONG TSZ CHUN JASON | 962 | 2885 | 923 | 0:36:20 | 962 | 0:23:54 | 1000 | 0:50:52 | 908 | 0:53:51 |
| 2 | 3855 | WONG CHEUK WANG | 923 | 2770 | 1000 | 0:33:32 | 770 | 0:29:50 | | | 1000 | 0:48:55 |
| 3 | 3818 | CHAN CHUN HEI | 916 | 2749 | 947 | 0:35:25 | 1000 | 0:22:59 | 803 | 1:03:23 | | |
| 4 | 4196 | LEUNG CHUNG WAI | 767 | 2300 | 650 | 0:51:36 | 872 | 0:26:22 | | | 778 | 1:02:52 |
| 5 | 5330 | YOU YI | 733 | 2200 | 694 | 0:48:19 | 847 | 0:27:09 | 660 | 1:17:07 | 632 | 1:17:26 |
| 6 | 5220 | TSE LOK HIN | 590 | 1771 | 586 | 0:57:15 | 595 | 0:38:37 | 590 | 1:26:14 | 563 | 1:26:56 |
| 7 | 4442 | NG KI FUNG JASON | 345 | 1035 | 463 | 1:12:21 | 571 | 0:40:13 | | | | DISQ |
| 8 | 5337 | YUEN WAI HEI | 315 | 946 | | | 453 | 0:50:45 | 494 | 1:43:04 | | |
| 9 | 5000 | LEUNG KA CHAI | 290 | 871 | | | 347 | 1:06:19 | 524 | 1:37:02 | | DISQ |
| 10 | 4715 | CHAN TSUN LAP | 266 | 798 | 420 | 1:19:46 | 377 | 1:00:53 | | DISQ | | |
| 11 | 5462 | LUI SIU HIN ALVIN | 162 | 485 | | | | | 485 | 1:44:51 | | |
| 12 | 5460 | LAM YEUNG SHUN | 103 | 309 | | | 309 | 1:14:28 | | DISQ | | |
| | 3318 | YUE WEI YONG | | | | | | | | DNS | | |
| | 5456 | TO PAK HONG | | | | MP | | | | | | |
| | 5472 | LAM KING HEI | | | | | | DNS | | DNS | | |
| | | | | | | | | | | | | |
| | | M21 | | | | | | | | | | |
| | | | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |
| | | | | | | 2018/2/25 | 2018/4/29 | 2018/5/20 | 2018/11/25 | | | |
| Rank | No. | Name | Average | Total | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | |
| 1 | 416 | CHIU YAU CHUNG | 981 | 2943 | 943 | OFFICIAL | 1000 | 0:29:00 | 1000 | 0:49:14 | 828 | 1:27:48 |
| 2 | 104 | CHENG YUK TUNG | 915 | 2744 | 1000 | 0:55:18 | | DNS | 932 | 0:52:50 | 813 | 1:29:31 |
| 3 | 4372 | CHEUNG KWOK PUI | 771 | 2314 | 769 | 1:11:57 | 543 | 0:53:23 | 825 | 0:59:41 | 720 | 1:40:59 |
| 4 | 112 | LIANG CHI HANG | 738 | 2215 | 750 | 1:13:46 | 669 | 0:43:19 | 780 | 1:03:07 | 686 | 1:46:05 |
| 5 | 4041 | CHAU CHI KIN | 732 | 2196 | | | 859 | 0:33:46 | 673 | 1:13:08 | 664 | 1:49:33 |
| 6 | 184 | HO TSZ HANG STEPHEN | 731 | 2192 | 788 | 1:10:09 | 855 | 0:33:54 | 548 | OFFICIAL | | |
| 7 | 86 | CHAN CHI SING CLEMENT | 707 | 2120 | 633 | 1:27:24 | 911 | 0:31:51 | | DISQ | 577 | 2:06:09 |
| 8 | 3448 | CHAN CHUN FUNG | 688 | 2064 | | | 692 | 0:41:55 | 751 | 1:05:33 | 621 | 1:57:08 |
| 9 | 3683 | NG KOK HEI JASON | 673 | 2019 | 667 | 1:22:53 | 722 | 0:40:10 | 435 | 1:53:10 | 630 | 1:55:25 |
| 9 | 5257 | WONG IO PAN | 673 | 2019 | 715 | 1:17:18 | 810 | 0:35:49 | 494 | 1:39:42 | | |
| 9 | 976 | TAM CHUNG YIN DICKSON | 673 | 2019 | | DNS | 747 | 0:38:50 | 681 | 1:12:16 | 591 | 2:03:08 |
| 12 | 3954 | CHU HING SHING | 654 | 1962 | 634 | 1:27:12 | 675 | 0:42:59 | 653 | 1:15:22 | | OT |
| 13 | 3321 | CHAN YIP SANG | 649 | 1946 | 682 | 1:21:04 | 612 | 0:47:22 | 652 | 1:15:31 | 495 | 2:26:56 |
| 14 | 3669 | CHEUNG YAN WAI | 572 | 1716 | 528 | 1:44:42 | 527 | 0:55:00 | 626 | 1:18:40 | 562 | 2:09:25 |
| 15 | 4766 | CHIANG WAI MING | 559 | 1677 | 557 | 1:39:18 | | DISQ | 562 | 1:27:36 | 558 | 2:10:26 |
| 16 | 4444 | NG KA SING | 556 | 1668 | 646 | 1:25:39 | 537 | 0:53:58 | 485 | 1:41:30 | | |
| 17 | 464 | LUK CHI HIN SOLOMON | 548 | 1645 | 678 | 1:21:34 | 556 | 0:52:12 | 411 | OFFICIAL | | |
| 18 | 551 | CHAN PING KIN | 526 | 1578 | 518 | 1:46:48 | 507 | 0:57:12 | 523 | 1:34:13 | 537 | 2:15:21 |
| 19 | 4255 | TSANG MICHAEL CHUN CHI | 511 | 1532 | 561 | 1:38:33 | 440 | 1:05:55 | 461 | 1:46:44 | 510 | 2:22:40 |
| 20 | 4282 | CHUI TSZ HO | 484 | 1453 | 546 | 1:41:13 | 432 | 1:07:05 | 475 | 1:43:41 | | OT |
| 21 | 3820 | LEE TING HO GILBERT | 475 | 1424 | 574 | 1:36:22 | 356 | OFFICIAL | | | 494 | 2:27:14 |

| | | | | | | | | | | | | |
|------|------|----------------------|---------|-------|------|----------------|-------------|-------------|-------------|---------|------|---------|
| 22 | 3464 | WONG PUI KEUNG | 473 | 1418 | | | 709 | 0:40:55 | 709 | 1:09:27 | | |
| 23 | 3422 | MUI HO LAM | 472 | 1416 | 687 | 1:20:32 | | | 730 | 1:07:29 | | |
| 24 | 4400 | LAM MING YIU | 420 | 1261 | 475 | 1:56:26 | 369 | 1:18:33 | 417 | 1:58:04 | | DISQ |
| 25 | 4687 | CHAN CHUN MAN | 416 | 1249 | | DNS | 604 | 0:48:00 | 645 | 1:16:20 | | DISQ |
| 26 | 107 | LEUNG YAT LAI ADRIAN | 378 | 1135 | 567 | 1:37:28 | | | | | 568 | 2:08:03 |
| 27 | 4005 | CHEUNG CHI SHING | 353 | 1059 | 568 | 1:37:20 | | DISQ | 491 | 1:40:22 | | OT |
| 28 | 294 | SY HUAN KUN | 343 | 1028 | 697 | 1:19:23 | 331 | 1:27:36 | | DNS | | DISQ |
| 29 | 263 | WONG KIN IP | 335 | 1004 | 488 | 1:53:16 | 516 | 0:56:14 | | DNS | | |
| 30 | 3162 | KWOK KIN KWAN | 333 | 1000 | | | | | | | 1000 | 1:12:44 |
| 31 | 5395 | YEUNG RONALD MAN HO | 330 | 991 | 560 | 1:38:47 | 431 | 1:07:19 | | | | |
| 32 | 26 | NG KWAN SHING | 319 | 958 | | | | DISQ | 958 | 0:51:24 | | |
| 33 | 1630 | LAW KWOK KUEN | 283 | 849 | | | 849 | 0:34:10 | | | | DISQ |
| 34 | 4542 | YIM CHUN WAI | 240 | 721 | 541 | 1:42:12 | 180 | OFFICIAL | | DNS | | |
| 35 | 5192 | TANG YU HIN | 228 | 684 | | | 684 | 0:42:23 | | | | DISQ |
| 36 | 636 | LEUNG CHI YAN | 176 | 527 | 527 | 1:44:55 | | | | | | |
| 37 | 5469 | TANG HIU SHAN | 174 | 523 | | | 523 | 0:55:29 | | DISQ | | |
| 38 | 4249 | NG KWOK FUNG | 165 | 494 | 494 | 1:52:02 | | DNS | | OT | | DISQ |
| 39 | 293 | YUEN TUNG NAM | 164 | 493 | | | | | 493 | 1:39:54 | | |
| 40 | 5038 | LI KONG FUNG | 159 | 477 | | | | | 477 | 1:43:18 | | |
| 41 | 4554 | WONG TSZ FUNG | 155 | 466 | | | 466 | 1:02:14 | | | | |
| 42 | 1707 | HUI WUN LAP | 123 | 370 | | | 370 | 1:18:20 | | DNS | | DISQ |
| 43 | 5459 | LAM TSZ NOK | 107 | 320 | | | 320 | 1:30:43 | | DNS | | |
| | 238 | LI FUK LUNG BRUCE | | | | MP | | | | | | |
| | 432 | YIU CHI SING | | | | | | | | OT | | |
| | 987 | CHAN ON LAP | | | | | | DNS | | DNS | | |
| | 1911 | HUI YAN TING | | | | | | | | DISQ | | |
| | 2840 | LEUNG YAT YIN | | | | | | | | | | OT |
| | 3320 | LAI KA PAK | | | | | | DNS | | | | DISQ |
| | 3491 | CHEUNG KWOK WAI | | | | MP | | | | | | |
| | 4296 | CHENG TSZ FUNG | | | | | | | | | | DISQ |
| | 4360 | LING CHUNG YIN | | | | DNS | | | | | | |
| | 4466 | FONG TSZ LO | | | | OT | | | | | | |
| | 4936 | LAM SZE YUEN PAUL | | | | | | | | DNS | | |
| | 5008 | LEUNG KWOK SHING | | | | | | | | | | DISQ |
| | 5113 | NG SHING CHI | | | | DNS | | OT | | | | |
| | 5115 | NG SIU KEI | | | | MP | | | | DISQ | | |
| | 5463 | CHENG PAK KI | | | | | | DNS | | | | |
| | 5483 | NG WING YUEN | | | | | | DNS | | | | |
| | | | | | | | | | | | | |
| | | M35 | | | | | | | | | | |
| | | | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |
| | | | | | | 2018/2/25 | 2018/4/29 | 2018/5/20 | 2018/11/25 | | | |
| | | | | | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | |
| Rank | No. | Name | Average | Total | | | | | | | | |
| 1 | 125 | CHEONG KUNG PAN | 907 | 2720 | 967 | 1:12:51 | 753 | 0:42:27 | 1000 | 0:49:11 | 665 | 1:37:40 |
| 2 | 4261 | LI MING CHI | 885 | 2655 | 970 | 1:12:36 | 924 | 0:34:37 | 761 | 1:04:39 | 447 | 2:25:20 |
| 3 | 249 | LEE MAN WAI | 785 | 2354 | 1000 | 1:10:26 | 810 | 0:39:28 | | DNS | 543 | 1:59:37 |
| 4 | 3862 | WONG MAN WA | 708 | 2123 | 694 | 1:41:29 | 633 | 0:50:30 | 796 | 1:01:48 | 575 | 1:52:57 |
| 5 | 3048 | CHENG PING KUEN | 635 | 1905 | | | 927 | 0:34:31 | 978 | 0:50:16 | | OT |
| 6 | 3336 | WONG CHI YIN | 618 | 1853 | | MP | 1000 | 0:31:59 | 853 | 0:57:41 | | OT |
| 7 | 17 | TAM SHU FUN | 591 | 1772 | | | 819 | 0:39:04 | 953 | 0:51:36 | | |

| | | | | | | | | | | | | |
|------|------|---------------------|---------|-------|------|----------------|------|-------------|------|-------------|------|-------------|
| 8 | 3676 | FUNG CHUN PAN | 580 | 1741 | 737 | 1:35:35 | 594 | 0:53:49 | 410 | 1:59:58 | | |
| 9 | 5057 | LO KWOK KAY | 400 | 1199 | 606 | 1:56:15 | 593 | 0:53:57 | | | | DISQ |
| 10 | 5326 | YIU VOR | 351 | 1053 | | OT | 618 | 0:51:43 | | DNS | 434 | 2:29:41 |
| 11 | 4971 | LEE HOK WUN | 347 | 1040 | | DNS | 518 | 1:01:45 | 522 | 1:34:18 | | DISQ |
| 12 | 46 | CHUNG CHI MING | 333 | 1000 | | | | | | | 1000 | 1:04:59 |
| 13 | 3499 | LAU CHUN FUN | 318 | 954 | | | 534 | 0:59:54 | 420 | 1:56:58 | | |
| 14 | 5066 | LUI YUEN MING | 162 | 486 | | MP | 486 | 1:05:52 | | DNS | | |
| 15 | 4491 | LO WING PUN | 154 | 461 | | | 461 | 1:09:25 | | | | |
| | 3651 | CHAN TSZ CHUNG | | | | | | | | DNS | | |
| | 5306 | YAU CHI KEUNG | | | | | | DNS | | | | DISQ |
| | 5307 | YAU HO TAK | | | | | | | | DNS | | |
| | 5468 | LAI KIN CHUNG | | | | | | DNS | | | | |
| | | M40 | | | | | | | | | | |
| | | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 |
| | | | | | | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 |
| | | | | | | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park |
| Rank | No. | Name | Average | Total | | | | | | | | |
| 1 | 4193 | YUE PUI CHUNG | 955 | 2864 | 1000 | 1:00:09 | 1000 | 0:34:19 | 864 | 1:13:59 | | DISQ |
| 2 | 335 | LAU CHI CHUEN | 905 | 2715 | 730 | 1:22:22 | 854 | 0:40:10 | 861 | 1:14:18 | 1000 | 2:01:02 |
| 3 | 96 | LO WING SHIU | 618 | 1855 | | DNS | 980 | 0:35:02 | 875 | 1:13:05 | | DISQ |
| 4 | 4188 | LEUNG WAI KIN | 579 | 1736 | 572 | 1:45:11 | 519 | 1:06:09 | 646 | 1:39:02 | | DISQ |
| 5 | 4697 | CHAN KAI WING DICKY | 553 | 1660 | 678 | 1:28:42 | 341 | 1:40:33 | 640 | 1:39:53 | | |
| 6 | 5328 | YOU GOUFENG | 529 | 1586 | 651 | 1:32:23 | 356 | 1:36:16 | 579 | 1:50:30 | | DISQ |
| 7 | 4012 | CHAN KAM ON ANDY | 506 | 1519 | 871 | 1:09:03 | 647 | 0:53:00 | | DNS | | |
| 8 | 5122 | NG WAI MING | 360 | 1081 | 764 | 1:18:43 | 317 | 1:48:24 | | DNS | | DISQ |
| 9 | 42 | CHAN KWOK WAI KEVIN | 333 | 1000 | | | | | 1000 | 1:03:57 | | |
| 10 | 5411 | FUNG MAN HIN | 199 | 597 | 597 | 1:40:49 | | | | DNS | | |
| 11 | 5279 | WONG SIU TONG | 192 | 577 | 577 | 1:44:16 | | | | | | |
| | 4039 | CHENG CHUNG HANG | | | | | | DNS | | | | |
| | 4347 | WONG HO MAN | | | | DNS | | DNS | | | | |
| | 4733 | CHEN FUK HOI | | | | | | DISQ | | DISQ | | |
| | 5177 | TAM CHI HO | | | | | | OT | | DISQ | | |
| | 5473 | CHEN FUK LAI | | | | | | DNS | | DNS | | |
| | | M45 | | | | | | | | | | |
| | | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 |
| | | | | | | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 |
| | | | | | | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park |
| Rank | No. | Name | Average | Total | | | | | | | | |
| 1 | 737 | HUI NGAI SANG | 1000 | 3000 | 1000 | 0:42:55 | 1000 | 0:30:25 | | DISQ | 1000 | 1:18:16 |
| 2 | 64 | KO MAN FUNG FRANCIS | 827 | 2481 | 665 | 1:04:35 | 794 | 0:38:18 | 841 | 1:16:12 | 846 | 1:32:27 |
| 3 | 90 | CHAN KA SHING RICKY | 798 | 2393 | | | 567 | 0:53:40 | 1000 | 1:04:03 | 827 | 1:34:40 |
| 4 | 226 | YAN CHI HANG HENRY | 666 | 1997 | 432 | 1:39:27 | 643 | 0:47:20 | 800 | 1:20:06 | 555 | 2:20:57 |
| 5 | 51 | LAU YAT CHOR | 610 | 1831 | 469 | 1:31:32 | 730 | 0:41:41 | 633 | 1:41:14 | | |
| 6 | 9 | NG KAM FU PATRICK | 461 | 1382 | 708 | 1:00:35 | 674 | 0:45:08 | | | | |
| 7 | 4942 | LAM YIU HONG | 422 | 1266 | | OT | 649 | 0:46:50 | 617 | 1:43:52 | | |
| 8 | 4440 | FU MAN FAI | 405 | 1216 | 582 | 1:13:44 | 634 | 0:47:59 | | OT | | DISQ |
| 9 | 5158 | SIU MAN KWONG ERIC | 360 | 1080 | | MP | 510 | 0:59:39 | 570 | 1:52:20 | | DISQ |
| 10 | 4853 | HO WING FAI | 339 | 1018 | 378 | 1:53:25 | | | 639 | 1:40:10 | | |
| 11 | 5448 | WONG WAI MING | 265 | 795 | | | | | 795 | 1:20:37 | | |
| 12 | 2957 | CHAN WAI KIN | 218 | 653 | | OT | | | 653 | 1:38:06 | | |
| 13 | 4932 | LAM MING PAN | 214 | 643 | | | | | 643 | 1:39:41 | | |

| | | | | | | | | | | | | |
|------|------|------------------------|---------|-------|------|----------------|-------------|-------------|-------------|---------|------|----------|
| 14 | 563 | CHEUNG KWOK FUNG EDWIN | 213 | 638 | | | 638 | 0:47:39 | | DNS | | |
| 15 | 287 | KWONG KWOK WAH | 167 | 500 | 500 | 1:25:50 | | DNS | | DNS | | |
| 16 | 5471 | LEUNG SHUN YU BENNY | 151 | 453 | | | 453 | 1:07:13 | | DNS | | |
| | 7 | POON KA HANG | | | | | | DISQ | | DNS | | |
| | 1124 | CHEUNG WAI KEE | | | | | | | | | | DISQ |
| | 5399 | SZE TUNG PO ERIC | | | | | | | | DISQ | | |
| | | M50 | | | | | | | | | | |
| | | | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |
| | | | | | | 2018/2/25 | 2018/4/29 | 2018/5/20 | 2018/11/25 | | | |
| Rank | No. | Name | Average | Total | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | |
| 1 | 20 | MAN WAI TIN | 955 | 2865 | 756 | 1:06:04 | 1000 | 0:28:43 | 1000 | 0:58:09 | 865 | 1:35:37 |
| 2 | 2141 | LEUNG LAP ON | 850 | 2549 | 658 | 1:15:51 | 734 | 0:39:07 | 815 | 1:11:22 | 1000 | 1:22:42 |
| 3 | 225 | WONG CHI CHUNG ISAAC | 811 | 2434 | 1000 | 0:49:56 | 794 | 0:36:11 | 640 | 1:30:48 | | |
| 4 | 21 | CHAN KWOK WAI AARON | 738 | 2215 | 599 | 1:23:25 | | DNS | 845 | 1:08:49 | 772 | 1:47:09 |
| 5 | 3459 | WONG HUNG ON WALLIS | 730 | 2189 | 632 | 1:18:57 | 654 | 0:43:55 | 736 | 1:19:02 | 800 | 1:43:25 |
| 6 | 5016 | LEUNG SAI FONG | 662 | 1986 | 587 | 1:25:06 | 617 | 0:46:34 | 607 | 1:35:48 | 763 | 1:48:25 |
| 7 | 45 | LI TAK KUN | 636 | 1909 | | | 602 | 0:47:44 | 831 | 1:10:01 | 477 | OFFICIAL |
| 8 | 550 | LEE CHUNG MING | 554 | 1662 | 624 | 1:20:02 | 622 | 0:46:09 | | DISQ | 415 | OFFICIAL |
| 9 | 295 | WONG WAI MING | 427 | 1282 | | | 729 | 0:39:25 | 554 | 1:45:01 | | OT |
| 10 | 4497 | SHIU CHI SHING | 404 | 1213 | | | 596 | 0:48:09 | | | 617 | 2:14:07 |
| 11 | 3494 | CHAN SIU CHUNG | 391 | 1172 | 534 | 1:33:32 | 639 | 0:44:58 | | DNS | | |
| 12 | 2112 | CHAN WING CHONG | 319 | 957 | 593 | 1:24:10 | 364 | 1:18:59 | | DNS | | |
| 13 | 4230 | WONG KIN LOK | 249 | 746 | | | | | | | 746 | 1:50:47 |
| 14 | 3678 | YU HON MING | 203 | 609 | | | 609 | 0:47:07 | | DISQ | | |
| 15 | 2984 | SIU KWONG WAI | 189 | 568 | | | 568 | 0:50:36 | | | | DISQ |
| 16 | 4710 | CHAN SAN WAH | 184 | 553 | | | 553 | 0:51:55 | | DISQ | | |
| 17 | 5009 | LEUNG KWOK WAH | 179 | 538 | | | 538 | 0:53:25 | | | | DISQ |
| | 496 | YUEN KWOK ON | | | | | | | | | | DISQ |
| | | M55 | | | | | | | | | | |
| | | | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |
| | | | | | | 2018/2/25 | 2018/4/29 | 2018/5/20 | 2018/11/25 | | | |
| Rank | No. | Name | Average | Total | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | |
| 1 | 3015 | YU SHIN HO | 993 | 2978 | 978 | 0:59:23 | 1000 | 0:26:36 | 853 | 0:53:47 | 1000 | 1:02:47 |
| 2 | 2977 | LAW WAI KAY | 932 | 2796 | 984 | 0:59:02 | 933 | 0:28:30 | 878 | 0:52:14 | 638 | 1:38:26 |
| 3 | 47 | LEUNG LAM | 923 | 2769 | 998 | 0:58:14 | 860 | 0:30:55 | | DISQ | 911 | 1:08:57 |
| 4 | 33 | SHAM WING MING | 803 | 2408 | | | 636 | 0:41:51 | 1000 | 0:45:52 | 773 | 1:21:15 |
| 5 | 495 | CHAN PO MING | 693 | 2078 | 830 | 1:10:02 | 654 | 0:40:42 | 449 | 1:42:03 | 595 | 1:45:29 |
| 6 | 37 | PANG KA CHOI | 632 | 1895 | | MP | 994 | 0:26:45 | 901 | 0:50:56 | | |
| 7 | 504 | YEUNG WAI YIN ALEXIS | 631 | 1892 | 1000 | 0:58:06 | 892 | 0:29:49 | | DISQ | | DISQ |
| 8 | 4374 | HUI TUNG YING | 537 | 1612 | 592 | 1:38:05 | 441 | 1:00:15 | | DNS | 578 | 1:48:40 |
| 9 | 3137 | HU SIU FUN | 435 | 1306 | 822 | 1:10:40 | | | 484 | 1:34:45 | | DISQ |
| 10 | 2 | LEE CHI KIN | 371 | 1114 | | | 836 | 0:31:50 | | | 279 | OFFICIAL |
| 11 | 4393 | TANG YUK CHEONG | 371 | 1114 | 696 | 1:23:32 | 419 | 1:03:33 | | DNS | | |
| 12 | 2487 | TONG KWAN YUEN | 245 | 736 | | MP | 736 | 0:36:09 | | DISQ | | |
| 13 | 311 | CHAN CHEUK SUN | 163 | 489 | | DNS | 489 | 0:54:21 | | DNS | | |
| | 91 | HUI KA HO JASON | | | | | | DNS | | | | |
| | | M60 | | | | | | | | | | |
| | | | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |
| | | | | | | 2018/2/25 | 2018/4/29 | 2018/5/20 | 2018/11/25 | | | |
| Rank | No. | Name | Average | Total | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | |

| | | | | | | | | | | | | |
|------|------|-------------------------|---------|-------|------|----------------|-------------|-------------|-------------|----------|------|----------|
| 1 | 404 | LEUNG KWOK KEUNG | 985 | 2954 | 984 | 1:07:46 | 970 | 0:51:29 | 1000 | 1:16:26 | 758 | 1:11:51 |
| 2 | 187 | WONG KAM FEI | 959 | 2876 | 1000 | 1:06:40 | 876 | 0:57:03 | | DNS | 1000 | 0:54:26 |
| 3 | 359 | CHAN CHUNG WING STANLEY | 814 | 2442 | 558 | 1:59:30 | 1000 | 0:49:57 | 678 | 1:52:48 | 764 | 1:11:14 |
| 4 | 315 | TSE YIK WAH | 799 | 2396 | 844 | 1:18:58 | 953 | 0:52:25 | | DNS | 599 | OFFICIAL |
| 5 | 513 | TSUI WING SING | 655 | 1964 | | | 977 | 0:51:09 | | DNS | 988 | 0:55:06 |
| 6 | 10 | YUE TING WANG | 565 | 1695 | 782 | 1:25:14 | 913 | 0:54:42 | | DNS | | |
| 8 | 5384 | CHAN MUN YING | 201 | 604 | 604 | 1:50:18 | | | | | | |
| 7 | 417 | CHIU LUEN KWAN | 192 | 575 | | OT | 575 | 1:26:49 | | OT | | |
| | 644 | MOK TO | | | | | | | | DNS | | |
| | | | | | | | | | | | | |
| | | WE | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |
| | | | | | | 2018/2/25 | 2018/4/29 | 2018/5/20 | 2018/11/25 | | | |
| Rank | No. | Name | Average | Total | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | |
| 1 | 4156 | LAM CHO YU | 968 | 2905 | 1000 | 1:03:55 | | DNS | 960 | 0:55:19 | 945 | 1:23:05 |
| 2 | 2470 | CHAN HAU WAH BRENDA | 952 | 2855 | 931 | 1:08:38 | 924 | 0:34:19 | 807 | 1:05:47 | 1000 | 1:18:31 |
| 3 | 230 | LUI WAI LAN IRIS | 910 | 2729 | | | 1000 | 0:31:42 | 1000 | 0:53:07 | 729 | 1:47:42 |
| 4 | 3017 | YU TSZ YING | 854 | 2563 | 857 | 1:14:36 | | | 970 | 0:54:46 | 736 | 1:46:37 |
| 5 | 1265 | CHAN PUI FUNG | 851 | 2554 | 861 | 1:14:16 | 775 | 0:40:55 | 918 | 0:57:51 | | DISQ |
| 6 | 779 | FUNG CHARMAINE KAI WING | 796 | 2387 | 824 | 1:17:35 | 771 | 0:41:07 | | DNS | 792 | 1:39:10 |
| 7 | 2826 | LEUNG KA KI | 792 | 2376 | 815 | 1:18:26 | 566 | 0:56:02 | 858 | 1:01:56 | 703 | 1:51:42 |
| 8 | 106 | CHENG YUEN KI HILDA | 771 | 2312 | 640 | 1:39:50 | 710 | 0:44:40 | 953 | 0:55:45 | 649 | 2:00:56 |
| 9 | 3538 | YEE SZE WING | 750 | 2250 | 713 | 1:29:36 | 544 | 0:58:17 | 808 | 1:05:45 | 729 | 1:47:42 |
| 10 | 2503 | LEE WING SZE VIVIAN | 674 | 2021 | 666 | 1:36:02 | 766 | 0:41:24 | | | 590 | 2:13:08 |
| 11 | 83 | WONG WAI CHING VICKIE | 655 | 1964 | 619 | 1:43:17 | 688 | 0:46:04 | 646 | OFFICIAL | 630 | 2:04:32 |
| 12 | 5003 | LEUNG KA MAN | 637 | 1912 | 676 | 1:34:33 | 690 | 0:45:55 | 545 | 1:37:23 | | DISQ |
| 13 | 81 | CHEUNG WEI KI RAINKY | 556 | 1669 | 461 | 2:18:30 | 638 | 0:49:43 | 457 | 1:56:20 | 570 | 2:17:48 |
| 14 | 3680 | LAU YUET LING | 394 | 1182 | 591 | 1:48:13 | 591 | 0:53:37 | | DNS | | DISQ |
| 15 | 4202 | CHAN LAI YEE | 383 | 1150 | | DISQ | 521 | 1:00:49 | | | 629 | 2:04:53 |
| 16 | 4485 | TANG PO WA | 259 | 776 | 582 | 1:49:52 | 194 | OFFICIAL | | DNS | | OT |
| 17 | 1084 | SO WING MAN | 191 | 572 | | | 572 | 0:55:24 | | DNS | | |
| | | | | | | | | | | | | |
| | | W12 | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |
| | | | | | | 2018/2/25 | 2018/4/29 | 2018/5/20 | 2018/11/25 | | | |
| Rank | No. | Name | Average | Total | | Mong Tseng Wai | Ah Kai Shan | Tai Mo Shan | Rotary Park | | | |
| 1 | 5327 | YIU YIU | 1000 | 3000 | 1000 | 0:39:33 | 1000 | 0:36:54 | | DNS | 1000 | 0:26:07 |
| 2 | 4307 | LEUNG HIU YUET | 946 | 2839 | 814 | 0:48:37 | 949 | 0:38:54 | 1000 | 0:24:43 | 891 | 0:29:20 |
| 3 | 4303 | KO HIU MAN SOPHIE | 806 | 2419 | 624 | 1:03:24 | | DNS | 933 | 0:26:29 | 862 | 0:30:18 |
| 4 | 5376 | LEUNG LOK CHING | 732 | 2195 | 593 | 1:06:40 | 649 | 0:56:54 | | DISQ | 953 | 0:27:24 |
| 5 | 5205 | TSANG CHUNG KIU | 723 | 2170 | 793 | 0:49:54 | 583 | 1:03:16 | 762 | 0:32:25 | 614 | 0:42:31 |
| 6 | 4716 | CHAN TSZ LING | 671 | 2014 | 595 | 1:06:31 | 603 | 1:01:09 | 816 | 0:30:17 | | |
| 7 | 5418 | IP CHEUK LING | 511 | 1532 | | MP | | | 837 | 0:29:31 | 695 | 0:37:35 |
| 8 | 5055 | LO HOI CHING JOCELIN | 478 | 1434 | | MP | 625 | 0:59:04 | 809 | 0:30:33 | | |
| 9 | 5413 | YAU MAN HEI MERI | 458 | 1373 | | | 725 | 0:50:53 | | | 648 | 0:40:20 |
| 10 | 5381 | LUN YAT YIU | 182 | 545 | 545 | 1:12:31 | | | | | | 1:46:57 |
| | 5152 | SHIU WING YU | | | | MP | | | | | | |
| | 5417 | TSE YEE CHING | | | | MP | | | | | | |
| | 5427 | CHING DANICA HO SI | | | | MP | | | | DISQ | | |
| | | | | | | | | | | | | |
| | | W14 | | | | RL-1 | RL-2 | RL-3 | RL-5 | | | |

| Rank | No. | Name | Average | Total | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 | |
|------|------|-----------------------|---------|-------|----------------|----------------|-------------|-------------|-------------|-------------|-------------|-------------|
| | | | | | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park | |
| 1 | 4503 | FUNG WAI KI | 975 | 2926 | 960 | 0:35:05 | 790 | 0:31:39 | 966 | 0:34:15 | 1000 | 2:28:57 |
| 2 | 4633 | LO HOI YAN | 922 | 2767 | 1000 | 0:33:40 | 763 | 0:32:45 | 1000 | 0:33:05 | 767 | 0:36:04 |
| 3 | 5160 | SIU PUI YUET | 899 | 2697 | 633 | 0:53:11 | 1000 | 0:25:00 | 697 | 0:47:28 | 1000 | 0:27:41 |
| 4 | 4441 | FU HOI KI | 860 | 2580 | 786 | 0:42:51 | 936 | 0:26:43 | 859 | 0:38:31 | 289 | 1:35:41 |
| 5 | 4906 | KWONG TSZ WING | 823 | 2469 | 826 | 0:40:46 | | | 915 | 0:36:09 | 728 | 0:38:01 |
| 6 | 5329 | YOU ROU | 720 | 2159 | 884 | 0:38:06 | 983 | 0:25:26 | | DISQ | 292 | 1:34:44 |
| 7 | 5325 | YIU NAM | 591 | 1773 | 813 | 0:41:26 | 960 | 0:26:02 | | DNS | | |
| 8 | 4893 | KWAN WEI LING CHLOE | 358 | 1074 | | | 685 | 0:36:30 | 389 | 1:25:00 | | |
| | 5140 | PUN SUM WING | | | | | | DNS | | DNS | | |
| | 5151 | SHIU WING YIN | | | | MP | | | | | | |
| | 5333 | YU KA WING | | | | | | DNS | | DNS | | |
| | 5422 | YEUNG TSZ CHING KYLIE | | | | | | | | DISQ | | |
| | 5446 | YU SUI KI RITA | | | | | | | | DISQ | | |
| | | W16 | | | | | | | | | | |
| | | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 |
| | | | | | | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 |
| | | | | | | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park |
| 1 | 5085 | MAN WING | 988 | 2964 | 1000 | 1:15:08 | | | 1000 | 0:41:17 | 964 | 1:10:33 |
| 2 | 4612 | WONG WING YIN | 900 | 2699 | 797 | 1:34:15 | 1000 | 0:44:23 | 901 | 0:45:48 | | |
| 3 | 4680 | CHAN AMANDA CHUN YI | 865 | 2594 | 637 | 1:58:01 | 728 | 1:01:00 | 867 | 0:47:38 | 1000 | 1:08:03 |
| 4 | 4049 | LAU HIN YI | 781 | 2344 | 780 | 1:36:17 | 732 | 1:00:38 | 831 | 0:49:40 | | DISQ |
| 5 | 4092 | LEUNG HIU CHING | 595 | 1786 | | OT | 887 | 0:50:02 | 899 | 0:45:55 | | DISQ |
| 6 | 5189 | TANG LOK YI | 398 | 1195 | 641 | 1:57:14 | 554 | 1:20:04 | | DNS | | DISQ |
| 7 | 4754 | CHEUNG CHEUK YIN | 376 | 1127 | 664 | 1:53:09 | 463 | 1:35:56 | | | | |
| 8 | 4900 | KWOK SELINA | 286 | 858 | | | 463 | 1:35:55 | 395 | 1:23:47 | | |
| 9 | 5271 | WONG MAN YIN | 217 | 652 | 652 | 1:55:12 | | DNS | | DNS | | |
| 10 | 4443 | WONG YI YAN | 206 | 617 | | MP | 617 | 1:11:59 | | | | DISQ |
| 11 | 4677 | CAI XIN YI | 165 | 494 | | OT | 494 | 1:29:55 | | DNS | | |
| | 3741 | YUE WEI YA | | | | DNS | | | | DNS | | |
| | 5420 | LAM HIO LING AMANDA | | | | | | | | DNS | | |
| | | W18 | | | | | | | | | | |
| | | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 |
| | | | | | | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 |
| | | | | | | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park |
| 1 | 4889 | KU KA KI DOROTHY | 444 | 1333 | 1000 | 1:52:12 | | | 333 | OFFICIAL | | DISQ |
| 2 | 4453 | FONG SIN HANG JADA | 333 | 1000 | | | | OT | 1000 | 1:47:12 | | |
| | 5509 | LUO YINGTONG | | | | | | | | | | DISQ |
| | | W20 | | | | | | | | | | |
| | | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 |
| | | | | | | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 |
| | | | | | | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park |
| 1 | 3856 | WONG YI SHAN | 1000 | 3000 | 1000 | 0:49:10 | 863 | 0:36:00 | 1000 | 0:42:49 | 1000 | 0:59:45 |
| 2 | 3953 | CHU YING YAU | 938 | 2814 | | | 1000 | 0:31:04 | 842 | 0:50:52 | 972 | 1:01:29 |
| 3 | 4195 | LEUNG HEI TUNG | 930 | 2790 | 980 | 0:50:09 | 920 | 0:33:47 | | | 890 | 1:07:08 |
| 4 | 3870 | FUNG WAI CHING | 436 | 1309 | 570 | 1:26:15 | 739 | 0:42:02 | | DISQ | | OT |
| 5 | 4000 | TSANG HIU YU | 348 | 1043 | 577 | 1:25:15 | 466 | 1:06:37 | | | | |
| | | W21 | | | | | | | | | | |
| | | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 |

| Rank | No. | Name | Average | Total | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 | |
|------|------|--------------------------|---------|-------|----------------|----------|-------------|---------|-------------|----------|-------------|----------|
| | | | | | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park | |
| 1 | 247 | FUNG YUK CHING WINSOME | 903 | 2710 | 975 | 1:31:42 | 734 | 0:43:32 | 1000 | 1:05:28 | 599 | 2:00:55 |
| 2 | 4024 | LAM HEI YIU ALICIA | 836 | 2509 | 960 | 1:33:12 | 773 | 0:41:21 | 777 | OFFICIAL | 597 | 2:01:14 |
| 3 | 750 | LUI WAI NING VIOLET | 793 | 2380 | 1000 | 1:29:26 | 606 | 0:52:44 | 759 | 1:26:12 | 621 | 1:56:39 |
| 4 | 3810 | YU WING HAY | 667 | 2000 | | | 1000 | 0:31:58 | | DNS | 1000 | 1:12:25 |
| 5 | 3234 | LIU KA MAN | 546 | 1637 | 793 | 1:52:47 | | | 844 | 1:17:33 | | |
| 6 | 3885 | WAN YUEN TING | 523 | 1570 | 888 | 1:40:45 | | | 682 | 1:35:58 | | |
| 7 | 4850 | HO SAU MAN PRISCILLA | 502 | 1506 | | DNS | 644 | 0:49:37 | 862 | 1:15:59 | | OT |
| 8 | 74 | TANG PIK KWAN | 451 | 1352 | | | 722 | 0:44:16 | | | 630 | 1:54:55 |
| 9 | 2048 | LEE WING SUM | 404 | 1211 | | | 679 | 0:47:05 | | DNS | 532 | 2:16:05 |
| 10 | 538 | LAU WING KA LOUISE | 399 | 1198 | | | 506 | 1:03:08 | 692 | 1:34:40 | | |
| 11 | 5212 | TSANG SZE WAI | 270 | 809 | | | | | 809 | 1:20:58 | | |
| 12 | 4022 | NG WING SI | 237 | 710 | | OT | 532 | 1:00:04 | 177 | OFFICIAL | | DISQ |
| 13 | 4452 | KAN MING PUI | 235 | 705 | | | 705 | 0:45:21 | | | | DISQ |
| 14 | 3159 | CHAN CHEE HEI BOWIE | 224 | 671 | 168 | OFFICIAL | 503 | 1:03:33 | | | | DISQ |
| 15 | 3179 | CHEUNG KA WING EMMA | 201 | 604 | | | 604 | 0:52:56 | | DNS | | |
| 16 | 3824 | SUEN YUEN TUNG STEPHANIE | 194 | 582 | | DNS | | DNS | 582 | 1:52:26 | | |
| 17 | 2502 | TSE LUI | 190 | 570 | | | 570 | 0:56:05 | | DNS | | OT |
| 18 | 49 | TAM KAR BIK | 190 | 569 | | | | DNS | | DISQ | 569 | 2:07:17 |
| 19 | 4926 | LAM HO TONG | 183 | 550 | | | 550 | 0:58:06 | | | | |
| 20 | 5207 | TSANG HIU NGAI | 167 | 500 | | DNS | 500 | 1:03:59 | | DNS | | |
| 21 | 4830 | FUNG KA WING | 104 | 312 | | | 312 | 1:42:24 | | | | |
| 22 | 1745 | CHOI YUEN WA | 103 | 310 | | | 310 | 1:43:15 | | | | |
| | 290 | CHUNG WAI FAN VIVIAN | | | | | | | | | | DISQ |
| | 418 | CHIU KONIE | | | | DNS | | | | | | |
| | 1081 | LAI SIN LING EVELYN | | | | MP | | | | | | DISQ |
| | 1973 | WONG WING YAN JOSEPHINE | | | | MP | | | | DISQ | | |
| | 3308 | CHAN SAU MEI | | | | MP | | | | | | |
| | 4837 | HAU YING YING | | | | MP | | | | | | |
| | 4866 | HUI JASMINE | | | | MP | | | | DNS | | |
| | 5168 | SOO WAI HIN | | | | | | | | | | DISQ |
| | 5398 | EMILIE PAVEY | | | | | | | | DISQ | | |
| | 5455 | CHOW KA WAI | | | | MP | | DNS | | DISQ | | |
| | 5467 | FU YI MAN | | | | | | DISQ | | DNS | | |
| | | W35 | | | | | | | | | | |
| | | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 |
| Rank | No. | Name | Average | Total | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 | |
| | | | | | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park | |
| 1 | 761 | CHEUNG LAI KUEN MONA | 1000 | 3000 | 1000 | 1:28:25 | 974 | 0:38:39 | 1000 | 1:10:06 | 1000 | 1:51:19 |
| 2 | 2113 | TANG PUI YI | 859 | 2577 | 870 | 1:41:41 | 862 | 0:43:39 | | DNS | 846 | 2:11:39 |
| 3 | 3058 | AU MAN CHONG MARIANA | 720 | 2161 | 951 | 1:32:57 | 601 | 1:02:38 | 609 | 1:55:12 | | DISQ |
| 4 | 1720 | LO WAN YEE | 595 | 1786 | | | 589 | 1:03:56 | 751 | 1:33:22 | 446 | OFFICIAL |
| 5 | 1918 | MOK WAI YEE | 545 | 1636 | | OT | 1000 | 0:37:38 | 636 | 1:50:12 | | DISQ |
| 6 | 4016 | CHEUNG BO LING PAULINE | 458 | 1374 | | OT | 636 | 0:59:13 | 738 | 1:34:56 | | OT |
| 7 | 5002 | LEUNG KA LAI | 256 | 768 | 768 | 1:55:04 | | DNS | | | | OT |
| 8 | 2490 | HO SO HAN | 208 | 624 | | | | | 624 | 1:52:23 | | |
| 9 | 3878 | HANIFA ISMAIL | 182 | 545 | | OT | 545 | 1:09:03 | | OT | | OT |
| 10 | 5310 | YAU YUK FONG | 147 | 441 | | MP | 441 | 1:25:20 | | DISQ | | DISQ |
| | 4615 | CHAU HOI SZE | | | | | | | | DISQ | | |

| | | | | | | | | | | | | |
|------------|------|-----------------------|---------|-------|----------------|---------|-------------|----------|-------------|---------|-------------|---------|
| | 4782 | CHOI KA PO JASEPHINE | | | | | | DISQ | | DNS | | DISQ |
| | 4941 | LAM YIM YAN | | | | MP | | | | | | |
| W40 | | | | | | | | | | | | |
| | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 | |
| | | | | | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 | |
| Rank | No. | Name | Average | Total | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park | |
| 1 | 292 | CHAN SIU MUI | 638 | 1913 | 1000 | 1:27:05 | 913 | 1:00:42 | | DNS | | OT |
| 2 | 355 | WONG PATRICIA | 333 | 1000 | | | 1000 | 0:55:25 | | DISQ | | |
| 2 | 124 | CHIU CHONG HUA | 333 | 1000 | | | | | | | 1000 | 1:31:58 |
| 4 | 4726 | CHAN YIN HING | 253 | 758 | | | 758 | 1:13:09 | | | | DISQ |
| 5 | 5484 | CHAU RAINY | 226 | 677 | | | 677 | 1:21:53 | | | | |
| 6 | 2749 | YU HOI YAN | 215 | 645 | | DNS | 645 | 1:25:55 | | DISQ | | DISQ |
| | 1770 | YEUNG YUN FOONG CANDY | | | | OT | | OFFICIAL | | DISQ | | OT |
| | 2956 | LO TING CHI JENNIFER | | | | | | | | | | DISQ |
| | 5231 | TSUI YING SHAN | | | | MP | | DNS | | DISQ | | DISQ |
| | 5415 | WONG WAI MAN | | | | OT | | | | | | |
| | 5444 | CHEUNG KA SIN | | | | | | | | | | DISQ |
| | 5476 | WONG MAN WING | | | | | | DNS | | DISQ | | DISQ |
| W45 | | | | | | | | | | | | |
| | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 | |
| | | | | | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 | |
| Rank | No. | Name | Average | Total | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park | |
| 1 | 4023 | LAU PIK YI | 979 | 2938 | 1000 | 1:38:57 | 1000 | 0:50:33 | 938 | 1:24:41 | | |
| 2 | 446 | KO SIN YU | 611 | 1833 | | | 833 | 1:00:42 | 1000 | 1:19:28 | | |
| 3 | 303 | LI WAI YING | 465 | 1394 | | OT | 638 | 1:19:13 | 756 | 1:45:11 | | |
| 4 | 3679 | WONG YEE WAH EVA | 423 | 1268 | | | 532 | 1:34:57 | 735 | 1:48:04 | | |
| 5 | 5317 | YEUNG SUN YAU | 299 | 898 | | | | | 898 | 1:28:32 | | DISQ |
| 6 | 4616 | CHAN SZE LAI | 220 | 661 | | MP | 661 | 1:16:26 | | OT | | DISQ |
| | 571 | LO PO YUK | | | | DNS | | | | | | |
| | 4353 | LI MANG WAH LOUISE | | | | MP | | DNS | | DNS | | |
| | 4626 | CHAN FUNG SHAN EVELYN | | | | | | DNS | | | | |
| | 4983 | LEE SZE MAN CECILIA | | | | MP | | DNS | | DNS | | |
| | 5132 | PANG SHUET LAI | | | | | | DISQ | | DNS | | DISQ |
| | 5162 | SO MAN TING TAMI | | | | | | | | DNS | | |
| | 5489 | POON CHING MEI CLARA | | | | | | | | | | DISQ |
| W50 | | | | | | | | | | | | |
| | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 | |
| | | | | | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 | |
| Rank | No. | Name | Average | Total | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park | |
| 1 | 3337 | HO HING LING SHELLEY | 1000 | 3000 | 1000 | 1:46:54 | 1000 | 0:47:08 | | OT | 1000 | 1:27:42 |
| 2 | 4674 | AU WING SEE | 984 | 2952 | 958 | 1:51:32 | 684 | 1:08:52 | 1000 | 1:45:29 | 994 | 1:28:15 |
| 3 | 4375 | CHAN LAI CHU | 520 | 1559 | | MP | 892 | 0:52:52 | | DNS | 667 | 2:11:29 |
| 4 | 4263 | CHOY LAI HEUNG SALLY | 324 | 972 | | | | | | | 972 | 1:30:15 |
| 5 | 5069 | LUK LAI LAI | 299 | 898 | | OT | 898 | 0:52:30 | | DISQ | | DISQ |
| 6 | 2991 | NG MIU LAN | 269 | 806 | | OT | 806 | 0:58:27 | | | | |
| | 2111 | LEUNG YEE MAN | | | | | | DNS | | DNS | | |
| W55 | | | | | | | | | | | | |
| | | | | | RL-1 | | RL-2 | | RL-3 | | RL-5 | |
| | | | | | 2018/2/25 | | 2018/4/29 | | 2018/5/20 | | 2018/11/25 | |
| Rank | No. | Name | Average | Total | Mong Tseng Wai | | Ah Kai Shan | | Tai Mo Shan | | Rotary Park | |

| | | | | | | | | | | | | |
|---|------|---------------------|------|------|------|---------|------|---------|------|---------|------|---------|
| 1 | 186 | WONG YUK HING | 1000 | 3000 | 806 | 1:52:44 | 1000 | 0:42:55 | 1000 | 1:02:25 | 1000 | 1:25:00 |
| 2 | 3016 | CHUI LAI KUEN CANDY | 762 | 2285 | 1000 | 1:30:55 | 585 | 1:13:20 | 644 | 1:36:52 | 641 | 2:12:37 |
| 3 | 341 | CHAN SIU LIN | 416 | 1248 | | | 591 | 1:12:40 | 657 | 1:34:58 | | 2:00:33 |
| 4 | 4727 | CHAN YIN WAN | 206 | 618 | | MP | | DISQ | 618 | 1:41:03 | | DISQ |
| 5 | 419 | LEUNG YEE MAY | 189 | 566 | | MP | 566 | 1:15:50 | | DISQ | | |
| 6 | 3668 | WONG YUK CHING LAM | 161 | 484 | | OT | 484 | 1:28:40 | | DISQ | | 1:59:45 |
| | 4779 | CHIU WAN SZE GRACY | | | | OT | | | | | | |

Time Limit: 02:00:00/
03:00:00 2:00:00 2:00:00 2:30:00