

2017年度年中排名成績 中長距離

Middle Long Distance Events Ranking Results 2017

更新 Updated On: 2018/1/20

Rank	ME Name	Average	Total	RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	YU TSZ WAI	1000	3000	936	0:54:49	965	1:28:14	1000	0:32:27	1000	1:11:41	1000	0:49:54
2	LEE KIN WAI	991	2973	975	0:52:38	1000	1:25:08	998	0:32:30	868	1:22:35	879	0:56:47
3	HUI SIU TUNG	920	2761	967	0:53:03	881	1:36:41	789	0:41:08	913	1:18:31	816	1:01:10
4	LAM ABY	915	2745	880	0:58:17	900	1:34:36	784	0:41:22	964	1:14:20	813	1:01:24
5	YIP CHAK LUN GERALD	897	2690	1000	0:51:19	831	1:42:29	859	0:37:46	784	1:31:24	775	1:04:24
6	MAN CHI KIN	887	2660	885	0:57:58	931	1:31:26			844	1:24:58		
7	MA LOK HIN	884	2653	875	0:58:39	879	1:36:54	630	0:51:30	900	1:19:41	779	1:04:03
8	CHOW MAN LONG	876	2628	770	1:06:37	695	2:02:27	812	0:39:57	930	1:17:03	885	0:56:22
9	CHEUNG CHI KO	871	2613	884	0:58:05	902	1:34:22			827	1:26:40	801	1:02:16
10	YEUNG KWOK KEUNG	856	2567	873	0:58:45	851	1:40:02	842	0:38:31	832	1:26:12		
11	CHAN TIN MONG	825	2474	827	1:02:04	797	OFFICIAL	716	0:45:19	849	1:24:24		
12	LAM KA CHING	800	2399	746	1:08:49	750	1:53:32		DISQ	904	1:19:19	699	1:11:23
13	POON BRIAN WING YOUNG	799	2396	766	1:07:02		MP	710	0:45:41	858	1:23:35	773	1:04:33
14	CHOY KWOK WAI	790	2370	814	1:03:01	664	2:08:08	654	0:49:38	793	1:30:26	763	1:05:24
15	CHAU PO LOK	789	2368	845	1:00:44	774	1:49:56	642	0:50:32	749	1:35:44	641	1:17:50
16	TAM WING CHUNG	772	2317	704	1:12:55	783	1:48:41			805	1:29:04	729	1:08:25
17	MAN YIU FUNG	708	2125	852	1:00:12	626	2:16:04	647	0:50:11		OT	561	1:28:54
18	MAK YUI KAN RAPHAEL	640	1921	774	1:06:20	667	2:07:39	480	OFFICIAL				
Rank	M10 Name	Average	Total	RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	SIU PUI LOK	1000	3000	694	0:40:41	1000	0:40:10	762	0:46:50	1000	0:34:25	1000	0:45:39
2	WOO ALOK	943	2829	877	0:32:11	976	0:41:08	907	0:39:21	837	0:41:07	945	0:48:19
3	CHEN KA HEI	913	2738	728	0:38:46	884	0:45:25	1000	0:35:42	854	0:40:19		
4	CHEN KA HANG	901	2703	1000	0:28:13	799	0:50:16	892	0:40:02	812	0:42:24	735	1:02:08
5	HO CHUN YUEN	761	2282					779	0:45:50	779	0:44:12	724	1:03:02
6	LAU KIN PONG	625	1875	438	1:04:27	685	0:58:37	752	0:47:27		DNS		
7	LAM YAT-HEI	378	1133					677	0:52:44	456	1:15:29		
8	FU CHUN YAN ALISTAIR	234	702					702	0:50:53		DNS		
9	CHENG CHUN HONG ISSA	202	606							606	0:56:47		
	CHAN WAI LOK												
	WONG HO HIM												
	NG LOK MAN						DNS						
Rank	M12 Name	Average	Total	RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	LAU CHEUK NAM	998	2994	937	0:37:18	997	0:31:02	840	0:18:57	1000	0:30:38	996	0:28:16
2	SHUM SIU LONG	972	2915	912	0:38:20	1000	0:30:57	1000	0:15:55	915	0:33:29	837	0:33:40
3	FONG CHEUK LONG ETHAN	971	2913	813	0:42:59	990	0:31:16	924	0:17:14	605	0:50:36	1000	0:28:10
4	LO CHUN HEI	778	2333	862	0:40:35	476	1:05:04	818	0:19:28	608	0:50:24	654	0:43:04
5	MAN TSAN SHUN	695	2086	1000	0:34:58			398	0:40:02	688	0:44:31	347	1:21:07
6	LAM KING HIM	611	1833	775	0:45:08	386	1:20:13	503	0:31:39	556	0:55:08	331	1:25:05
7	CHAM TSZ KING	549	1646							853	0:35:54	793	0:35:32
8	CHAN CHEUNG MAN	500	1500							859	0:35:39	641	0:43:56
9	SHEK TSUN WANG	332	996							648	0:47:18	348	1:20:54
10	YIP HO WANG OWEN	304	911	911	0:38:24		DNS				DNS		
11	WONG WAI HIN	280	841	841	0:41:36								
12	LIU HO TSUN ANGUS	256	767							767	0:39:57		
13	LAI TSZ HEI	191	573							573	0:53:25		
14	LAI MAN HIN	190	570							570	0:53:45		
15	LAU CHUN DANIEL	179	536								DNS	536	0:52:32
16	FUNG ALVIN JAMES	158	473								DNS	473	0:59:30
17	LAM HIU YEUNG	157	472			472	1:05:32						
18	KWONG DANIEL TSZ HIM	152	457							457	1:07:01		
19	NING MAN YU	148	444							444	1:08:58		
20	NG CHEUK NAM	137	412							412	1:14:24		DISQ
	FONG SUNG WEI ISAAC										DISQ		
Rank	M14 Name	Average	Total	RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	LUM CHEUK HEI	1000	3000	1000	0:30:58	847	1:27:47	1000	0:12:19	978	0:26:32	1000	0:31:32
2	AU JOSHUA HO KIU	976	2929	887	0:34:55	1000	1:14:21		DISQ	1000	0:25:57	929	0:33:57
3	TO CHUNG YIN	820	2460	803	0:38:34	854	1:27:02	611	0:20:10	765	0:33:55	802	0:39:18
4	WONG KWAN	775	2326			683	1:48:52	406	0:30:22	751	0:34:33	892	0:35:21
5	CHAN CHUN ON	768	2303	682	0:45:26		MP	619	0:19:53	801	0:32:25	820	0:38:26
6	YUM KA CHUN	761	2283			830	1:29:34	689	0:17:53	764	0:33:57		

26	CHAN CHEUK KI	200	601	601	0:54:29							DNS	
27	WONG PAK WAI	163	489	489	1:06:59		DNS					DNS	
28	LEE MING CHAK	163	488	488	1:07:10								DISQ
29	CHAN CHEUK NAM ANSON	137	410							410	1:21:12		
	LAI HING FUNG						DNS						
	WONG WANG HON								DNS				
	LIU YAN QUAN				OFFICIAL								
	YU NGO YIN												
	TSANG HIN LAM ANSON												
	TANG YAO JUN				DISQ								
	LI CHUN WA				DNS		DNS						
	KWONG TING YAN ENOCH											DISQ	
	WONG TSUNG YAN											DNS	
	CHOI WING KIT				DNS								
	LAU HEI LONG						MP						
	M18												
					RL-1	RL-2	RL-3	RL-4	RL-5				
					12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017				
Rank	Name	Average	Total		Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping				
1	LEUNG CHUNG WAI	1000	3000	1000	0:42:37	643	2:05:28		DISQ	1000	0:46:47	1000	1:04:01
2	CHAN CHUN HEI	944	2833	833	0:51:09	1000	1:20:41	1000	0:43:34	764	1:01:14		
3	SO KA WANG	914	2743	768	0:55:29	588	2:17:08	896	0:48:39	952	0:49:08	896	1:11:28
4	LAM HIU CHAK	757	2271	751	0:56:47			612	1:11:13	908	0:51:30		
5	FONG TSZ LO	608	1823	689	1:01:53		OT	425	1:42:28	709	1:06:00		DISQ
6	CHEUNG YAN WAI	588	1763					944	0:46:08	819	0:57:07		DISQ
7	TSE LOK HIN	466	1398		DNS				DISQ	611	1:16:31	787	1:21:21
8	CHAN TAI HING	394	1181				OT	548	1:19:32	633	1:13:54		
9	YOU YI	387	1161	290	OFFICIAL					871	0:53:44		
10	NG KI FUNG JASON	355	1065						DISQ	480	1:37:24	585	1:49:25
11	LEUNG KA CHAI MICHAEL	329	987					484	1:29:59	503	1:33:04		
12	CHAN CHUN HANG	286	857	413	1:43:15		MP		DISQ	445	1:45:13		DISQ
13	TAM CHIN HANG	203	609	609	1:10:02		OT						
14	CHAN TSUN LAP	132	396					396	1:50:02				
	SHIU CHIT HIM				DNS		DNS						
	TO CHING HONG				DNS								
	LEE MAN KIT				DNS		DNS						
	AU WAI LAM ANSON												
	YAU CHIN FUNG												
	CHE YAO CHENG						DNS		DNS				
	ZHENG JUN MENG				OFFICIAL		DNS						
	NIP YEH SHANG								OFFICIAL		DNS		
	SU LIU TAI				OFFICIAL		OT						
	M20												
					RL-1	RL-2	RL-3	RL-4	RL-5				
					12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017				
Rank	Name	Average	Total		Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping				
1	LI CHUN HO	988	2963	996	0:38:36	968	OFFICIAL	1000	0:33:49	908	0:55:59	889	0:51:37
2	YU TSZ FUNG	982	2947	949	0:40:30	962	1:22:00	985	0:34:20	1000	0:50:49	799	0:57:25
3	CHU YAU MAN	940	2821	1000	0:38:26	820	1:36:14	915	0:36:58	876	0:58:02	906	0:50:37
4	WONG TSZ CHUN JASON	929	2788	847	0:45:24	816	1:36:39	753	0:44:56	941	0:54:00	1000	0:45:52
5	SHIU CHIT HEI	923	2768	936	0:41:04	844	1:33:25	883	0:38:17	949	0:53:32	856	0:53:35
6	LI SING WAI	909	2727	955	0:40:14	902	1:27:27		DNS	852	0:59:40	869	0:52:46
7	WONG CHEUK WANG	894	2681	913	0:42:06	1000	1:18:53	762	0:44:23		DISQ	768	0:59:45
8	CHUNG AUSTIN	822	2467	807	0:47:36	809	OFFICIAL	770	0:43:54	850	0:59:46		
9	NG SUNG CHAK	810	2430	836	0:45:59	877	1:29:54		DISQ	717	1:10:52		
10	NG KOK HEI	665	1996	715	0:53:44	681	1:55:45	387	1:27:25	574	1:28:36	599	1:16:33
11	YUE WEI YONG	468	1403		DNS	603	2:10:47					800	0:57:21
12	CHENG TSZ FUNG	466	1398	735	0:52:18	664	1:58:53		DISQ		DNS		
13	LING CHUNG YIN	452	1355	605	1:03:30		MP		DNS	750	1:07:47		
14	CHUI TSZ HO	350	1050		DISQ	569	2:18:36		DISQ		OT	481	1:35:18
15	SZE CHUN LAM	232	695	695	0:55:16								
16	WAN HO CHING	162	487	487	1:18:58								
17	LEE YEUNG TO	141	423	423	1:30:52		OT						DISQ
18	YUEN WAI HEI	132	395						DNS		DISQ	395	1:56:01
19	YIU LUNG	130	390	390	1:38:33		MP						
19	TANG WAI NAM	118	355					355	1:35:12		DNS		
	NG KA LOK								DISQ				
	KWOK UE NAM												
	M21												
					RL-1	RL-2	RL-3	RL-4	RL-5				
					12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017				
Rank	Name	Average	Total		Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping				
1	CHAN CHUN KIT	1000	3000	854	0:59:03	1000	1:48:12	1000	OFFICIAL	1000	1:08:09	1000	0:53:32
2	LEUNG CHI HANG	1000	2999	1000	0:50:26	997	1:48:33	1000	0:38:05	999	OFFICIAL		DISQ
3	WONG WAI NGAI ERIC	902	2705	925	0:54:30	964	1:52:16	781	0:48:46	816	1:23:31	707	1:15:41
4	CHEUNG KANG KAI	890	2670	923	0:54:38	939	1:55:16	513	1:14:15	671	1:41:33	808	1:06:14
5	TAM WEI YEUNG SUNNY	877	2632			985	1:49:50	796	0:47:51	851	1:20:05		

6	CHENG YUK TUNG	859	2577	848	0:59:27	958	1:53:00		DNS	771	1:28:21		
7	YUEN WANG KI	855	2564	767	1:05:44	767	2:21:06		DNS	949	1:11:47	847	1:03:12
8	LAU KWOK SANG	848	2545	781	1:04:36	916	1:58:04	831	OFFICIAL	715	1:35:15	797	1:07:11
9	YU SAI HONG	842	2526	869	0:58:01	799	2:15:25	797	0:47:48	778	1:27:35	858	1:02:24
10	CHOI WAI KIT	836	2508	949	0:53:09					796	1:25:39	763	1:10:10
11	LEE YEUNG CHI	836	2507	851	0:59:16	911	1:58:45			744	1:31:33		
12	PEREIRA DANIEL ANTONIO	829	2488			808	2:13:51	474	1:20:21	780	1:27:19	899	0:59:34
13	CHUNG WAI NANG	821	2464	719	1:10:09	893	2:01:10	672	0:56:38			852	1:02:51
14	WONG YU HONG BRYAN	804	2413		DISQ		MP	879	0:43:20	897	1:16:01	637	1:23:59
15	CHEUNG KWOK WAI	797	2392	693	1:12:47	748	2:24:41	771	OFFICIAL	873	1:18:04		DISQ
16	TAM CHUNGYIN DICKSON	787	2360	771	1:05:26	838	2:09:09	589	1:04:41	751	1:30:44	610	1:27:45
17	TANG YEUNG CHIU DENNIS	770	2310	832	1:00:39	796	2:15:54			682	1:39:54		
18	CHIU YAU CHUNG	769	2306	738	1:08:19		DNS	719	0:52:57	849	1:20:17		
19	CHAN CHI SING CLEMENT	751	2254			847	2:07:48	564	OFFICIAL	844	1:20:45		DISQ
20	CHEUNG KWOK PUI	725	2174	621	1:21:10		OT	718	0:53:02		DISQ	834	1:04:10
21	CHIANG WAI MING	712	2137	681	1:14:06		OT	492	1:17:20	783	1:27:01	673	1:19:30
22	CHAN ON LAP	710	2129	799	1:03:08	797	2:15:42		DNS		DNS	533	1:40:27
23	LI FUK LUNG BRUCE	682	2046	754	1:06:54		OT	549	1:09:25		DNS	744	1:11:59
24	WONG BUN YIN	679	2037					432	1:28:15	843	1:20:48	762	1:10:14
25	MUI HO LAM	678	2034		DNS	722	2:29:54	542	1:10:12	619	1:50:05	693	1:17:14
26	KWONG MAN FAI TIMOTHY	656	1969		DNS	770	2:20:36	707	0:53:51	492	OFFICIAL		
27	NG KA SING	648	1943	696	1:12:27		OT	454	1:23:53	665	1:42:31	582	1:32:02
28	CHU HING SHING	647	1942	674	1:14:48		OT	427	1:29:14	685	1:39:25	582	1:31:57
29	LEE TING HO GILBERT	589	1766		DISQ		OT	609	1:02:35	575	1:58:37	583	1:31:54
30	CHEUNG CHI SHING	565	1694	599	1:24:14		OT	512	1:14:21		OT	583	1:31:48
31	CHAN PING KIN	555	1664	631	1:19:56		MP	550	1:09:12		OT	483	1:50:48
32	CHAN YIP SANG	500	1500				MP	662	0:57:32	838	1:21:22		
33	CHAU CHI KIN	491	1474	826	1:01:03		OT	648	0:58:46				
34	YUEN TUNG NAM	477	1431	755	1:06:48		MP	676	0:56:22				
35	CHOI KWOK KIN	472	1415	870	0:57:59			545	1:09:53		DNS		
36	HO TSZ HANG STEPHEN	453	1360			772	2:20:10			588	1:55:54		
37	CHAN YIN CHUN	444	1333	537	1:34:00				DISQ	796	1:25:37		
38	LAI KA PAK	431	1292				OT	577	1:06:00	715	1:35:20		
39	CHAN CHUN MAN	420	1261	609	1:22:52		OT					652	1:22:06
40	CHIU KWOK LIN	419	1258	732	1:08:52		OT	525	1:12:29		DNS		
41	TSE YIK WAH	395	1184	545	1:32:33		OT		DNS	639	1:46:35		
42	WONG PUI KEUNG	390	1170				MP	575	1:06:16		DNS	596	1:29:52
43	CHAN CHI KEUNG	353	1060	620	1:21:20			439	1:26:40				
44	TSANG CHUN CHI	327	981	520	1:37:03		OT	461	1:22:37		DISQ		
45	TANG YU HIN	322	965					425	1:29:34		DNS	540	1:39:08
46	LEUNG YAT YIN	307	921	438	1:55:02			482	1:18:58		DNS		
47	LEUNG KWOK SHING	295	885	557	1:30:37			328	1:55:56		DNS		DISQ
48	YIU CHI SING	285	854	641	1:18:43							214	OFFICIAL
49	SY HUAN KUN	273	819	434	1:56:09			385	1:38:56				
50	CHAN CHUN FUNG	268	805							805	1:24:37		
51	HUI YAU CHIU	256	769						DISQ	769	1:28:34		
52	LAW KWOK KUEN	229	686	686	1:13:34		DNS						
53	LI KONG FUNG	216	648	648	1:17:53		DNF						
54	HO NGA TIK	204	613	613	1:22:20		MP						
55	CHU KAM HUNG	202	605	605	1:23:23		OT						
56	YIM CHUN WAI	192	576	576	1:27:32		OT		DISQ		OT		
57	LEUNG CHI YAN	177	531	531	1:34:59				DISQ		DNS		
58	LAM MING YIU	175	526								OT	526	1:41:47
59	LEE SIU KONG	168	503	503	1:40:21		OT						
60	CHEUNG YAT LUNG TOMM	166	498	498	1:41:18		DNF						
61	LEE WING LEUNG	160	481	481	1:44:47		DNF						
62	NG KWOK FUNG	147	442		OT		DNF	442	1:26:06		OT		DISQ
63	CHOW TAT HEI	127	382					382	1:39:38				
64	HO HUI NAM	121	364		OT			364	1:44:45				
	LEUNG CHUNG MAN								OT		OT		
	WONG KIN CHO				OT								
	CHENG HO CHUN												
	CHOY KA WAI				DISQ								
	CHUNG CHI MING												
	LAM TREVOR KOONCHI						OT		DNS				
	LEUNG CHI SHING JERR				DNS								
	LO KAM TAO LEO				DNS								
	LUI TSZ HIN				DNS		MP						
	LUK CHI HIN						DNS						
	MOK YUE HONG LOUIS				DNS		DNS						
	NG KWAN SHING								DISQ		DISQ		
	TAM TSZ HONG										DNS		
	TO CHUN KIT				DISQ								
	UN KA CHUN								DNS		DISQ		
	WONG CHOK FAI				DISQ		MP						
	WONG CHUN												
	LAM SZE YUEN PAUL								DISQ				

		WE		RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total	Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	CHAN HAU WAH BRENDA	1000	3000	978	0:56:18	978	1:25:57	1000	0:40:10	1000	0:58:51	1000	1:04:25
2	LAM CHO YU	976	2929	919	0:59:54	1000	1:24:06	895	0:44:54	944	1:02:22	985	1:05:24
3	LUI WAI LAN IRIS	945	2834	889	1:01:55	783	1:47:28	962	0:41:46	983	0:59:53		
4	LEUNG KA KI	940	2821	968	0:56:54	934	1:30:04	813	0:49:23	870	1:07:40	920	1:10:03
5	LEE WING SZE VIVIAN	936	2809	881	1:02:30	732	1:54:51	716	0:56:08	963	1:01:08	966	1:06:43
5	FUNG CHARMAINE KAI WIN	936	2809	1000	0:55:04	847	1:39:15	808	0:49:44	861	1:08:20	947	1:08:00
7	CHENG YUEN KI HILDA	864	2592	860	1:04:01			788	0:50:57	737	1:19:52	943	1:08:17
8	CHAN PUI FUNG	802	2406	822	1:07:01	841	1:40:00	744	0:54:01		DNS		
9	YU TSZ YING	778	2333	840	1:05:31			698	0:57:33	795	1:14:04		
10	YEE SZE WING	765	2296	669	1:22:19	751	1:51:58	601	1:06:48	766	1:16:51	779	1:22:41
11	SO WING MAN	693	2079	716	1:16:57	611	2:17:32	580	1:09:15			752	1:25:40
	NG KA YAN				DNS		DNS						
		W10		RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total	Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	WONG YEE YAN	1000	3000	1000	0:39:02	579	1:30:54	686	1:01:31	1000	0:45:46	1000	1:06:15
2	YIU YIU	995	2986	681	0:57:19	1000	0:52:37	1000	0:42:13	830	0:55:07	986	1:07:11
3	TSANG CHUNG KIU	818	2453					944	0:44:43	539	1:24:55	970	1:08:20
4	SHIU WING YU	502	1506			759	1:09:17	746	0:56:34		DNS		
5	CHAN TSZ LING	249	746									746	1:28:50
6	CHAN CHING TUNG	173	518							518	1:28:19		
7	NG ERIN	142	427						DISQ	427	1:47:04		
	LO WING YIU CHELSEA												
	PONG HIU CHING												
		W12		RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total	Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	FUNG WAI KI	1000	3000	1000	0:34:54	1000	0:24:48	1000	0:22:37	1000	0:28:04		
2	LEUNG HIU YUET	883	2650	518	1:07:25	912	0:27:12	781	0:28:57	690	0:40:41	957	1:04:18
3	FU HOI KI	878	2634	689	0:50:40	531	0:46:43	945	0:23:56	667	0:42:03	1000	1:01:34
4	YOU ROU	808	2424	550	1:03:28	423	0:58:35	952	0:23:46	922	0:30:26		
5	LO HOI CHING JOCELINE	676	2029					514	0:44:02	542	0:51:48	973	1:03:16
6	KO HIU MAN SOPHIE	601	1803			279	1:28:52	603	0:37:29	474	0:59:13	726	1:24:48
7	SHIU WING YIN	353	1058			489	0:50:40		DNS	569	0:49:22		
	WONG SZE WING						DNS						
		W14		RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total	Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	LO HOI YAN	1000	3000	1000	0:52:04	1000	1:37:34	1000	0:24:07	1000	0:28:53	701	0:55:14
2	SIU PUI YUET	858	2575	608	1:25:40		OT	929	0:25:57	981	0:29:27	665	0:58:14
3	WONG WING YIN	851	2554	871	0:59:48	988	1:38:45	678	0:35:33	695	0:41:34	590	1:05:34
4	YIU NAM	838	2514	904	0:57:36		OT			740	0:39:03	870	0:44:30
5	LAU HIN YI	822	2466	814	1:03:58		OT		DNS	652	0:44:17	1000	0:38:43
6	CHAN AMANDA CHUN YI	814	2441	727	1:11:37		OT	882	0:27:21	832	0:34:43	653	0:59:20
7	LEUNG HIU CHING	766	2298	760	1:08:29	772	2:06:21	651	0:37:04	711	0:40:38	765	0:50:36
8	WONG MAN YIN	729	2187	880	0:59:08		DNF	277	1:27:12	812	0:35:35	495	1:18:16
9	MAN WING	677	2032	472	1:50:19		OT	748	0:32:14	812	0:35:35		
10	KWONG TSZ WING	609	1827							852	0:33:55	975	0:39:42
11	CAI XIN YI	382	1146							712	0:40:33	434	1:29:16
12	CHU LI WEI RIE	297	892	892	0:58:22								
13	LAI KA UE	250	750							750	0:38:31		
14	KWOK SELINA	226	677			677	2:24:12						
15	NG CHARLOTTE	188	565						DNS	565	0:51:07		
	CHEUNG CHEUK YIN												
	YU KA WING				DNS		DNS						
	CAI XINYI						DNF						
	YAU HOI LING								DISQ				
	NG SZE MAI												
	TSANG SUM YEE												
	KWAN WEI LING CHLOE						DNS						
	NG CLARESTA										DNS		
	CHENG HIU CHING												DISQ
	CHOI LOK								DNS		DNS		
		W16		RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total	Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	FUNG WAI CHING	986	2957	1000	0:51:40	889	1:32:27	1000	0:56:07	909	0:51:14	957	1:41:32
2	YUE WEI YA	906	2717	861	1:00:00	1000	1:22:14		DNS		DNS	856	1:53:33
3	KU KA KI	825	2475	686	1:15:17		MP		DISQ	789	0:59:02	1000	1:37:09

35	POON WING KI	169	507							507	1:54:55		
	CHOI KA PO JOSEPHINE				OT		OT		DISQ				
	FUNG KA WING				DISQ						DNS		
	LAM CHING YING				DNS		DNF		DNS		DNS		DISQ
	LAM OI SZE				DNS								
	LAU HOI KWAN				DISQ								
	MAK SO CHU				DISQ		DNF						
	NG CHUNG FEI												
	RIDOLFO ARIANNA				DISQ								
	SUEN STEPHANIE				DNS		DNF		DNS		DNS		
	WONG JOSEPHINE												
	WONG SZE HA ELYSE				DNS								
	HAU YING YING										DNS		
	NGAI ON NA												DISQ
	YEH TSUEN TSUEN RITA				DNS						DNS		
	W35												
					RL-1		RL-2		RL-3		RL-4		RL-5
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping
1	FUNG YUK CHING	1000	3000	1000	1:13:57	1000	1:33:29	1000	0:55:07				
2	CHEUNG BO LING	965	2895	947	1:18:05	863	1:48:17	858	1:04:14	948	1:31:24	1000	1:30:31
3	AU MAN CHONG MARIANA	951	2854		DISQ	888	1:45:17	675	1:21:37	1000	1:26:40	966	1:33:42
4	TANG PUI YI	792	2375			753	2:04:05	677	1:21:23	944	1:31:49		
5	LO WAN YEE	750	2251		DISQ			738	1:14:44	950	1:31:11	563	OFFICIAL
6	ISMAIL HANIFA	734	2203	743	1:39:34	692	2:15:00	534	1:43:14	768	1:52:50		
7	FUNG KIT LING VERONI	308	924							924	1:33:49		
8	LUO TUNG HSIA MARIE	267	800			800	1:56:55						
	CHAU HOI SZE				DISQ						DNS		
	YAU YUK FONG				DISQ		OT		DISQ		DISQ		DISQ
	LEUNG KA LAI										OT		
	LAM YIM YAN										OT		
	W40												
					RL-1		RL-2		RL-3		RL-4		RL-5
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping
1	CHEUNG LAI KUEN MONA	1000	3000	1000	1:08:36	1000	1:33:33	1000	0:57:42			1000	1:15:14
2	CHAN SIU MUI	748	2244			760	2:03:07		DISQ	712	1:24:14	772	1:37:29
3	WONG PATRICIA	484	1451			891	1:45:00	560	1:43:03				
4	CHAN PUI YING	398	1193		DISQ			508	1:53:35	685	1:27:33		
5	HO SO HAN	333	1000							1000	0:59:58		
6	LUK LAI LAI RENE	234	702		OT		OT		DISQ	702	1:25:26		DISQ
	LEUNG LIN PIK				DNS								
	YU HOI YAN				DISQ		DNS						DISQ
	LI MANG WAH LOUISE				DISQ				DISQ				
	CHAN YIN HING						MP						
	W45												
					RL-1		RL-2		RL-3		RL-4		RL-5
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping
1	KO SIN YU	667	2000							1000	1:02:04	1000	1:53:06
2	LAU PIK YI	640	1921	1000	1:45:00				DNS	921	1:07:23		DISQ
3	WONG YEE WAH	622	1865				OT	1000	1:57:32	865	1:11:44		DISQ
4	HO HING LING	608	1825		DNS	1000	1:56:40		DNS	825	1:15:13		
5	LI WAI YING	322	965							965	1:04:20		
6	CHEUNG NGANCHUN	294	882		OT	882	2:12:21						
7	LEE SZE MAN CECILIA	254	763							763	1:21:22		
8	YEUNG SUN YAU	250	751							751	1:22:41		
9	PANG SHUET LAI	227	682						DISQ	682	1:30:58		
	LO PO YUK				DNS						DNS		
	CHENG PO YI				DISQ		MP		DNS		DNS		
	CHOI YAT SUM												
	CHAN SZE LAI				OT		DNF						
	KWOK KA WAH CARA				DISQ		DNS				DNS		
	CHAN FUNG SHAN EVELY												
	SO MAN TING TAMI						DNS						
	W50												
					RL-1		RL-2		RL-3		RL-4		RL-5
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping
1	WONG YUK HING	1000	3000	1000	0:56:24	1000	1:53:23	1000	1:08:28	1000	0:44:20		DISQ
2	AU WING SEE	897	2690		OT	963	1:57:41	827	1:22:45	899	0:49:20		DISQ
3	CHAN LAI CHU	818	2455	613	1:32:02				OT	842	0:52:40	1000	1:57:20
	LEUNG YEE MAN				DNS				DISQ		DNS		
	NG MIU LAN								DISQ		DNS		DISQ
	CHAN YUK CHI						MP						

W55													
				RL-1	RL-2	RL-3	RL-4	RL-5					
				12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017					
Rank	Name	Average	Total	Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping					
1	CHUI LAI KUEN CANDY	1000	3000	1000	1:05:06	1000	2:07:36		DISQ	1000	0:40:25	1000	1:29:08
2	CHAN SIU LIN	892	2675	925	1:10:21		OT	1000	1:30:11	750	0:53:54		
3	WONG YUK CHING LAM	535	1604	911	1:11:27		OT		DISQ	693	0:58:20		DISQ
4	LEUNG YEE MAY	420	1260	734	1:28:43		DNF		DISQ	526	1:16:52		DISQ
Time Limit:				2:00:00	2:30:00	2:00:00	2:00:00	2:00:00	2:00:00				