

# Results

## 20180310 YOC

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### M10

|   |                     |         |     |
|---|---------------------|---------|-----|
| 1 | Woo Bono            | 0:12:50 | 胡溱  |
| 2 | Chen Ka Hei         | 0:12:59 | 陳嘉熙 |
| 3 | Yang Wang Shun Ryan | 0:15:08 | 楊弘信 |
| 4 | Lee Hoi Chun        | 0:17:33 | 李愷駿 |
| 5 | Chow King Ching     | 0:25:01 | 周景澄 |
| 6 | Tam Yeung Ting Jose | 0:35:49 | 譚仰庭 |
| 7 | Kan Cyril           | 0:47:58 | 簡御  |
|   | Lam Yat-Hei         | DISQ    | 林一希 |

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### M12

|    |                       |         |     |
|----|-----------------------|---------|-----|
| 1  | Woo Alok              | 0:22:51 | 胡銘  |
| 2  | Ho Chun Yuen          | 0:24:53 | 何俊源 |
| 3  | Fongcheuk Long Ethan  | 0:25:52 | 方卓朗 |
| 4  | Siu Pui Lok           | 0:27:24 | 蕭沛樂 |
| 5  | Chen Ka Hang          | 0:32:44 | 陳嘉亨 |
| 6  | Fu Chun Yan Alistair  | 0:32:50 | 傅俊仁 |
| 7  | Chak Kai Hin Colin    | 0:34:03 | 翟啟軒 |
| 8  | Leung Yan Ho          | 0:35:37 | 梁恩浩 |
| 9  | Cheng Chun Hong Issac | 0:48:25 | 鄭竣匡 |
| 10 | Lam King Him          | 1:07:13 | 林敬謙 |
|    | Ng Chun Wo            | DISQ    | 吳俊和 |

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### M14

|    |                      |         |     |
|----|----------------------|---------|-----|
| 1  | Au Joshua Ho Kiu     | 0:23:50 | 區皓翹 |
| 2  | Lau Cheuk Nam        | 0:25:57 | 劉卓楠 |
| 3  | Lee Sze Lut Nazirite | 0:26:11 | 李思律 |
| 4  | Wong Kwan            | 0:26:48 | 黃軍  |
| 5  | Shek Tsun Wang       | 0:27:11 | 石浚宏 |
| 6  | Chan Cheung Man      | 0:29:00 | 陳昶民 |
| 7  | Shum Yu Hin          | 0:31:03 |     |
| 8  | Cham Tsz King        | 0:31:24 | 湛止敬 |
| 9  | Leung Ho Chun        | 0:32:32 | 梁灝駿 |
| 10 | Feng Hao Cheng       | 0:32:33 | 馮浩誠 |
| 11 | Lam Wang Hong Nerio  | 0:32:35 | 林泓匡 |
| 12 | Leung Shun Kit       | 0:34:04 |     |
| 13 | Yau Man Kit Bosco    | 0:35:35 | 丘旻杰 |
| 14 | Yu Hoi Leung Ryan    | 0:35:57 | 余凱暉 |
| 15 | Chow Pun Chun        | 0:37:05 | 周本晉 |
| 16 | Shu Shun Ling        | 0:37:36 | 許迅寧 |
| 17 | Man Tsan Shun        | 0:38:23 | 文贊舜 |
| 18 | Lee Yat Long         | 0:38:41 |     |
| 19 | Li Yan Chung         | 0:40:04 | 李欣聰 |
| 20 | Lam Hon Fai Adrian   | 0:40:52 | 林翰輝 |
| 21 | Chiang Shing Hei     | 0:41:26 | 蔣承熹 |
| 22 | Justin Kwok          | 0:43:08 | 郭懷恩 |
| 23 | Cheung Yee Him       | 0:43:27 | 張議謙 |

|    |                        |         |     |
|----|------------------------|---------|-----|
| 24 | Yam Hin Wai            | 0:45:26 | 任衍為 |
| 25 | Lee Yin Lok            | 0:45:47 | 李彥樂 |
| 26 | Chan King San          | 0:46:16 | 陳景新 |
| 27 | Cheng Ho Yat           | 0:46:42 |     |
| 28 | Lam Yiu Fung           | 0:46:48 | 林饒豐 |
| 29 | Liang Bohdan Ding Quan | 0:47:22 | 梁鼎權 |
| 30 | Choi Cheuk Man         | 0:48:36 |     |
| 31 | Chong Tsz Hin Gilbert  | 0:48:43 | 莊祉軒 |
| 32 | Cheng Yu Sum           | 0:50:10 |     |
| 33 | Lau Wai Ting           | 0:52:09 |     |
| 34 | Hon Tsz Kit            | 0:53:10 |     |
| 35 | Lai Tsz Hei            | 0:53:53 | 黎籽希 |
| 36 | Sau Yuen Ming          | 0:54:12 |     |
| 37 | Chak Tsz Hei           | 0:54:52 |     |
| 38 | Hui Ka Ho Anson        | 0:55:03 | 許家豪 |
| 39 | Chan King Wo           | 0:55:12 | 陳璟和 |
| 40 | Nicholas Siu Chun Ting | 0:57:11 | 蕭駿霆 |
| 41 | Chan Chun Hei          | 0:58:15 |     |
| 42 | Leung Kin Chiu         | 0:58:27 |     |
| 43 | Chan Tsz Chung         | 0:58:37 | 陳子聰 |
| 44 | Chung Ho Yin           | 0:58:50 |     |
| 45 | Cheng Pak Hin          | 0:59:58 |     |
| 46 | Lau Chak Lam           | 1:01:23 | 劉澤霖 |
| 47 | Chen Xu Hui            | 1:04:14 |     |
| 48 | Lo Kwai Hei            | 1:07:48 | 勞桂晞 |
| 49 | Tong Hin Lun           | 1:09:54 | 湯憲麟 |
| 50 | Chau Wing Chak         | 1:27:24 |     |
| 51 | Liu Kin Cheung         | 1:30:57 |     |
|    | Fungkingyeung          | DISQ    | 馮景暘 |

Leung Hei Tzit

DISQ

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Ip Ka Ho

DISQ

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DISQ 李君謙

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### M16

|    |                      |         |     |
|----|----------------------|---------|-----|
| 1  | Chan Chun Hei        | 0:29:58 | 陳俊希 |
| 2  | Yam Kai Yui Hubert   | 0:30:31 |     |
| 3  | Chung Ho Yin         | 0:30:49 | 鍾浩賢 |
| 4  | Lee Ka Wai           | 0:33:13 | 李嘉偉 |
| 5  | Yum Ka Chun          | 0:34:16 | 任家俊 |
| 6  | Chan Cheuk Ki        | 0:35:06 | 陳卓祈 |
| 7  | Tong Shee Yiu        | 0:35:17 | 唐書堯 |
| 8  | To Chung Yin         | 0:37:14 | 杜頌然 |
| 9  | Sao Ho Chun          | 0:37:20 |     |
| 10 | Chan Sin Kei         | 0:38:36 | 陳善祺 |
| 11 | Ng Pak Hei           | 0:40:49 | 吳柏熹 |
| 12 | Tang Tsun Leung      | 0:43:02 | 鄧縉樑 |
| 13 | Wei Junchen          | 0:47:36 | 衛俊辰 |
| 14 | Leung Chun Hei       | 0:49:06 | 梁晉熙 |
| 15 | Lai Hing Fung        | 0:49:25 | 黎慶豐 |
| 16 | Chan Kwun Sing       | 0:50:22 | 陳冠聲 |
| 17 | Hui Ka Yiu           | 0:55:39 | 許家耀 |
| 18 | Kan Chun Hei         | 0:58:57 |     |
| 19 | Choi Ka Man          | 1:01:12 | 蔡嘉文 |
| 20 | Fung Pak Hai         | 1:03:49 |     |
| 21 | Wong Chi Yui Matthew | 1:11:49 | 黃子睿 |
| 22 | Sze Yee Cheung       | 1:14:31 | 施以翔 |
| 23 | Cheng Kwan Wai       | 1:16:29 | 鄭鈞蔚 |

|                      |             |
|----------------------|-------------|
| 23 Lam Shing Hin     | 1:16:29 林承軒 |
| Lum Cheuk Hei        | DISQ 林卓希    |
| Law Sing Yu Sean     | DISQ 羅星俞    |
| Tsang Pak To Plato   | DISQ 曾柏陶    |
| Chan Chun On (Guest) | DISQ 陳俊安    |
| Ho Tsz Yeung         | DISQ 何梓楊    |
| Chau Lok Pui         | DISQ 周絡培    |
| Tam Siu Tung         | DISQ 譚兆彤    |
| Yang Yui Chit        | DISQ        |



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### M18

|    |                     |         |     |
|----|---------------------|---------|-----|
| 1  | Chu Yau Man         | 0:32:59 | 朱祐民 |
| 2  | Wong Cheuk Wang     | 0:35:17 | 王卓弘 |
| 3  | Lam Hiu Chak        | 0:37:02 | 林曉澤 |
| 4  | Fong Tsz Lo         | 0:38:07 | 方子路 |
| 5  | Lee Hong Pui        | 0:38:21 | 李康培 |
| 6  | Tai Sung Chit       | 0:42:42 | 戴崇哲 |
| 7  | Chan Pui Wing       | 0:46:47 |     |
| 8  | Ng Kok Wing         | 0:48:26 | 伍珏泳 |
| 9  | Wong Ho Chi         | 0:50:30 | 黃皓智 |
| 10 | Chan Cheuk Kai      | 0:50:48 | 陳焯楷 |
| 11 | Chen Chak Sang      | 0:52:51 | 陳澤生 |
| 12 | Lai Ka Lok          | 0:55:46 |     |
| 13 | Kong Lok Hang       | 0:57:42 |     |
| 14 | Chan Ho Yin         | 1:00:58 |     |
| 15 | Tsui Tung Ming      | 1:03:20 | 徐東銘 |
| 16 | Kwok Master Yu Him  | 1:09:20 | 郭宇謙 |
| 17 | Tsang Chun Kit      | 1:31:20 | 曾俊杰 |
| 18 | Li Wing Hong        | 1:43:39 | 李永康 |
| 19 | Lamlokyin           | 1:55:48 | 林樂然 |
|    | Yuen Wai Kit Fubuki | DISQ    | 阮偉傑 |
|    | Chan Leung Yi       | DISQ    | 陳良義 |
|    | To Sau Yin          | DISQ    | 屠修賢 |
|    | Lee Ka Nam          | DISQ    | 李家楠 |



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### M20

|   |                     |         |     |
|---|---------------------|---------|-----|
| 1 | Li Chun Ho          | 0:29:20 | 李雋皓 |
| 2 | Wong Tsz Chun Jason | 0:31:50 | 黃梓臻 |
| 3 | You Yi              | 0:37:49 | 游羿  |
| 4 | Chan Tsun Lap       | 0:51:45 | 陳浚立 |
| 5 | Ng Ka Lok           | 0:58:01 | 伍家洛 |
| 6 | Huang Tong Yi       | 0:58:27 | 黃同易 |
| 7 | Chan Tai Hing       | 1:00:05 | 陳太興 |
| 8 | Ling Fung           | 1:22:20 | 凌風  |
|   | Shiu Chit Hei       | DISQ    | 蕭哲晞 |

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## W10

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|   |                |         |     |
|---|----------------|---------|-----|
| 1 | Leung Yan Tung | 0:20:43 | 梁恩彤 |
| 2 | Chan Tsz Ling  | 0:21:28 | 陳紫矜 |
| 3 | Pang Hoi Ching | 0:33:33 | 彭愷晴 |

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### W12

|    |                         |         |     |
|----|-------------------------|---------|-----|
| 1  | Yau Man Hei Meri        | 0:11:51 | 丘汶希 |
| 2  | Hui Cyrene              | 0:12:25 | 許鎧珈 |
| 3  | Ko Hiu Man Sophie       | 0:12:35 | 高曉旻 |
| 4  | Leung Hiu Yuet          | 0:12:53 | 梁曉悅 |
| 5  | Yiu Yiu                 | 0:13:11 | 饒嶢  |
| 6  | Leung Lok Ching         | 0:14:43 | 梁樂晴 |
| 7  | Cheung Yuen Sum Trinity | 0:16:14 |     |
| 8  | Tsang Chung Kiu         | 0:21:55 | 曾仲蕎 |
| 9  | Lo Hoi Ching Joceline   | 0:24:52 | 盧凱晴 |
| 10 | Pong Hiu Ching          | 0:42:26 | 龐曉晴 |
| 11 | Kwok Tung               | 0:52:07 |     |
| 12 | Cheung Hoi Ching        | 1:02:07 |     |

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### W14

|    |                     |         |     |
|----|---------------------|---------|-----|
| 1  | Lo Hoi Yan          | 0:23:37 | 羅凱欣 |
| 2  | Yiu Nam             | 0:24:52 | 饒楠  |
| 3  | Siu Pui Yuet        | 0:27:08 | 蕭沛悅 |
| 4  | Kwong Tsz Wing      | 0:27:20 | 鄺芷穎 |
| 5  | You Yoyo            | 0:27:51 | 游柔  |
| 6  | Fung Wai Ki         | 0:29:53 | 馮蔚祈 |
| 7  | Tsoi Tsz Huen       | 0:41:02 | 蔡芷瑄 |
| 8  | Chiang Sin Ying     | 0:43:17 | 蔣善盈 |
| 9  | Fu Hoi Ki           | 0:47:16 | 傅焯棋 |
| 10 | Chan Hei Yuet       | 0:55:21 | 陳希悅 |
| 11 | Wong Check Hei      | 0:56:42 | 黃卓僖 |
| 12 | Lee Hoi Yan         | 0:58:38 | 李凱昕 |
| 13 | Tse Yan Tung        | 1:02:49 | 謝昕彤 |
| 14 | Chan Mei Lam        | 1:04:51 | 陳美霖 |
| 15 | Mak Hoi Tung        | 1:23:06 | 麥凱彤 |
| 16 | Wong Lok Sum        | 1:32:15 | 黃樂心 |
| 17 | Kwan Wan Ching      | 1:34:19 | 關韻呈 |
|    | Wong Larissa Ka Hei | DISQ    | 王珈晞 |
|    | Hui Yanying         | DISQ    | 許恩滢 |
|    | Chan Ka Ying        | DISQ    |     |
|    | Lam Ying Yee        | DISQ    |     |

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### W16

|    |                        |         |     |
|----|------------------------|---------|-----|
| 1  | Chu Ying Yau           | 0:31:19 | 朱映柔 |
| 2  | Wong Yi Shan           | 0:34:34 | 王以山 |
| 3  | Fung Wai Ching         | 0:40:21 | 馮蔚晴 |
| 4  | Wong Wing Yin          | 0:43:05 | 黃穎賢 |
| 5  | Chan Amanda Chun Yi    | 0:46:57 | 陳臻怡 |
| 6  | Wan Hoi Tung           | 0:47:56 | 尹凱彤 |
| 7  | Cai Xinyi              | 0:49:40 | 蔡欣宜 |
| 8  | Cheng Sum Yu           | 0:52:04 |     |
| 9  | Ku Ka Ki Dorothy       | 0:59:20 |     |
| 10 | Cheung Cheuk Yin       | 1:03:40 | 張卓研 |
| 11 | Chan Tsz Ki            | 1:04:47 | 陳芷淇 |
| 12 | Choi Yan Ting          | 1:07:32 | 蔡恩婷 |
| 13 | Wong Man Yin           | 1:09:45 | 黃敏賢 |
| 14 | Wu Chau Tung           | 1:10:52 | 胡秋彤 |
| 15 | Kim Alecea Tsz Chung   | 1:12:33 | 張芷誦 |
| 16 | Tang Lok Yi            | 1:13:53 | 鄧樂兒 |
| 17 | Li Yuen Ki             | 1:25:32 | 李婉琪 |
| 18 | Yip Ho Yiu             | 1:30:35 |     |
| 19 | Tse Ka Yan             | 1:35:47 | 謝嘉欣 |
|    | Man Wing               | DISQ    | 文穎  |
|    | Ho Cheuk Ying          | DISQ    | 何卓螢 |
|    | Ho Ka Wai              | DISQ    | 何嘉蕙 |
|    | Tam Chi Ching Jennifer | DISQ    | 譚芷晴 |

|                      |          |
|----------------------|----------|
| Chan Hoi Man         | DISQ 陳凱雯 |
| Cheung Hoi Tung      | DISQ 張凱潼 |
| Lau Hin Yi           | DISQ 劉衍沂 |
| Kwok Ching Yin       | DISQ 郭正言 |
| Pang Tung Yiu Melody | DISQ 彭童謠 |
| Tsang Hoi Lam        | DISQ 曾凱琳 |
| Liu Cheuk Ni         | DISQ 廖卓妮 |
| Siu Ting             | DISQ 蕭婷  |



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### W18

|   |                    |             |
|---|--------------------|-------------|
| 1 | Fung Wing Ki       | 0:47:07     |
| 2 | Chan Sze Long      | 0:54:13     |
| 3 | Pang Wing          | 1:00:14     |
| 4 | Chan Tsz Wai Kerri | 1:02:49 陳梓慧 |
|   | Lau Chiu Kwan      | DISQ 劉俏君    |

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Wong Wai Lam

DISQ 黃惠琳