

2017年度年中排名成績 中長距離

Middle Long Distance Events Ranking Results 2017

更新 Updated On: 2017/11/30

ME													
				RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total	Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	YU TSZ WAI	1000	3000	936	0:54:49	965	1:28:14	1000	0:32:27	1000	1:11:41	1000	0:49:54
2	LEE KIN WAI	991	2973	975	0:52:38	1000	1:25:08	998	0:32:30	868	1:22:35	879	0:56:47
3	HUI SIU TUNG	920	2761	967	0:53:03	881	1:36:41	789	0:41:08	913	1:18:31	816	1:01:10
4	LAM ABY	915	2745	880	0:58:17	900	1:34:36	784	0:41:22	964	1:14:20	813	1:01:24
5	YIP CHAK LUN GERALD	897	2690	1000	0:51:19	831	1:42:29	859	0:37:46	784	1:31:24	775	1:04:24
6	MAN CHI KIN	887	2660	885	0:57:58	931	1:31:26			844	1:24:58		
7	MA LOK HIN	884	2653	875	0:58:39	879	1:36:54	630	0:51:30	900	1:19:41	779	1:04:03
8	CHOW MAN LONG	876	2628	770	1:06:37	695	2:02:27	812	0:39:57	930	1:17:03	885	0:56:22
9	CHEUNG CHI KO	871	2613	884	0:58:05	902	1:34:22			827	1:26:40	801	1:02:16
10	YEUNG KWOK KEUNG	856	2567	873	0:58:45	851	1:40:02	842	0:38:31	832	1:26:12		
11	CHAN TIN MONG	825	2474	827	1:02:04	797	OFFICIAL	716	0:45:19	849	1:24:24		
12	LAM KA CHING	800	2399	746	1:08:49	750	1:53:32		DISQ	904	1:19:19	699	1:11:23
13	POON BRIAN WING YOUNG	799	2396	766	1:07:02		MP	710	0:45:41	858	1:23:35	773	1:04:33
14	CHOY KWOK WAI	790	2370	814	1:03:01	664	2:08:08	654	0:49:38	793	1:30:26	763	1:05:24
15	CHAU PO LOK	789	2368	845	1:00:44	774	1:49:56	642	0:50:32	749	1:35:44	641	1:17:50
16	TAM WING CHUNG	772	2317	704	1:12:55	783	1:48:41			805	1:29:04	729	1:08:25
17	MAN YIU FUNG	708	2125	852	1:00:12	626	2:16:04	647	0:50:11		OT	561	1:28:54
18	MAK YUI KAN RAPHAEL	640	1921	774	1:06:20	667	2:07:39	480	OFFICIAL				
M10													
				RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total	Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	SIU PUI LOK	1000	3000	694	0:40:41	1000	0:40:10	762	0:46:50	1000	0:34:25	1000	0:45:39
2	WOO ALOK	943	2829	877	0:32:11	976	0:41:08	907	0:39:21	837	0:41:07	945	0:48:19
3	CHEN KA HEI	913	2738	728	0:38:46	884	0:45:25	1000	0:35:42	854	0:40:19		
4	CHEN KA HANG	901	2703	1000	0:28:13	799	0:50:16	892	0:40:02	812	0:42:24	735	1:02:08
5	HO CHUN YUEN	761	2282					779	0:45:50	779	0:44:12	724	1:03:02
6	LAU KIN PONG	625	1875	438	1:04:27	685	0:58:37	752	0:47:27		DNS		
7	LAM YAT-HEI	378	1133					677	0:52:44	456	1:15:29		
8	FU CHUN YAN ALISTAIR	234	702					702	0:50:53		DNS		
9	CHENG CHUN HONG ISSA	202	606							606	0:56:47		
	CHAN WAI LOK												
	WONG HO HIM												
	NG LOK MAN						DNS						
M12													
				RL-1		RL-2		RL-3		RL-4		RL-5	
				12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total	Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	LAU CHEUK NAM	998	2994	937	0:37:18	997	0:31:02	840	0:18:57	1000	0:30:38	996	0:28:16
2	SHUM SIU LONG	972	2915	912	0:38:20	1000	0:30:57	1000	0:15:55	915	0:33:29	837	0:33:40
3	FONG CHEUK LONG ETHAN	971	2913	813	0:42:59	990	0:31:16	924	0:17:14	605	0:50:36	1000	0:28:10
4	LO CHUN HEI	778	2333	862	0:40:35	476	1:05:04	818	0:19:28	608	0:50:24	654	0:43:04
5	MAN TSAN SHUN	695	2086	1000	0:34:58			398	0:40:02	688	0:44:31	347	1:21:07

6	LAM KING HIM	611	1833	775	0:45:08	386	1:20:13	503	0:31:39	556	0:55:08	331	1:25:05	
7	CHAM TSZ KING	549	1646							853	0:35:54	793	0:35:32	
8	CHAN CHEUNG MAN	500	1500							859	0:35:39	641	0:43:56	
9	SHEK TSUN WANG	332	996							648	0:47:18	348	1:20:54	
10	YIP HO WANG OWEN	304	911	911	0:38:24		DNS				DNS			
11	WONG WAI HIN	280	841	841	0:41:36									
12	LIU HO TSUN ANGUS	256	767							767	0:39:57			
13	LAI TSZ HEI	191	573							573	0:53:25			
14	LAI MAN HIN	190	570							570	0:53:45			
15	LAU CHUN DANIEL	179	536								DNS	536	0:52:32	
16	FUNG ALVIN JAMES	158	473								DNS	473	0:59:30	
17	LAM HIU YEUNG	157	472			472	1:05:32							
18	KWONG DANIEL TSZ HIM	152	457							457	1:07:01			
19	NING MAN YU	148	444							444	1:08:58			
20	NG CHEUK NAM	137	412							412	1:14:24		DISQ	
	FONG SUNG WEI ISAAC										DISQ			
	M14													
					RL-1		RL-2		RL-3		RL-4		RL-5	
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	LUM CHEUK HEI	1000	3000	1000	0:30:58		847	1:27:47	1000	0:12:19	978	0:26:32	1000	0:31:32
2	AU JOSHUA HO KIU	976	2929	887	0:34:55		1000	1:14:21		DISQ	1000	0:25:57	929	0:33:57
3	TO CHUNG YIN	820	2460	803	0:38:34		854	1:27:02	611	0:20:10	765	0:33:55	802	0:39:18
4	WONG KWAN	775	2326				683	1:48:52	406	0:30:22	751	0:34:33	892	0:35:21
5	CHAN CHUN ON	768	2303	682	0:45:26			MP	619	0:19:53	801	0:32:25	820	0:38:26
6	YUM KA CHUN	761	2283				830	1:29:34	689	0:17:53	764	0:33:57		
7	LAM WANG HONG NERIO	734	2202	634	0:48:52		748	1:39:21	470	0:26:11	671	0:38:39	782	0:40:18
8	LAW SING YU SEAN	700	2100	810	0:38:13		633	1:57:25	595	0:20:42	657	0:39:31	561	0:56:13
9	CHAN SIN KEI	670	2010	600	0:51:38		579	2:08:28	448	0:27:29	801	0:32:23	609	0:51:45
10	LEE SZE LUT NAZIRITE	608	1823	628	0:49:20			MP	483	0:25:31	683	0:38:01	512	1:01:32
11	WONG YAT HEI	600	1801	567	0:54:38			MP	483	0:25:29	751	0:34:34		
12	LEUNG HO CHUN	600	1800	348	1:28:55		537	OFFICIAL			594	0:43:40	669	0:47:09
13	CHENG KAI MAN	506	1518				703	1:45:42	154	1:19:54	509	0:51:00	305	1:43:17
14	CHIU SHEUNG WANG	497	1491	384	1:20:41			OT			612	0:42:23	495	1:03:44
15	KWOK JUSTIN Y YAN	495	1486	496	1:02:27				470	0:26:14	520	0:49:53		
16	POON LAP HANG	495	1485	552	0:56:07				294	0:41:55	639	0:40:37		
17	LEUNG YIU TIN	456	1368	467	1:06:18				422	0:29:12	479	0:54:10	407	1:17:32
18	LAU HO MAN ISAAC	449	1347	633	0:48:54					DNS	714	0:36:22		
19	WU CHEUK HEI	434	1303	545	0:56:50				222	0:55:29	536	0:48:26		
20	CHU CHEUK YIU	328	984								504	0:51:27	479	1:05:47
21	KWONG HO YIN	271	812								476	0:54:33	336	1:33:45
22	WONG CHEUK HIM	266	798		DNS	798	1:33:12			DNS		DNS		
23	LAM CHEUK YIN	260	781								465	0:55:49	316	1:39:54
24	KONG YAT LAAM	243	730								408	1:03:37	322	1:37:52
25	LEUNG CHUN HEI	215	645		DNS			DNS			645	0:40:15		
26	CHAN KING YU	212	637										637	0:49:30
27	HUI PAK YIU	202	605								605	0:42:53		
28	NGAN YAT FEI	188	564	564	0:54:54			OT						
29	WONG KA KIN	183	549	549	0:56:25									
30	NG PAK HEI	183	548	548	0:56:29									
31	TANG TSUN LEUNG	178	533			533	2:19:24							

24	TAM HOI WUN	216	649	486	1:07:20	162	OFFICIAL								
25	LAW HONG CHUN	210	630			630	2:04:14								
26	CHAN CHEUK KI	200	601	601	0:54:29						DNS				
27	WONG PAK WAI	163	489	489	1:06:59		DNS				DNS				
28	LEE MING CHAK	163	488	488	1:07:10								DISQ		
29	CHAN CHEUK NAM ANSON	137	410							410	1:21:12				
	LAI HING FUNG						DNS								
	WONG WANG HON								DNS						
	LIU YAN QUAN				OFFICIAL										
	YU NGO YIN														
	TSANG HIN LAM ANSON														
	TANG YAO JUN				DISQ										
	LI CHUN WA				DNS		DNS								
	KWONG TING YAN ENOCH										DISQ				
	WONG TSUNG YAN										DNS				
	CHOI WING KIT				DNS										
	LAU HEI LONG						MP								
	M18														
					RL-1		RL-2		RL-3		RL-4		RL-5		
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017		
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping		
1	LEUNG CHUNG WAI	1000	3000	1000	0:42:37		643		2:05:28		DISQ	1000	0:46:47	1000	1:04:01
2	CHAN CHUN HEI	944	2833	833	0:51:09		1000		1:20:41	1000	0:43:34	764	1:01:14		
3	SO KA WANG	914	2743	768	0:55:29		588		2:17:08	896	0:48:39	952	0:49:08	896	1:11:28
4	LAM HIU CHAK	757	2271	751	0:56:47					612	1:11:13	908	0:51:30		
5	FONG TSZ LO	608	1823	689	1:01:53				OT	425	1:42:28	709	1:06:00		DISQ
6	CHEUNG YAN WAI	588	1763							944	0:46:08	819	0:57:07		DISQ
7	TSE LOK HIN	466	1398		DNS						DISQ	611	1:16:31	787	1:21:21
8	CHAN TAI HING	394	1181						OT	548	1:19:32	633	1:13:54		
9	YOU YI	387	1161	290	OFFICIAL							871	0:53:44		
10	NG KI FUNG JASON	355	1065								DISQ	480	1:37:24	585	1:49:25
11	LEUNG KA CHAI MICHAEL	329	987							484	1:29:59	503	1:33:04		
12	CHAN CHUN HANG	286	857	413	1:43:15				MP		DISQ	445	1:45:13		DISQ
13	TAM CHIN HANG	203	609	609	1:10:02				OT						
14	CHAN TSUN LAP	132	396							396	1:50:02				
	SHIU CHIT HIM				DNS				DNS						
	TO CHING HONG				DNS										
	LEE MAN KIT				DNS				DNS						
	AU WAI LAM ANSON														
	YAU CHIN FUNG														
	CHE YAO CHENG								DNS		DNS				
	ZHENG JUN MENG				OFFICIAL				DNS						
	NIP YEY SHANG										OFFICIAL		DNS		
	SU LIU TAI				OFFICIAL				OT						
	M20														
					RL-1		RL-2		RL-3		RL-4		RL-5		
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017		
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping		
1	LI CHUN HO	988	2963	996	0:38:36		968	OFFICIAL	1000	0:33:49	908	0:55:59	889	0:51:37	
2	YU TSZ FUNG	982	2947	949	0:40:30		962	1:22:00	985	0:34:20	1000	0:50:49	799	0:57:25	
3	CHU YAU MAN	940	2821	1000	0:38:26		820	1:36:14	915	0:36:58	876	0:58:02	906	0:50:37	

4	WONG TSZ CHUN JASON	929	2788	847	0:45:24	816	1:36:39	753	0:44:56	941	0:54:00	1000	0:45:52
5	SHIU CHIT HEI	923	2768	936	0:41:04	844	1:33:25	883	0:38:17	949	0:53:32	856	0:53:35
6	LI SING WAI	909	2727	955	0:40:14	902	1:27:27		DNS	852	0:59:40	869	0:52:46
7	WONG CHEUK WANG	894	2681	913	0:42:06	1000	1:18:53	762	0:44:23		DISQ	768	0:59:45
8	CHUNG AUSTIN	822	2467	807	0:47:36	809	OFFICIAL	770	0:43:54	850	0:59:46		
9	NG SUNG CHAK	810	2430	836	0:45:59	877	1:29:54		DISQ	717	1:10:52		
10	NG KOK HEI	665	1996	715	0:53:44	681	1:55:45	387	1:27:25	574	1:28:36	599	1:16:33
11	YUE WEI YONG	468	1403		DNS	603	2:10:47					800	0:57:21
12	CHENG TSZ FUNG	466	1398	735	0:52:18	664	1:58:53		DISQ		DNS		
13	LING CHUNG YIN	452	1355	605	1:03:30		MP		DNS	750	1:07:47		
14	CHUI TSZ HO	350	1050		DISQ	569	2:18:36		DISQ		OT	481	1:35:18
15	SZE CHUN LAM	232	695	695	0:55:16								
16	WAN HO CHING	162	487	487	1:18:58								
17	LEE YEUNG TO	141	423	423	1:30:52		OT						DISQ
18	YUEN WAI HEI	132	395						DNS		DISQ	395	1:56:01
19	YIU LUNG	130	390	390	1:38:33		MP						
19	TANG WAI NAM	118	355					355	1:35:12		DNS		
	NG KA LOK								DISQ				
	KWOK UE NAM												
	M21												
					RL-1		RL-2		RL-3		RL-4		RL-5
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping
1	CHAN CHUN KIT	1000	3000	854	0:59:03	1000	1:48:12	1000	OFFICIAL	1000	1:08:09	1000	0:53:32
2	LEUNG CHI HANG	1000	2999	1000	0:50:26	997	1:48:33	1000	0:38:05	999	OFFICIAL		DISQ
3	WONG WAI NGAI ERIC	902	2705	925	0:54:30	964	1:52:16	781	0:48:46	816	1:23:31	707	1:15:41
4	CHEUNG KANG KAI	890	2670	923	0:54:38	939	1:55:16	513	1:14:15	671	1:41:33	808	1:06:14
5	TAM WEI YEUNG SUNNY	877	2632			985	1:49:50	796	0:47:51	851	1:20:05		
6	CHENG YUK TUNG	859	2577	848	0:59:27	958	1:53:00		DNS	771	1:28:21		
7	YUEN WANG KI	855	2564	767	1:05:44	767	2:21:06		DNS	949	1:11:47	847	1:03:12
8	LAU KWOK SANG	848	2545	781	1:04:36	916	1:58:04	831	OFFICIAL	715	1:35:15	797	1:07:11
9	YU SAI HONG	842	2526	869	0:58:01	799	2:15:25	797	0:47:48	778	1:27:35	858	1:02:24
10	CHOI WAI KIT	836	2508	949	0:53:09					796	1:25:39	763	1:10:10
11	LEE YEUNG CHI	836	2507	851	0:59:16	911	1:58:45			744	1:31:33		
12	PEREIRA DANIEL ANTONIO	829	2488			808	2:13:51	474	1:20:21	780	1:27:19	899	0:59:34
13	CHUNG WAI NANG	821	2464	719	1:10:09	893	2:01:10	672	0:56:38			852	1:02:51
14	WONG YU HONG BRYAN	804	2413		DISQ		MP	879	0:43:20	897	1:16:01	637	1:23:59
15	CHEUNG KWOK WAI	797	2392	693	1:12:47	748	2:24:41	771	OFFICIAL	873	1:18:04		DISQ
16	TAM CHUNGYIN DICKSON	787	2360	771	1:05:26	838	2:09:09	589	1:04:41	751	1:30:44	610	1:27:45
17	TANG YEUNG CHIU DENNIS	770	2310	832	1:00:39	796	2:15:54			682	1:39:54		
18	CHIU YAU CHUNG	769	2306	738	1:08:19		DNS	719	0:52:57	849	1:20:17		
19	CHAN CHI SING CLEMENT	751	2254			847	2:07:48	564	OFFICIAL	844	1:20:45		DISQ
20	CHEUNG KWOK PUI	725	2174	621	1:21:10		OT	718	0:53:02		DISQ	834	1:04:10
21	CHIANG WAI MING	712	2137	681	1:14:06		OT	492	1:17:20	783	1:27:01	673	1:19:30
22	CHAN ON LAP	710	2129	799	1:03:08	797	2:15:42		DNS		DNS	533	1:40:27
23	LI FUK LUNG BRUCE	682	2046	754	1:06:54		OT	549	1:09:25		DNS	744	1:11:59
24	WONG BUN YIN	679	2037					432	1:28:15	843	1:20:48	762	1:10:14
25	MUI HO LAM	678	2034		DNS	722	2:29:54	542	1:10:12	619	1:50:05	693	1:17:14
26	KWONG MAN FAI TIMOTHY	656	1969		DNS	770	2:20:36	707	0:53:51	492	OFFICIAL		
27	NG KA SING	648	1943	696	1:12:27		OT	454	1:23:53	665	1:42:31	582	1:32:02
28	CHU HING SHING	647	1942	674	1:14:48		OT	427	1:29:14	685	1:39:25	582	1:31:57

29	LEE TING HO GILBERT	589	1766		DISQ		OT	609	1:02:35	575	1:58:37	583	1:31:54
30	CHEUNG CHI SHING	565	1694	599	1:24:14		OT	512	1:14:21		OT	583	1:31:48
31	CHAN PING KIN	555	1664	631	1:19:56		MP	550	1:09:12		OT	483	1:50:48
32	CHAN YIP SANG	500	1500				MP	662	0:57:32	838	1:21:22		
33	CHAU CHI KIN	491	1474	826	1:01:03		OT	648	0:58:46				
34	YUEN TUNG NAM	477	1431	755	1:06:48		MP	676	0:56:22				
35	CHOI KWOK KIN	472	1415	870	0:57:59			545	1:09:53		DNS		
36	HO TSZ HANG STEPHEN	453	1360			772	2:20:10			588	1:55:54		
37	CHAN YIN CHUN	444	1333	537	1:34:00				DISQ	796	1:25:37		
38	LAI KA PAK	431	1292				OT	577	1:06:00	715	1:35:20		
39	CHAN CHUN MAN	420	1261	609	1:22:52		OT					652	1:22:06
40	CHIU KWOK LIN	419	1258	732	1:08:52		OT	525	1:12:29		DNS		
41	TSE YIK WAH	395	1184	545	1:32:33		OT		DNS	639	1:46:35		
42	WONG PUI KEUNG	390	1170				MP	575	1:06:16		DNS	596	1:29:52
43	CHAN CHI KEUNG	353	1060	620	1:21:20			439	1:26:40				
44	CHEUNG KA WING	336	1008		DISQ			456	1:23:33			552	1:36:58
45	TSANG CHUN CHI	327	981	520	1:37:03		OT	461	1:22:37		DISQ		
46	TANG YU HIN	322	965					425	1:29:34		DNS	540	1:39:08
47	LEUNG YAT YIN	307	921	438	1:55:02			482	1:18:58		DNS		
48	LEUNG KWOK SHING	295	885	557	1:30:37			328	1:55:56		DNS		DISQ
49	YIU CHI SING	285	854	641	1:18:43							214	OFFICIAL
50	SY HUAN KUN	273	819	434	1:56:09			385	1:38:56				
51	CHAN CHUN FUNG	268	805							805	1:24:37		
52	HUI YAU CHIU	256	769						DISQ	769	1:28:34		
53	LAW KWOK KUEN	229	686	686	1:13:34		DNS						
54	LI KONG FUNG	216	648	648	1:17:53		DNF						
55	HO NGA TIK	204	613	613	1:22:20		MP						
56	CHU KAM HUNG	202	605	605	1:23:23		OT						
57	YIM CHUN WAI	192	576	576	1:27:32		OT		DISQ		OT		
58	LEUNG CHI YAN	177	531	531	1:34:59				DISQ		DNS		
59	LAM MING YIU	175	526								OT	526	1:41:47
60	LEE SIU KONG	168	503	503	1:40:21		OT						
61	CHEUNG YAT LUNG TOMMY	166	498	498	1:41:18		DNF						
62	LEE WING LEUNG	160	481	481	1:44:47		DNF						
63	NG KWOK FUNG	147	442		OT		DNF	442	1:26:06		OT		DISQ
64	CHOW TAT HEI	127	382					382	1:39:38				
65	HO HUI NAM	121	364		OT			364	1:44:45				
	LEUNG CHUNG MAN								OT		OT		
	WONG KIN CHO				OT								
	CHENG HO CHUN												
	CHOY KA WAI				DISQ								
	CHUNG CHI MING												
	LAM TREVOR KOONCHI						OT		DNS				
	LEUNG CHI SHING JERR				DNS								
	LO KAM TAO LEO				DNS								
	LUI TSZ HIN				DNS		MP						
	LUK CHI HIN						DNS						
	MOK YUE HONG LOUIS				DNS		DNS						
	NG KWAN SHING								DISQ		DISQ		
	TAM TSZ HONG										DNS		
	TO CHUN KIT				DISQ								

	UN KA CHUN								DNS		DISQ		
	WONG CHOK FAI				DISQ		MP						
	WONG CHUN												
	LAM SZE YUEN PAUL								DISQ				
	NG WING YUEN										DNS		
	NG SIU KEI												DISQ
	M35												
					RL-1	RL-2	RL-3	RL-4	RL-5				
					12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017				
Rank	Name	Average	Total		Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping				
1	CHEONG KUNG PAN	993	2980	842	1:02:02	957	1:41:52	1000	0:42:55	980	0:57:29	1000	1:07:21
2	CHENG PING KUEN	962	2886	951	0:54:56	935	1:44:14			1000	0:56:21	788	1:25:31
3	LI MING CHI	956	2868	937	0:55:47	990	1:38:26	472	1:30:53	918	1:01:25	941	1:11:34
4	LEE MAN WAI	904	2711	673	1:17:41	1000	1:37:29		DISQ	878	1:04:11	833	1:20:52
5	TANG CHUN KIT	876	2627	1000	0:52:15	947	1:42:57	680	1:03:07		DNS		
6	WONG MAN WA	875	2625	639	1:21:43	910	1:47:08	492	1:27:10	904	1:02:22	811	1:23:02
7	YU SHIN HO	861	2582	749	1:09:43	953	1:42:20	571	1:15:08	859	1:05:38	771	1:27:20
8	WONG CHI YIN	826	2478	855	1:01:07	670	2:25:29	546	1:18:40	807	1:09:50	816	1:22:30
9	TAM SHU FUN	800	2399	774	1:07:29	869	1:52:12	559	1:16:43	756	1:14:32		
10	FUNG CHUN PAN	700	2101	720	1:12:35		MP	516	1:23:15	865	1:05:08		DISQ
11	WONG IO PAN	616	1849					378	1:53:30	763	1:13:52	708	1:35:05
12	LEE HOK WUN	581	1743	626	1:23:31			386	1:51:14		DNS	732	1:32:01
13	LUI YUEN MING	346	1039		DNS		DNF	376	1:54:15	664	1:24:55		
14	LAU CHUN FUN	328	984	460	1:53:33		MP	524	1:21:56		DNS		
15	CHAN TSZ CHUNG	291	872	872	0:59:56		DNS				DNS		
16	LEUNG YAT LAI ADRIAN	244	732	732	1:11:22								
17	KEUNG WAH TUNG	235	706	706	1:14:02								
18	LO KWOK KAY	224	673							673	1:23:45		
19	CHUNG HON	208	623	623	1:23:49		DNS						
20	YAU HO TAK	193	579								DNS	579	1:56:25
21	CHAN SIU HUNG	191	573	573	1:31:07								
22	SIT MING CHEUNG	171	513	513	1:41:57		MP				DISQ		
	CHAN CHUN KIT				DNS						DNS		DISQ
	LEUNG KAM YUEN				DNS								
	CHAN SIU CHUNG						MP		DISQ		DNS		
	TAM CHI HO								DISQ				DISQ
	LO WING PUN												
	WONG KA WAI FRANK						DNS						
	CHAN CHIT HUNG ISSAC												
	CHOI YUEN HANG						DNS						
	M40												
					RL-1	RL-2	RL-3	RL-4	RL-5				
					12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017				
Rank	Name	Average	Total		Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping				
1	MAN WAI TIN	968	2904	956	OFFICIAL	863	2:00:53	1000	0:57:32	920	1:12:22	948	1:20:44
2	WONG CHI CHUNG ISAAC	967	2902	929	0:57:27	835	2:04:55	735	1:18:18	973	1:08:23	1000	1:16:33
3	LAU CHI CHUEN	925	2775	874	1:01:03		OT		DISQ	1000	1:06:33	901	1:24:59
4	LO WING SHIU	892	2677	970	0:55:01	1000	1:44:17		DISQ			707	1:48:18
5	CHAN KWOK WAI	753	2260		DNS	920	1:53:24	775	1:14:14			565	OFFICIAL
6	CHAN KAI WING DICKY	746	2237	603	1:28:30				OT	863	1:17:08	771	1:39:16
7	WONG SIU TONG	389	1168	552	1:36:38				OT	616	1:48:06		

8	CHEN FUK HOI	373	1120	482	1:50:42				DISQ	638	1:44:18		
9	LEUNG WAI KIN	364	1093	598	1:29:12		OT	494	1:56:25		DNS		DISQ
10	CHAN KAM ON ANDY	333	1000	1000	0:53:23		DNS		DNS		DNS		
11	CHAN KA SHING RICKY	327	982			982	1:46:11						
12	HUI WUN LAP	263	789		DNS				DISQ		DNS	789	1:36:59
13	KWONG KWOK WAH	230	690	690	1:17:20		DNS		DISQ				
	CHAN WAI KEI								OT		DNS		
	WONG HO MAN				DNS		DNS		DISQ				DISQ
	CHAN HOI MING HERMAN				DNS								
	CHENG CHUNG HANG								DNS		DNS		
	NG WAI MING				DNS		MP		DISQ				DISQ
	LEE BOB				DNS						OT		
	YAU TING YAN KELVIN								DNS		DNS		
	YOU GOUFENG								DISQ		DNS		
	CHAN TAK FUNG						OT						
	M45												
					RL-1	RL-2	RL-3	RL-4	RL-5				
					12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017				
Rank	Name	Average	Total		Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping				
1	HUI NGAI SANG	1000	2999	999	OFFICIAL	908	1:52:00	1000	0:50:50	998	0:44:31	1000	0:55:23
2	YEUNG WAI YIN ALEXIS	974	2922	1000	0:46:53	1000	1:41:39	897	0:56:40	922	0:48:13		DISQ
3	LIANG CHI HANG	936	2809	918	0:51:04	974	1:44:23	857	0:59:21	917	OFFICIAL	860	1:04:22
4	YIU VOR	883	2649	744	1:03:02		OT	905	0:56:10	1000	0:44:26		DISQ
5	KO MAN FUNG FRANCIS	843	2528	823	0:57:00	708	2:23:34	839	1:00:37			867	1:03:53
6	WONG HUNG ON WALLIS	830	2489	805	0:58:13		DNS	704	1:12:10	907	0:48:58	776	1:11:20
7	NG PATRICK	790	2370	801	0:58:32			601	1:24:31	839	0:52:59	730	1:15:49
8	LAU YAT CHOR	761	2282	763	1:01:27		DNS	793	1:04:07		DNS	726	1:16:16
9	FU MAN FAI	658	1973	503	1:33:13		MP		DISQ	809	0:54:56	661	1:23:46
10	WONG KIN LOK	657	1971	570	1:22:16		MP		OT	908	0:48:56	493	1:52:14
11	SIU MAN KWONG ERIC	599	1797	546	1:25:54		MP		DISQ	755	0:58:52	496	1:51:36
12	WONG WAI MING	535	1605				OT		OT	926	0:48:00	679	1:21:33
13	LAM MING PAN	410	1230					623	1:21:38	607	1:13:10		
14	YAN CHI HANG	393	1180					540	1:34:03			639	1:26:38
15	HO WING FAI	302	907	907	0:51:41		OT						
16	POON KA HANG	238	715							715	1:02:11		
17	LAM YIU HONG	236	707		OT		MP		DISQ	707	1:02:49		DISQ
18	LAU TAT KONG	209	626	626	1:14:52		OT						
19	YAU HO TAK	159	476		DNS						DNS	476	1:56:25
	KWAN YIU KEUNG												
	HO KANG KIT				DNS								
	HUNG KA MO, MAVERICK												
	WONG MAN WAI						DNF						
	CHEUNG WAI KEE								DISQ				
	CHAN WAI KIN						OT						
	M50												
					RL-1	RL-2	RL-3	RL-4	RL-5				
					12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017				
Rank	Name	Average	Total		Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping				
1	LAW WAI KAY	1000	3000	873	1:08:02	768	1:54:38	1000	0:47:16	1000	0:35:55	1000	1:13:16
2	YUE PUI CHUNG	945	2835			1000	1:28:00	513	1:32:04	909	0:39:31	926	1:19:06
3	CHAN KWOK WAI AARON	924	2773	1000	0:59:25	903	1:37:29	712	1:06:24	812	0:44:14	871	1:24:09

4	LEUNG LAP ON	853	2560	916	1:04:50	642	2:16:59	905	0:52:13	635	0:56:35	738	1:39:17
5	LEUNG SAI FONG	784	2351	806	1:13:44	714	2:03:11	732	1:04:35		DISQ	813	1:30:04
6	LEE CHUNG MING	753	2258	744	1:19:50	733	2:00:07	580	1:21:33	364	1:38:33	781	1:33:51
7	CHAN WING CHONG	656	1967	634	1:33:44	680	2:09:25	653	1:12:22	591	1:00:47		
8	WONG HON SHING	597	1792	764	1:17:47	628	2:20:05			400	1:29:50		
9	LAM KWOK WAH	500	1501	893	1:06:34			609	1:17:39				
10	YU HON MING	472	1416							681	0:52:45	736	1:39:36
11	CHAN SAN WAH	431	1293		DISQ			569	1:23:08	725	0:49:33		DISQ
12	LAW YAT HING	412	1235	603	1:38:33	632	2:19:12						
13	WONG CHUN MING	387	1162		DISQ			475	1:39:29	687	0:52:16		
14	SHIU CHI SHING	319	958	532	1:51:46		OT	427	1:50:48		DNS		DISQ
	TAM KA MAN				DISQ								
	SIU KWONG WAI								DISQ		DNS		
	LEUNG KWOK WAH						OT						
	M55												
					RL-1		RL-2		RL-3		RL-4		RL-5
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping
1	LEUNG LAM	961	2883	850	1:02:16	894	1:26:29	1000	0:48:37	984	0:36:44	900	1:25:47
2	SHAM WING MING	936	2808	923	OFFICIAL	747	1:43:32	969	0:50:10	915	0:39:29	886	1:27:06
3	WONG KIN IP	911	2732			542	2:22:43	788	1:01:41	1000	0:36:08	944	1:21:48
4	PANG KA CHOI	847	2540	635	OFFICIAL	1000	1:17:19				DNS	905	1:25:16
5	CHAN PO MING	837	2511	735	1:12:03	693	1:51:33	761	1:03:52	750	0:48:10	1000	1:17:11
6	HUI TUNG YING	797	2390	517	1:42:21			573	1:24:51	941	0:38:24	876	1:28:06
7	TONG KWAN YUEN	751	2252	563	OFFICIAL		OT	891	0:54:35	799	0:45:15		DISQ
8	HU SIU FUN	730	2190			704	1:49:49			769	0:46:59	717	1:47:43
9	CHAN CHUNG WING	550	1649	1000	0:52:57	649	1:59:08		OT		DNS		
10	LEE CHI KIN	399	1198			898	1:26:04					299	OFFICIAL
11	HUI YUK LAM	246	737	737	1:11:52		DNS						
	CHAN CHEUK SUN				DNS		DNS				DNS		
	LEUNG KWOK KEUNG				DISQ		DNS		DNS		DNS		
	M60												
					RL-1		RL-2		RL-3		RL-4		RL-5
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping
1	WONG KAM FEI	1000	3000	1000	1:16:54	1000	1:30:31		OT	1000	0:40:03	1000	1:27:44
2	YUE TING WANG	884	2653	867	OFFICIAL			817	1:44:36	938	0:42:43	848	1:43:30
3	CHIU LUEN KWAN	570	1710		OT		OT	1000	1:25:25	710	0:56:23		DISQ
4	MOK TO	405	1215						OT	911	0:43:58	304	OFFICIAL
	TSUI WING SING				DNS								
	WE												
					RL-1		RL-2		RL-3		RL-4		RL-5
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping
1	CHAN HAU WAH BRENDA	1000	3000	978	0:56:18	978	1:25:57	1000	0:40:10	1000	0:58:51	1000	1:04:25
2	LAM CHO YU	976	2929	919	0:59:54	1000	1:24:06	895	0:44:54	944	1:02:22	985	1:05:24
3	LUI WAI LAN IRIS	945	2834	889	1:01:55	783	1:47:28	962	0:41:46	983	0:59:53		
4	LEUNG KA KI	940	2821	968	0:56:54	934	1:30:04	813	0:49:23	870	1:07:40	920	1:10:03
5	LEE WING SZE VIVIAN	936	2809	881	1:02:30	732	1:54:51	716	0:56:08	963	1:01:08	966	1:06:43
5	FUNG CHARMAINE KAI WING	936	2809	1000	0:55:04	847	1:39:15	808	0:49:44	861	1:08:20	947	1:08:00
7	CHENG YUEN KI HILDA	864	2592	860	1:04:01			788	0:50:57			943	1:08:17

8	CHAN PUI FUNG	802	2406	822	1:07:01	841	1:40:00	744	0:54:01				
9	YU TSZ YING	778	2333	840	1:05:31			698	0:57:33	795	1:14:04		
10	YEE SZE WING	765	2296	669	1:22:19	751	1:51:58	601	1:06:48	766	1:16:51	779	1:22:41
11	SO WING MAN	720	2161	716	1:16:57	611	2:17:32	580	1:09:15	693	OFFICIAL	752	1:25:40
	NG KA YAN				DNS		DNS						
	W10												
					RL-1	RL-2	RL-3	RL-4	RL-5				
					12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017				
Rank	Name	Average	Total		Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping				
1	WONG YEE YAN	1000	3000	1000	0:39:02	579	1:30:54	686	1:01:31	1000	0:45:46	1000	1:06:15
2	YIU YIU	995	2986	681	0:57:19	1000	0:52:37	1000	0:42:13	830	0:55:07	986	1:07:11
3	TSANG CHUNG KIU	818	2453					944	0:44:43	539	1:24:55	970	1:08:20
4	SHIU WING YU	502	1506			759	1:09:17	746	0:56:34		DNS		
5	CHAN TSZ LING	249	746									746	1:28:50
6	CHAN CHING TUNG	173	518							518	1:28:19		
7	NG ERIN	142	427						DISQ	427	1:47:04		
	LO WING YIU CHELSEA												
	PONG HIU CHING												
	W12												
					RL-1	RL-2	RL-3	RL-4	RL-5				
					12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017				
Rank	Name	Average	Total		Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping				
1	FUNG WAI KI	1000	3000	1000	0:34:54	1000	0:24:48	1000	0:22:37	1000	0:28:04		
2	LEUNG HIU YUET	883	2650	518	1:07:25	912	0:27:12	781	0:28:57	690	0:40:41	957	1:04:18
3	FU HOI KI	878	2634	689	0:50:40	531	0:46:43	945	0:23:56	667	0:42:03	1000	1:01:34
4	YOU ROU	808	2424	550	1:03:28	423	0:58:35	952	0:23:46	922	0:30:26		
5	LO HOI CHING JOCELINE	676	2029					514	0:44:02	542	0:51:48	973	1:03:16
6	KO HIU MAN SOPHIE	601	1803			279	1:28:52	603	0:37:29	474	0:59:13	726	1:24:48
7	SHIU WING YIN	353	1058			489	0:50:40		DNS	569	0:49:22		
	WONG SZE WING						DNS						
	W14												
					RL-1	RL-2	RL-3	RL-4	RL-5				
					12/3/2017	2/4/2017	2/10/2017	22/10/2017	5/11/2017				
Rank	Name	Average	Total		Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping				
1	LO HOI YAN	1000	3000	1000	0:52:04	1000	1:37:34	1000	0:24:07	1000	0:28:53	701	0:55:14
2	SIU PUI YUET	858	2575	608	1:25:40		OT	929	0:25:57	981	0:29:27	665	0:58:14
3	WONG WING YIN	851	2554	871	0:59:48	988	1:38:45	678	0:35:33	695	0:41:34	590	1:05:34
4	YIU NAM	838	2514	904	0:57:36		OT			740	0:39:03	870	0:44:30
5	LAU HIN YI	822	2466	814	1:03:58		OT		DNS	652	0:44:17	1000	0:38:43
6	CHAN AMANDA CHUN YI	814	2441	727	1:11:37		OT	882	0:27:21	832	0:34:43	653	0:59:20
7	LEUNG HIU CHING	766	2298	760	1:08:29	772	2:06:21	651	0:37:04	711	0:40:38	765	0:50:36
8	WONG MAN YIN	729	2187	880	0:59:08		DNF	277	1:27:12	812	0:35:35	495	1:18:16
9	MAN WING	677	2032	472	1:50:19		OT	748	0:32:14	812	0:35:35		
10	KWONG TSZ WING	609	1827							852	0:33:55	975	0:39:42
11	CAI XIN YI	382	1146							712	0:40:33	434	1:29:16
12	CHU LI WEI RIE	297	892	892	0:58:22								
13	LAI KA UE	250	750							750	0:38:31		
14	KWOK SELINA	226	677			677	2:24:12						
15	NG CHARLOTTE	188	565						DNS	565	0:51:07		
	CHEUNG CHEUK YIN												
	YU KA WING				DNS		DNS						

	CAI XINYI							DNF						
	YAU HOI LING									DISQ				
	NG SZE MAI													
	TSANG SUM YEE													
	KWAN WEI LING CHLOE							DNF						
	NG CLARESTA										DNS			
	CHENG HIU CHING												DISQ	
	CHOI LOK									DNS		DNS		
	W16													
					RL-1		RL-2		RL-3		RL-4		RL-5	
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	FUNG WAI CHING	986	2957	1000	0:51:40		889	1:32:27	1000	0:56:07	909	0:51:14	957	1:41:32
2	YUE WEI YA	906	2717	861	1:00:00		1000	1:22:14		DNF		DNF	856	1:53:33
3	LEUNG KWAN KIU	574	1721						721	1:17:53	1000	0:46:33		
4	KU KA KI	825	2475	686	1:15:17			MP		DISQ	789	0:59:02	1000	1:37:09
5	CHENG SUM YU	489	1466	892	0:57:57		574	2:23:12						
6	FONG SIN HANG JADA	420	1260	485	1:46:34			MP			775	1:00:05		
7	MAK CHIU KI ASTOR	401	1204	457	1:53:09						747	1:02:19		
8	MOY SZE WING CLARA	376	1129	476	1:48:34			OT			653	1:11:17		
9	TSUI WING YUEN	309	928								928	0:50:11		
10	VERMEER ELENA YIN	275	826					DNF			826	0:56:21		
11	TANG LOK YI	237	711					DNF		DNF	711	1:05:30		DISQ
12	YEO VICTORIA ANNA	235	704	704	1:13:24									
13	TAM KA WING	214	642	642	1:20:30									
14	LUK KEI SUET ANGELA	204	611	611	1:24:31									
15	CHENG YEE YAN	200	600								600	1:17:33		
16	WONG YI YAN	179	538	538	1:36:07									
17	WONG LOK MAN	164	491	491	1:45:17									
18	MAK KAR TUNG	156	467	467	1:50:37									
19	TSE TSZ YIU	155	465	465	1:51:12									
20	LO LOK YIN JASMINE	149	448	448	1:55:14			OT						
	WONG YUET TO				DNF									
	CHENG WING YI				DISQ			OT						
	CHIU TSZ YING							DNF				DNF		
	W18													
					RL-1		RL-2		RL-3		RL-4		RL-5	
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	WONG TSUI SHAN	638	1913		DNF		913	2:17:34			1000	1:02:02		
2	FUNG WING KI	333	1000				1000	2:05:33						
3	YUEN JISI JACQUELINE	321	962				962	2:10:31						
	CHIU CHING				OT									
	LEE HONG YING				OT			OT				DNF		DISQ
	W20													
					RL-1		RL-2		RL-3		RL-4		RL-5	
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017	
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	CHU YING YAU	1000	3000	1000	0:48:05		1000	1:06:24	811	0:47:36	916	1:04:16	1000	0:55:09
2	WONG YI SHAN	973	2919	888	0:54:08		919	1:12:14	1000	0:38:35	1000	0:58:54		
3	LEUNG HEI TUNG	925	2774	934	0:51:29		814	1:21:35	916	0:42:06	924	1:03:46	809	1:08:10

	CHAN SZE LAI				OT		DNF								
	KWOK KA WAH CARA				DISQ		DNS				DNS				
	CHAN FUNG SHAN EVELY														
	SO MAN TING TAMI						DNS								
	W50														
					RL-1		RL-2		RL-3		RL-4		RL-5		
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017		
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping		
1	WONG YUK HING	1000	3000	1000	0:56:24		1000		1:53:23	1000	1:08:28	1000	0:44:20	DISQ	
2	AU WING SEE	897	2690		OT		963		1:57:41	827	1:22:45	899	0:49:20	DISQ	
3	CHAN LAI CHU	818	2455	613	1:32:02				OT		842	0:52:40	1000	1:57:20	
	LEUNG YEE MAN				DNS				DISQ			DNS			
	NG MIU LAN								DISQ			DNS		DISQ	
	CHAN YUK CHI							MP							
	W55														
					RL-1		RL-2		RL-3		RL-4		RL-5		
					12/3/2017		2/4/2017		2/10/2017		22/10/2017		5/11/2017		
Rank	Name	Average	Total		Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping		
1	CHUI LAI KUEN CANDY	1000	3000	1000	1:05:06		1000		2:07:36		DISQ	1000	0:40:25	1000	1:29:08
2	CHAN SIU LIN	892	2675	925	1:10:21				OT	1000	1:30:11	750	0:53:54		
3	WONG YUK CHING LAM	535	1604	911	1:11:27				OT		DISQ	693	0:58:20		DISQ
4	LEUNG YEE MAY	420	1260	734	1:28:43				DNF		DISQ	526	1:16:52		DISQ
					Time Limit:		2:00:00		2:30:00		2:00:00		2:00:00		2:00:00