

2016年度年終排名成績 短距離  
 Sprint Distance Events Ranking Results 2016  
 更新 Updated On: 2017-01-03

Rank	ME Name	Average	Total	RL-1	RL-2	RL-3	RL-4
				2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Yu Tsz Wai	983	2950	969 00:16:36	946 14:27.3	1000 00:16:22	981 00:09:26
2	Yip Chak Lun Gerald	963	2889	889 00:18:06	1000 13:40.7	877 00:18:40	1000 00:09:15
3	Lee Kin Wai	950	2850	990 00:16:15	906 15:05.8	842 00:19:26	954 00:09:42
4	Tam Wing Chung	939	2817	961 00:16:44	918 14:53.6	938 00:17:27	914 00:10:07
5	Man Chi Kin	915	2744	940 00:17:07	890 15:22.4	913 00:17:55	891 00:10:23
6	Hui Siu Tung	882	2646	923 00:17:26	915 14:57.1	784 00:20:53	808 00:11:27
7	Lam Ka Ching	871	2612	1000 00:16:05	814 16:47.8	798 00:20:31	599 00:15:27
8	Chow Man Long	860	2579	835 00:19:16	884 15:28.8	860 00:19:02	771 00:12:00
9	Lee Yeung Chi	800	2401	785 00:20:30	783 17:28.5	728 00:22:29	833 00:11:06
10	Choy Kwok Wai	791	2374	838 00:19:12	657 20:49.2	879 00:18:37	
11	Chau Po Lok	746	2238	744 00:21:37	737 18:33.7	610 00:26:49	757 00:12:13
12	Cheung Kwok Wai	745	2234	853 00:18:51	760 18:00.0	621 00:26:21	
13	Choi Wai Kit	719	2156	752 00:21:24	696 19:39.6	677 00:24:11	708 Official
14	Luk Chi Hin	717	2151	778 00:20:41		634 00:25:48	739 00:12:31
15	Tsang Chun Chi	685	2055	747 00:21:32	644 21:14.2	664 00:24:39	369 00:25:03
16	Chan On Lap	602	1806	0 OT	451 Official	607 00:26:57	747 00:12:23
17	Lau Kwok Sang	587	1761	578 Official	609 22:28.3	575 00:28:29	550 00:16:50
18	Ma Lok Hin	581	1743			977 00:16:45	766 00:12:05
19	Lo Joseph	524	1572			789 00:20:44	783 00:11:49
20	Chan Tsz Chung	465	1395	727 00:22:08		668 00:24:29	
21	Mak Yui Kan Raphael	362	1087	272 Official			815 00:11:21
22	Lam Aby	262	785	872 00:18:27		DISQ	785 00:11:47
23	Chiu Yau Chung	252	756			567 00:28:53	189 Official
24	Lam Trevor Koonchi	240	720	720 00:22:20			

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Rank	Name	Average	Total	RL-1	RL-2	RL-3	RL-4
				2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Yang Wang Shun Ryan	896	2688	820 00:18:23		868 00:39:27	1000 00:18:25
2	Lau Kin Pong	644	1933	1000 00:15:05			933 00:19:44
3	Sing Nathan	516	1547			1000 00:34:14	547 00:33:39
4	Wu Ming Chit	439	1317	554 00:27:13			763 00:24:09
5	Ip Hei Hong	319	958			958 00:35:45	
6	Yeung Lok Hei	288	864	864 00:17:28	0 OT		
7	Cheung Chit Wai	279	838				838 00:21:59
8	Chen Ka Hei	263	788	788 00:19:08		DISQ	
9	Leung Wai Ho	257	771	771 00:19:34		DISQ	
10	Leung Chun Fai	243	730	730 00:20:40			
11	Wong Yin Kwan Gavin	199	597	597 00:25:16		DISQ	
12	Tiu Chun Hong	198	595			595 00:57:33	
13	Ng Pak Yin	188	565	565 00:26:41			
14	Leung Ching For	186	559	559 00:26:59			
15	Choy Chun Kiu Travis	183	549	549 00:27:29		DISQ	
16	Ng Ames	179	536			DISQ	536 00:34:23
17	Au Yeung Long	173	518	518 00:29:07		DISQ	
18	Ho King One	161	483	483 00:31:14			
19	Chan Lok Sum	160	479	479 00:31:31			
20	Liu Chun Yin	132	395	395 00:38:10			
21	Tang Jayden	129	386	386 00:39:05			
22	Wong Hin Yeung	124	373	373 00:40:28			
23	Lo Yat Long	124	371	371 00:40:39			
24	Wong Kwan Yui	116	349	349 00:43:10		DISQ	
25	Au Chi Ho	115	344	344 00:43:48		DISQ	
26	Ng Man Hoi Max	110	331	331 00:45:31		DISQ	
27	Tam Ho Hin	105	316	316 00:47:43		DISQ	
28	Chan Darren Wang Hei	88	263	263 00:57:26		DISQ	
	Kwei Ka Chun	0	0	0 OT		DISQ	
	Wan Tze Yu Arthur	0	0	0 OT		DISQ	
	Chow Pak Kiu	0	0	0 OT		DISQ	



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				2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Lau Cheuk Nam	1000	3000	1000	1000	1000	897
				00:19:22	21:49.0	00:34:41	00:11:51
2	Lo Chun Hei	938	2815	930	998		887
				00:20:49	21:52.1	DISQ	00:11:59
3	Fong Cheuk Long Ethan	876	2627	950		677	1000
				00:20:23		00:51:16	00:10:38
4	Siu Pui Lok	751	2254	635	671	701	882
				00:30:31	32:29.8	00:49:29	00:12:03
5	Wong Wai Hin	587	1760	949	811		
				00:20:25	26:53.5		
6	Tsang Wui Man Nereus	444	1332	525			807
				00:36:52		DISQ	00:13:11
7	Leung Yan Ho	225	674			DISQ	674
							00:15:46
8	Lau Chun Yin Bryan	152	457	457		DISQ	
				00:42:22			
9	Wong Ho Him	149	448	448			
				00:43:13			
10	Kwan Sze Hang	145	436	436			
				00:44:28			
11	Lui Chun Ethan	133	399	0	399		
				OT	54:41.8		
12	Li Cheuk Hei	131	393	393			
				00:49:16			
13	Lam Yat Chak Avignon	129	387	387			
				00:50:06			
14	Leung Chin Shek	126	377	377			
				00:51:19			
15	Wong Long Yat	122	366	366			
				00:52:57			
16	Chan Cheuk Sum Jayden	115	346	346			
				00:55:59			
17	Ng Chun Wo	109	328	328			
				00:59:05		DISQ	
	Yuen Chi Hang	0	0	0			
				OT		DISQ	
	Lam Sheung Fai Alex	0	0	0			
				OT			
	Li Ming Sum	0	0	0			
				OT		DISQ	
	Poon Tsz Ming	0	0	0			
				OT			
	Wong Lok Hang	0	0	0		0	
				OT		OT	
	Tang Dong Kok	0	0				
				DISQ			
	Lam Nok Hei	0	0				
				DISQ			
	Chan Chun Ting	0	0				
				DISQ			
	Chan Chi Hin	0	0				
				DISQ			
	Law Shing Yiu	0	0				
				DISQ		DISQ	
	Tsang Lok Hin Marco	0	0				
				DISQ			
	Lam Cheuk Kwan	0	0				
				DISQ			
	Lam Zion Shek Yan	0	0				
				DISQ			

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	Cheng Chun Hon	0	0		0	
					OT	
	Wong Yi Tao	0	0		0	
					OT	
	Lo Yik Ming	0	0		0	
					OT	
	Ching Tsz Lok	0	0			DISQ
	Fok Ka Ming	0	0			DISQ
	Lau Tin Nok Tim	0	0			DISQ
	Leung Cheuk Ting	0	0			DISQ
	Ng Theo Cheuk Fai	0	0			DISQ
	Cheung Jacob	0	0			DISQ
	Law Hei Tung Ayden	0	0			DISQ
	Man Pak Tin	0	0			DISQ
	Tsang Tung Kin	0	0			DISQ
	Li King Ngai	0	0			DISQ
	Leung Wang Hon	0	0			DISQ
	Ng Darren	0	0			DISQ
	Kiang Chun Ting	0	0			DISQ
	Yip Kai Ching	0	0			DISQ
	Wong Lok Tin	0	0			DISQ

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Rank	Name	Average	Total	RL-1	RL-2	RL-3	RL-4
				2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Au Joshua Ho Kiu	923	2768		1000	1000	768
					18:47.3	00:17:03	00:17:22
2	Wong Yat Hei	841	2522	906		616	1000
				00:20:51		00:27:41	00:13:20
3	Lam Wang Hong Nerio	829	2488	991		668	829
				00:19:03	DISQ	00:25:32	00:16:05
4	Lee Sze Lut Nazirite	739	2217	847		632	737
				00:22:18		00:26:58	00:18:05
5	Wu Cheuk Hei	694	2083	955		529	599
				00:19:47		00:32:13	00:22:15
6	Man Tsan Shun	640	1921	839		567	515
				00:22:30		00:30:05	00:25:53
7	Shum Siu Long	637	1910	932		485	493
				00:20:16		00:35:11	00:27:02
8	Lam Hiu Yeung	623	1870	757	449		664
				00:24:57	41:49.5		00:20:05
9	Wong Cheuk Him	574	1723		674	372	677
					27:53.0	00:45:53	00:19:41
10	Yip Ho Wang Owen	374	1123		429		694
					43:48.2		00:19:13
11	Lau Chun Hei Andrew	340	1021	714		307	
				00:26:26		00:55:30	
12	Leung Samuel	333	1000	1000			
				00:18:53			
13	Lai Ho Wang	291	872		0	356	516
					OT	00:47:54	00:25:49
14	Chan King Wo	210	630	630			
				00:29:58			
15	Song Yi Ding	204	611	611			
				00:30:54			
16	Kung Kai Sheng	198	595	595			
				00:31:43			
17	Chan Yu Wang	182	545		545		
				DISQ	34:29.5		
18	Ang Chun Hei	173	518	518			
				00:36:29			
19	Ho Him To	170	509	509			
				00:37:04			
20	Lee Cheuk Him Alton	146	439	439			
				00:43:00			
21	Lau Chun Hin	125	375		0	375	
					OT	00:45:25	
	Law Tsz Lok	0	0	DISQ			

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M14				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Chung Ho Yin	965	2894	1000 00:18:15	1000 13:05.4	894 00:18:27	773 00:11:19
2	Lum Cheuk Hei	938	2815	912 00:20:01	903 14:30.2	1000 00:16:30	740 00:11:49
3	Law Sing Yu Sean	669	2007	701 00:26:02	707 18:30.3	599 00:27:34	589 00:14:51
4	Tam Hoi Wun	660	1979	668 00:27:18	572 22:52.6	642 00:25:41	669 00:13:05
5	Yam Kai Yui Hubert	636	1909			909 DISQ 00:18:09	1000 00:08:45
6	Chan Chun On	596	1787	560 00:32:34	516 25:20.9	711 00:23:12	405 00:21:37
7	Chan Cheuk Ki	564	1693	650 00:28:05	540 24:13.5	300 00:54:56	503 00:17:23
8	To Chung Yin	537	1612	626 00:29:10	526 24:52.9	460 00:35:52	438 00:19:58
9	Wan Marco	495	1486	716 00:25:30		770 00:21:25	
10	Sieh Cheuk Nam	472	1416	674 00:27:04		742 00:22:15	
10	Lai Hing Fung	472	1416	634 00:28:47	456 28:42.1	326 00:50:37	
12	Cheng Kai Man	426	1278			611 00:27:01	667 00:13:07
13	Tong Shee Yiu	399	1198	625 00:29:11	573 22:51.0		
14	Leung Chun Hei	337	1010	502 00:36:22			508 00:17:14
15	Poon Lap Hang	331	992	600 00:30:26		392 00:42:06	
16	Yam Tsz Hong	325	976	DISQ		344 00:48:00	632 00:13:51
17	Wong Wang Hon	238	713			435 00:37:57	279 00:31:25
18	Wong Pak Wai	213	638			638 00:25:51	
19	Lau Ho Man Isaac	181	543		DISQ	DISQ	543 00:16:06
20	Wong Nok Hin	172	516	516 00:35:23			
21	Chan Sin Kei	161	484		DISQ		484 00:18:04
22	Chan Kirk	138	415			415 00:39:48	
23	Wong Tsz Yui Jeffrey	119	358			358 00:46:04	

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Rank	Name	Average	Total	RL-1	RL-2	RL-3	RL-4
				2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Chan Chun Hei	996	2989	989 00:18:37	1000 14:48.4	1000 00:17:39	1000
2	Leung Chung Wai	995	2986	999 00:18:26	956 15:29.2	987 00:17:53	1000 00:09:55
3	Wong Tsz Chun Jason	994	2983	1000 00:18:25		993 00:17:47	990 00:10:01
4	Shiu Chit Him	899	2697	901 00:20:26	935 15:50.1	861 00:20:30	
5	So Ka Wang	859	2576	865 00:21:18	DISQ	803 00:21:58	907 00:10:56
6	Lam Hiu Chak	788	2364	907 00:20:18	655 22:36.0	766 00:23:03	691 00:14:21
7	Yuen Wai Kit	623	1869	660 00:27:55		493 00:35:48	716 00:13:51
8	Ng Lai Hang	600	1800	752 00:24:30	614 24:07.1	383 00:46:06	434 00:22:51
9	Li King Wun	554	1663	691 00:26:40		468 00:37:45	504 00:19:40
10	Yip Tsz To	536	1609	681 00:27:02		540 00:32:42	389 00:25:31
11	Law Hong Chun Zachary	516	1549	536 00:34:22	251 58:55.8	509 00:34:40	503 00:19:42
12	Lee Hong Pui	501	1502		513 28:52.1	705 00:25:02	284 00:34:57
13	Huang Tong Sheng	482	1446	506 00:36:22	483 30:41.2	457 00:38:36	281 00:35:19
14	Ng Kok Wing	467	1401	683 00:26:57	404 36:39.6	314 00:56:12	399 00:24:51
15	Tsui Tung Ming	451	1354		592 25:00.7	305 00:57:52	457 00:21:43
16	Tsui Koon Wai	432	1297			732 DISQ	565 00:17:33
17	Fong Tsz Lo	419	1256			612 00:28:49	644 00:15:24
18	Mei Jialong	326	979	435 00:42:18	544 27:13.9		
19	To Ching Hong	314	941			438 00:40:18	503 00:19:43
20	Chak Chun Wai	304	913	913 00:20:10			
21	Yue Wei Yi	215	646	646 00:28:31			
22	Wong Timothy Bryan C	206	618	154 Official		463 00:38:05	
23	Tai Chun Yin	155	466	466 00:39:33			
24	Chan Ka Yiu	153	459			459 00:38:27	
25	Chau Chun Ngai	145	436	436 00:42:16			
25	Wong Chin Hoi	145	436				436 00:22:45
27	Chan Chuek Kai Kevin	120	359				359 00:27:39
28	Yu Ngo Yin	74	222				222 00:44:45
29	Tai Sung Chit	62	187				187 00:52:56
	Cheng Tsz Kin	0	0				
	Choi Wing Kit	0	0				

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M18				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Chu Yau Man	976	2929	1000 00:16:20	1000 14:08.6	929 00:17:16	847 00:10:01
2	Wong Cheuk Wang	970	2909	929 00:17:35	908 15:34.1	980 00:16:22	1000 00:08:29
3	Yu Tsz Fung	961	2884	999 00:16:21	883 16:01.4	1000 00:16:02	885 00:09:35
4	Cheung Yan Wai	823	2468	918 00:17:47	857 16:30.0	693 00:23:08	406 00:20:55
5	Ng Sung Chak	719	2158	762 00:21:26	650 21:45.7	746 00:21:30	578 00:14:40
6	Tse Lok Hin	659	1976	746 00:21:54	676 20:55.0	450 00:35:38	554 00:15:18
7	Cheng Ho Wang	657	1971	662 00:24:41	637 22:12.1		672 00:12:37
8	Ng Ki Fung Jason	621	1863	720 00:22:42	537 26:21.5	606 00:26:27	518 00:16:22
9	You Yi	579	1737	682 00:23:58	503 28:08.2	552 00:29:03	331 00:25:38
10	Ng Ka Lok	550	1649	515 00:31:43	575 24:35.6	411 00:38:58	559 00:15:10
11	Li Hao Wei	523	1568	629 00:25:57	565 25:00.8	374 00:42:50	
12	Tam Chin Hang	430	1291			654 00:24:31	637 00:13:19
13	Che Yao Cheng	362	1085		637 22:11.7		448 00:18:57
14	Yu Ruihong	332	996	554 00:29:28	442 32:00.4		
15	Yuen Wai Hei	307	920			546 00:29:22	374 00:22:42
16	Tang Wai Nam	296	889			494 00:32:27	395 00:21:30
17	Lam Limson	197	592			592 00:27:05	
18	Chan Tai Hing	185	555			300 00:53:31	256 00:33:10
19	Leung Ho Hin	176	527			527 00:30:25	
20	Liu Chi Chung	168	503			503 00:31:52	
21	Chan Chun Hang	152	455				288 00:50:33
22	ZHENG Jun meng	138	415				415 00:20:26
23	Su Liu Tai	131	392			392 DISQ	
24	Wong Tin Long	114	342	342 00:47:44			
	Tsang Ho Yeung	0	0	DISQ			
	Leung Ka Chai Bobby	0	0			DISQ	
	Leung Ka Chai Michael	0	0			DISQ	
M20				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Shiu Chit Hei	972	2916	976 00:18:05		1000 00:16:05	940 00:10:31
2	Li Chun Ho	936	2808	1000 00:17:39		945 00:17:01	863 00:11:27
3	Yue Wei Yong	859	2578	877 00:20:07	1000 14:18.0		701 00:14:06
4	Shi Junlin	740	2220	814 00:21:41	798 17:55.0	608 00:26:28	356 00:27:48
5	Ng Kok Hei	739	2216	880 00:20:03	705 20:16.9	631 00:25:30	488 00:20:14
6	Chung Austin	584	1751			751 00:21:25	1000 00:09:53
7	Li Sing Wai	573	1718			796 00:20:12	922 00:10:43
8	Ling Chung Yin	568	1704	598 00:29:32	546 26:11.5	560 00:28:43	
9	Chui Tsz Ho	563	1688	707 00:24:57	546 26:12.0	435 00:36:56	403 00:24:30
10	Cheng Tsz Fung	540	1620	786 00:22:27	420 34:03.1		414 00:23:52
11	Lau Kwun Him Himmy	233	699			699 00:23:01	
	Leung Hong Ting	0	0			DISQ	

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				RL-1	RL-2	RL-3	RL-4
				2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Cheung Chi Ko	988	2965	1000 00:16:11	965 17:00.2	1000 00:21:44	941 00:12:23
2	Chan Tin Mong	987	2962	884 00:18:18	1000 16:24.7	962 00:22:36	1000 00:11:39
3	Kwong Man Fai Timothy	912	2737	853 00:18:58	888 18:28.9	907 00:23:58	942 00:12:22
4	Cheng Yuk Tung	909	2727		855 19:11.7	935 00:23:14	937 00:12:26
5	Man Yiu Fung	847	2540	779 00:20:47	806 20:21.0	817 00:26:36	917 00:12:42
6	Chan Chun Kit	835	2505	626 Official		920 00:23:37	959 00:12:09
7	Wong Yu Hong Bryan	810	2431	949 00:17:03		948 00:22:56	535 00:21:47
8	Ho Tsz Hang Stephen	807	2421	817 00:19:48	747 21:57.6	747 00:29:06	857 00:13:36
9	Cheung Kang Kai	763	2290	655 00:24:42	798 20:34.0	749 00:29:01	743 00:15:41
10	Wong Man Wa	756	2269	634 00:25:32	840 19:31.8	795 00:27:21	601 00:19:23
11	Yu Sai Hong	752	2255		819 20:02.2	771 00:28:11	665 00:17:31
12	Chung Tsz Kin	717	2151	795 00:20:21		684 00:31:46	671 00:17:21
13	Yuen Tung Nam	694	2082	673 00:24:02	720 22:48.0	689 00:31:32	
14	Chau Chi Kin	685	2055		679 DISQ	828 24:10.1	548 00:21:16
15	Chan Chi Keung	681	2044		661 24:49.5	652 00:33:20	731 00:15:56
16	Chu Hing Shing	666	1999	611 00:26:30	629 26:05.7	759 00:28:37	480 00:24:17
17	Tang Yeung Chiu Dennis	642	1925	525 00:30:51	750 21:52.1	650 00:33:25	
18	Ng Ka Sing	640	1919	658 00:24:35	562 Official	698 00:31:07	330 00:35:17
19	Ng Kwok Fung	615	1846	595 00:27:12	614 26:43.5	637 00:34:06	0 OT
20	Lee Ting Ho Gilbert	613	1838		669 24:32.8	714 00:30:27	456 00:25:34
21	Lui Tsz Hin	603	1809	628 00:25:45		608 00:35:45	573 00:20:20
22	Leung Chi Hang	587	1762	820 00:19:44	942 17:24.9		
23	Wong Wai Ngai Eric	583	1748		830 19:46.7	918 00:23:41	
24	Chan Ping Kin	563	1689		564 DISQ	540 29:06.6	585 00:19:55
25	Chan Yip Sang	492	1477			785 00:27:42	693 00:16:49
26	Leung Yat Lai Adrian	483	1448	702 00:23:03		746 00:29:07	
27	Chan Chun Fung	480	1440	602 00:26:52		838 00:25:57	
28	Ho Nga Tik	442	1325		713 00:22:42	612 26:50.3	
30	Lum Cho Fai	435	1306			582 28:11.0	724 00:30:01
29	Chan Kam On Andy	434	1301	707 00:22:53			594 00:19:36
31	Yim Chun Wai	386	1158			535 00:40:39	623 00:18:42
32	Lam Ming Yiu	364	1091	545 00:29:43	546 30:03.4		
33	Tam Wei Yeung Sunny	348	1045			784 00:27:44	261 Official
34	Hui Lok Hin	337	1011	570 00:28:23	441 37:10.8		
35	Poon Brian	316	949	949 00:17:03			
36	Kwok Kin Kwan	312	936			936 00:23:13	
37	Lai Ka Pak	255	764			764 00:28:26	
38	CHEUNG SIU HEI	254	762				762 00:15:17
39	Li Fuk Lung Bruce	235	705				705 00:16:31
40	Chan Chi Sing Clement	228	684	684 00:23:40			

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41	Choi Kwok Kin	212	637				637 00:18:17
42	Sy Huan Kun	210	631	631 00:25:38		0 OT	
43	MUI HO LAM	207	620				620 00:18:47
44	Cheung Yat Lung Tommy	203	608	608 00:26:38			
45	Ng Wing Yuen	198	594	594 00:27:15			
46	Mok Yue Hong Louis	192	575	575 00:28:09			
46	Hui Yan Ting	192	577				577 00:20:11
48	Ho Hui Nam	186	557		557 29:29.4		
49	Mok Chi Kong	177	530	530 00:30:32			
50	Li Kong Fung	176	528				528 00:22:04
51	Shek Ming Lun	175	525			525 00:41:25	
52	Tsui Wing Sing	172	516			516 00:42:08	
53	LEUNG YAT YIN	165	495				495 00:23:33
54	Wong Kin Ip	153	460	460 00:35:12	DISQ	0 OT	451 00:25:50
55	Chen Jin Bin	148	443		443 37:01.4		508 00:22:56
56	Kwong Kin Ming	130	390				390 00:29:51
57	Tse Yik Wah	121	362				362 00:32:10
58	CHEN Guobin	117	350				350 00:33:17
59	Lo Kam Tao Leo	112	336	336 00:48:09	DISQ		
60	Keung Siu Ming	103	309	309 00:52:19		DISQ	
61	MI Shek	101	304	304 00:53:15			
	Chan Peter	0	0		DISQ		
	Yeung Kwok Keung	0	0		DISQ	DISQ	
	Chu Ho Ming Herman	0	0			0 OT	
	Ho Ming Him	0	0			DISQ	

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M35				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Cheng Ping Kuen	991	2972	972 00:18:57	1000 16:18.3	799 00:27:14	1000 00:11:40
2	Chung Wai Nang	888	2664	945 00:19:29	911 17:53.7	714 00:30:27	808 00:14:26
3	Lo Horace	829	2488	880 00:20:55		1000 00:21:45	608 00:19:11
4	Liang Chi Hang	797	2392	814 00:22:38	821 19:51.6	757 00:28:44	591 00:19:44
5	Wong Chi Yin	761	2284	966 00:19:04		845 00:25:44	473 00:24:41
6	Cheong Kung Pan	756	2268		726 22:28.4	838 00:25:57	704 00:16:34
7	Li Ming Chi	747	2241	793 00:23:14	932 17:30.1		516 00:22:37
8	Cheung Chi Shing	742	2227	746 00:24:41	718 22:42.8	763 00:28:31	240 00:48:37
9	Fung Chun Pan	670	2010	711 00:25:55	660 24:41.3	639 00:34:01	
10	Choi Yuen Hang	615	1845			979 00:22:13	866 00:13:28
11	Tang Chun Kit	592	1776	1000 00:18:25		776 00:28:02	DISQ
12	Lee Man Wai	587	1761	637 00:28:56	440 Official		684 00:17:04
13	Lo Wing Pun	499	1498	644 00:28:37	DISQ	479 00:45:26	375 00:31:05
14	CHUNG CHI MING	409	1228			307 Official	921 00:12:40
15	Yeung Suen Yu	400	1201			685 00:31:45	515 00:22:38
16	Chiang Wai Ming	387	1162			669 00:32:30	493 00:23:41
17	Leung Chi Yan	235	706				706 00:16:32
18	Chan Chit Hung Isaac	220	660			660 00:32:58	
19	Lung Ting Wong	214	642	642 00:28:40			
20	Wong Ka Wai Frank	197	591	591 00:31:11		0 OT	
21	Yuen Chi Kin	178	533	533 00:34:33			
22	CHAN SIU CHUNG	172	517				517 00:22:35
23	Chu Yuk Ming	159	478			478 00:45:29	
24	Lau Chun Fun	147	440			0 OT	440 00:26:30
25	WONG SIU TONG	143	430				430 00:27:09
26	Lui Yuen Ming	117	352				352 00:33:11
	Hui ka ho jason	0	0				DISQ

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<b>M40</b>				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Lo Wing Shiu	1000	3000	1000 00:21:41	1000 23:06.5	1000 00:29:48	1000 Official
2	Lau Chi Chuen	903	2710	890 00:24:21		962 00:30:59	858 00:22:58
3	Leung Wai Kin	727	2182	654 00:33:10	698 33:05.4	830 00:35:55	613 00:32:09
4	Wong Ho Man	411	1232			775 00:38:27	457 00:43:05
5	Wong Chi Chung	333	1000				1000 00:19:42
6	Chan Kai Wing Dicky	326	978		978 23:37.4		DISQ
	Chow Hiu Shuen	0	0				DISQ
<b>M45</b>				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Chung Hon	997	2992	1000 00:20:40	1000 17:14.7	DISQ	992 00:14:08
2	Yu Shin Ho	974	2921	955 00:21:39	966 17:51.1	731 00:28:06	1000 00:14:01
3	Yeung Wai Yin Alexis	917	2750	914 00:22:36	877 19:39.3	840 00:24:28	959 00:14:37
4	Hui Ngai Sang	871	2614	781 00:26:28		1000 00:20:33	833 00:16:49
5	Ng Kam Fu Patrick	707	2122	594 00:34:48	660 26:07.7	453 00:45:21	868 00:16:09
6	Chan Kwok Wai Aaron	647	1942	780 00:26:29	583 Official	579 00:35:30	390 00:35:59
7	Fu Man Fai	547	1641	699 00:29:34	481 35:53.1	461 00:44:35	
8	Shiu Chi Shing	445	1334	552 00:37:27	437 39:29.6	345 00:59:37	
9	Wong Wai Ming	417	1252		612 28:11.9		640 00:21:55
10	Ko Man Fung Francis	301	903				903 00:15:31
11	Kwan Yiu Keung	252	755	755 00:27:22			
12	Lau Yat Chor	225	674				674 00:20:47
13	Cheung Wai Kee	146	438			438 00:46:52	
14	Wong Kin Lok	130	390			390 00:52:38	0 OT
15	Wong Man Wai	116	349			0 OT	349 00:40:08
	Tong Wai Ming	0	0				DISQ



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<b>M55</b>				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Man Wai Tin	1000	3000	1000 00:18:14	1000 22:11.2	DISQ	1000 00:13:12
2	Leung Lam	888	2665	916 00:19:54	822 26:59.3	872 Official	877 00:15:03
3	Lee Chi Kin	882	2647		662 Official	1000 00:29:59	985 00:13:24
4	Pang Ka Choi	881	2643	676 00:26:59	989 22:26.4	978 00:30:39	676 00:19:32
5	Chan Po Ming	727	2181		744 29:49.0	760 00:39:27	677 00:19:30
6	Yiu Chi Sing	622	1866	664 00:27:28	593 37:25.1	440 01:08:05	609 00:21:40
7	Chan Chung Yu	227	680	680 00:26:48			
<b>M60</b>				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Tong Kwan Yuen	995	2986	986 00:24:52		1000 00:25:36	1000 00:17:22
2	Yue Ting Wang Dominic	949	2846	1000 00:24:31	1000 22:46.6	642 00:39:54	846 00:20:31
3	Mok To	554	1661	717 00:34:11	415 Official	529 00:48:24	
4	Chiu Luen Kwan	398	1194		778		416
				DISQ	29:16.1		00:41:47

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<b>WE</b>				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Yu Wing Hay	968	2903	1000 00:17:16	1000 15:02.7	903 00:22:20	
2	Chan Hau Wah Brenda	965	2894	995 00:17:21	899 16:43.8	800 00:25:13	1000 00:11:38
3	Lui Wai Lan Iris	917	2750	939 00:18:23	894 16:49.3	882 00:22:52	917 00:12:41
4	Fung Charmaine Kai Wing	913	2739	863 00:20:01	923 16:18.2	953 00:21:10	590 00:19:44
5	Leung Ka Ki	911	2734	855 00:20:12	879 17:06.5	1000 00:20:10	761 00:15:17
6	Yu Tsz Ying	901	2702	944 00:18:17	877 17:09.4	881 00:22:54	707 00:16:27
7	Cheng Yuen Ki Hilda	758	2274	798 00:21:38	792 18:59.7	684 00:29:29	676 00:17:12
8	Chan Lai Yee	700	2101	907 00:19:02		719 00:28:02	475 00:24:31
9	So Wing Man	684	2052	716 00:24:07	659 22:50.0	677 00:29:47	636 00:18:18
10	Lee Wing Sze Vivian	593	1779			937 DISQ	842 00:13:49
11	Chan Pui Fung	252	757				757 00:15:22
12	Lam Ka Yi	250	749	749 00:23:03			
13	Chan Sau Mei	202	605			605 00:33:21	
14	Tang Po Wa	184	553			553 00:36:28	
<b>W8</b>				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Leung Yan Tung	333	1000			DISQ	1000 00:39:02

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W10				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Ko Hiu Man Sophie	755	2264	1000 00:33:34	675 49:15.8	DISQ	589 00:50:08
2	Leung Hiu Yuet	672	2015	681 00:49:16	733 45:20.9	DISQ	601 00:49:09
3	Wong Ching Hei	597	1790	986 00:34:03	804 41:21.7		
4	Wong Yee Yan	525	1574		1000 33:14.6	DISQ	574 00:51:25
5	Mak Tin Yan	333	1000	0 OT			1000 00:29:31
6	Lo Wing Yiu	320	960				960 00:30:44
	Lai Hoi Ching	0	0	0 OT			
	Tang Yuet Ling	0	0	0 OT			
	Shiu Wing Yu	0	0	0 OT			
	Hung Cheuk Yin	0	0	DISQ			
W12				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Fung Wai Ki	944	2833	1000 00:20:02	816 31:24.7	833 00:44:36	1000 00:10:20
2	Siu Pui Yuet	934	2802	849 00:23:36	900 28:29.6	1000 00:37:08	902 00:11:27
3	Lo Hoi Yan	783	2350	619 00:32:23	1000 25:38.6	670 00:55:24	680 00:15:12
4	Fu Hoi Ki	714	2141	680 00:29:27	667 38:25.2	794 00:46:46	
5	Leung Hiu Ching	705	2115	854 00:23:28	883 29:03.4	0 OT	378 00:27:19
6	Fong Ching, Sunnie	229	686		686 37:23.2		
7	Shiu Wing Yin	181	544	544 00:36:48			
8	Yuen Yin Hang	171	514	514 00:38:57			
9	Ong Tin Yan	125	375				375 00:27:32
10	Lai Sum Yee	120	361				361 00:28:37
11	Ng Charlotte	94	282		DISQ		282 00:36:37

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Rank	Name	Average	Total	W14	RL-1	RL-2	RL-3	RL-4
				2016/3/25	2016/5/15	2016/9/11	2016/10/23	
				Kowloon Park	High Island	THTRG	Yuen Shan	
1	Yue Wei Ya	989	2968	1000 00:21:09	968 21:15.4	1000 00:25:29	1000 00:17:55	485
2	Fung Wai Ching	973	2919	DISQ	1000 20:34.5	919 00:27:43	1000 00:08:41	485
3	Wong Ki Sum	794	2381		876 23:29.0	828 00:30:46	677 00:12:50	488
4	Tsui Wing Yuen	742	2227	735 00:28:47	790 26:01.8		702 00:12:22	488
5	Chu Li Wei Rie	709	2128	758 00:27:55	697 29:30.7	673 00:37:53	488 00:17:48	618
6	Ku Ka Ki	687	2060	575 00:36:48		867 00:29:24	618 00:14:03	594
7	Wong Yi Yan	665	1994	697 00:30:20	703 29:15.1	513 00:49:39	594 00:14:37	608
8	Lau Hin Yi	630	1889	640 00:33:03	641 32:06.1	608 00:41:54		527
9	Wong Hau Yi	387	1161	665 00:31:49	496 41:30.2			650
10	Mak Chiu Ki Astor	386	1158		631 32:36.1		527 00:16:29	650
11	Moy Sze Wing Clara	364	1091	441 00:47:57	DISQ		650 00:13:22	714
12	Cheng Sum Yu	238	714		DISQ	DISQ	714 00:12:10	
13	Sit Tsz Yan Nicole	207	620	620 00:34:08				608
14	Fong Holly	203	608				608 00:14:17	
15	Tsoi Sze Chit Jasmine	186	558	558 00:37:53				
16	Leung Kwan Yu Jovita	153	460	460 00:46:01				451
17	Ng Tsz Kwan Chloe	150	451				451 00:19:16	434
18	Kwok Selina	145	434				434 00:20:00	307
19	Leung Kwan Kiu	102	307				307 00:28:15	244
20	Cheng Yee Yan	81	244				244 00:35:36	
	Fong Sin Hang Jada	0	0	0 OT			DISQ	
	Ng Tsz Yan	0	0	0 OT				
	Lee Wing Ting Stephanie	0	0	0 OT				

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Rank	Name	Average	Total	W16			
				RL-1	RL-2	RL-3	RL-4
				2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Wong Yi Shan	992	2976	976 00:17:21	911 20:26.6	1000 00:15:19	1000 00:09:25
2	Chu Ying Yau	971	2914	1000 00:16:56	1000 18:38.0	879 00:17:25	914 00:10:18
3	Leung Hei Tung	883	2649	850 00:19:55	973 19:09.2	751 00:20:23	826 00:11:24
4	Wong Yuet To	674	2023	797 00:21:15	459 40:36.0	606 00:25:16	620 00:15:11
5	Law Ngo Laam	528	1584	670 00:25:16	554 33:38.0	360 00:42:31	
6	Leung Cheuk Ki	454	1361	722 00:23:27	639 29:10.9		
7	Fung Wing Ki	314	943	591 00:28:40		352 00:43:30	
8	Wong Tsui Shan	246	737	737 00:22:59			
9	Chiu Ching	223	668		668 27:53.1		DISQ
10	Leung On Yee Nikki	220	661	661 00:25:36			
11	Yuen Jisi Jacqueline	219	657	657 00:25:46			
12	Luk Kei Suet Angela	144	432	432 00:39:10			
13	Cheung Ka Yi	141	423	423 00:40:00			
14	Cheng Wing Yi	135	404	404 00:41:54			
15	Lo Lok Yin Jasmine	128	384				384 00:24:30
16	Li Pui Yau Yoyo	117	350	350 00:48:24			
17	Yeo Victoria Anna	111	333			333 00:45:56	
18	Lee Hong Ying	100	301			0 OT	301 00:31:20
19	Wong Michelle	97	292	292 00:58:02			
	Ip Ingrid	0	0			0 OT	





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W35				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Chiu Chong Hua	1000	3000	1000 00:23:19		1000 00:26:19	1000 00:17:40
2	Wong Wai Ching Vickie	937	2810	802 00:29:04	991 22:36.5	903 00:29:08	916 00:19:17
3	Ho Hing Ling	747	2241	954 00:24:26	731 30:39.5	556 00:47:19	477 00:37:04
4	Au Man Chong	733	2199	659 00:35:22	1000 22:24.7	540 00:48:44	536 00:32:58
5	Ismail Hanifa	694	2081	894 00:26:05	662 33:51.1	525 00:50:06	510 00:34:39
6	Lo Wan Yee	622	1867		467 Official	737 00:35:43	663 00:26:38
7	Yu Hoi Yan	562	1686	640 00:36:25	741 30:14.2		305 00:57:53
8	So Man Ting Tami	554	1662	556 00:41:56	602 37:14.7		504 DISQ 00:35:03
9	Tang Pik Kwan	485	1456		839 26:41.8	617 00:42:38	
10	Chan Wing Yue	301	904		904 24:48.1		
10	Tang Pui Yi	301	904			904 00:29:06	
12	LAU WING KA LOUISE	213	638				638 00:27:42
13	Fung Wing Sze	190	570	570 00:40:53			
14	Venus Tham	169	507	507 00:45:57			
15	Chau hoi sze	110	329				329 00:53:45
	Lo Ting Chi	0	0			0 OT	
	Wai Tsui Shan	0	0			0 OT	
	Yu Hoi Yan	0	0			0 OT	
W40				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Cheung Lai Kuen Mona	1000	3000	1000 00:22:05	1000 20:21.3	1000 00:28:27	
2	Chan Siu Mui	937	2812		819 24:50.6	993 00:28:39	1000 00:27:04
3	Lau Pik Yi	786	2358	850 00:25:59	769 26:27.6	739 00:38:30	623 00:43:25
4	Wong Percy	524	1572		612 33:15.6		960 00:28:11
5	Wong Patricia	492	1476		725 28:03.6	751 00:37:52	
6	Chung Shuk Kam	453	1358	614 00:35:58		744 00:38:15	
7	Kwok Ka Wah Cara	174	521				521 00:51:59
8	Li Fung Chi	151	452	452 00:48:49			
9	Ma Bo Suen	148	443	443 00:49:52			
	Leung Yim Ting	0	0				
	CHAN SZE LAI	0	0			DISQ	DISQ
							DISQ
W45				RL-1	RL-2	RL-3	RL-4
Rank	Name	Average	Total	2016/3/25 Kowloon Park	2016/5/15 High Island	2016/9/11 THTRG	2016/10/23 Yuen Shan
1	Wong Yuk Hing	1000	3000	1000 00:26:34	588 35:40.9	1000 00:29:13	1000 00:24:33
2	Cheng Po Yi	695	2086	700 00:37:57	535 39:12.8		851 00:28:51
3	Cheung Bo Ling	567	1701	701 00:37:53	1000 20:57.8		
4	Ko Sin Yu	280	839				839 00:29:16
5	Wong Yee Wah	238	713			713 DISQ 00:40:57	
6	Wong Kwan Tai	236	707			707 00:41:19	

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W50							
Rank	Name	Average	Total	RL-1	RL-2	RL-3	RL-4
				2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Chui Lai Kuen Candy	982	2947	1000	986	961	
				00:24:13	DISQ	00:32:54	00:27:10
2	Ng Miu Lan	973	2919	919	1000	1000	
				00:26:21		00:32:26	00:26:06
3	Luk Lai Lai Rene	763	2289		708	601	980
					45:33.1	00:53:58	00:26:38
4	Au Wing See	754	2263	756	927	580	
				00:32:03	34:47.2		00:45:02
5	Cheung Ngan Chun	333	1000		1000		
					32:15.3		
6	Lai Mei Ho Pauline	225	675	675			
				00:35:51		DISQ	
	Choy Lai Heung Sally	0	0	DISQ			
	Leung Yee Man	0	0			DISQ	
W55							
Rank	Name	Average	Total	RL-1	RL-2	RL-3	RL-4
				2016/3/25	2016/5/15	2016/9/11	2016/10/23
				Kowloon Park	High Island	THTRG	Yuen Shan
1	Wong Yuk Ching Lam	749	2246	795	0	1000	451
				00:48:04	OT	00:39:56	00:50:28
2	Tang Suk Fong	333	1000	1000			
				00:38:12			
2	Lai Mei Ho	333	1000		1000		
					37:53.8		
2	Chan Siu Lin	333	1000			0	1000
						OT	00:22:45
5	Leung Yee May	149	448	0			448
				OT			00:50:47
Time Limit:				00:60:00	00:60:00	00:60:00	00:60:00