

Orienteering Association of Hong Kong
2016 Hong Kong Team Selection Test

Notice

Date : 21 February 2016 (Sunday)
Assembly Time : 09:45 am
Report Time : 10:00 am
Assembly Location : BBQ site adjacent to the Fresh Water Service Reservoir, Fu Tei Sheung Tsuen (50Q HE 077809) (see index map below)
Test Duration : 10:30am – 14:00pm (anticipate)
(The time deadline of last report entry for test is 10:15am, late coming athlete may not be allowed to join the test.)
Area of Test : Fu Tei, Tuen Mun
Type of Test : Technical Test
Event Class : WOC – Elite (M/L)
(see below) JWOC – All
ACOC – All
AsOC – All

Class	Course	Distance (Km)
ME, M21, M20	A1	5.6
WE, W21, W20	A2	4.9
M/W16,18 ;W30; M/W35,40,45,50,55,60	B	4.4
M/W12,14	C	3.4

Start interval: Course A1& A2 – 3mins, Course B & C – 2mins. Time limit of this technical test is 150 mins.

What to bring:

Compass, SI card, orienteering suit and footwear, watch, recycle plastic bag, drinking water/ beverage, replenishment, snack, sunburn preventive product, umbrella or the like, insect repellent, personal need.....etc

Transportation:

1. Take KMB bus number 53, 67M, 67X, 261, or MTR bus number K51 to Lingnan University Bus Stop. It takes about 30 minutes walk from the Lingnan University Bus Stop to the Assembly Location, or

2. Take MTR to Siu Hong Station. It takes about 45minutes walk from Siu Hong Station to the Assembly Location. Or direct access by taxi from Siu Hong Station to the assembly location is available.

Inclement weather arrangement:

Technical test will be cancelled under the follow weather conditions/warning sign issued/hoisted by HKO. (2 hours before the selection test programme begins):

- i. Tropical cyclone signal no. 3 or higher
- ii. Thunderstorm warning
- iii. Rainstorm warning

Brief procedure:

- | | |
|------|-----------------------------|
| 1000 | Report |
| 1015 | Start draw (all candidates) |
| 1031 | FIRST START |

香港定向總會

2016 年度 香港隊選拔測試

通告

- 日期 : 2016 年 2 月 21 日 (星期日)
集合時間 : 上午 9 時 45 分
報到時間 : 上午 1000 時
集合地點 : 虎地上村配水庫旁燒烤場 (50Q HE 077809) (見下圖)
測試期間 : 上午 10 時 30 分 至 下午 02 時 00 分(預期)
(最後報到時間為 10 時 15 分, 遲到運動員將不被允許參加該次測試。)
測試地區 : 屯門虎地
組別 : 世界定向錦標賽 - 精英組 (中長距離測試)
世界青少年定向錦標賽 - 所有
全國定向錦標賽 - 所有
亞洲定向錦標賽 - 所有

組別	賽程	長度(千米)
ME, M21, M20	A1	5.6
WE, W21, W20	A2	4.9
M/W16,18 ;W30; M/W35,40,45,50,55,60	B	4.4
M/W12,14	C	3.4

出發相隔時間: 賽程 A1& A2 – 3 分鐘, Course B & C – 2 分鐘。 測試時限為 150 分鐘。

請帶備:

指南針, SI 指咭, 定向服裝及鞋, 手錶, 地圖膠袋, 幼咀地圖筆, 飲用水/飲料, 補充食物/乾糧, 防曬用品, 雨傘/具及防水用品, 蚊怕水, 個人所需用品及藥物等。

交通:

1. 乘搭九巴路線 53、67M、67X、261 號, 於嶺南大學巴士站下車, 然後沿富地路步行約 30 分鐘前往;
2. 乘搭港鐵至兆康站下車, 步行約 45 分鐘前往或於兆康站乘的士直達集合地點。

惡劣天氣安排:

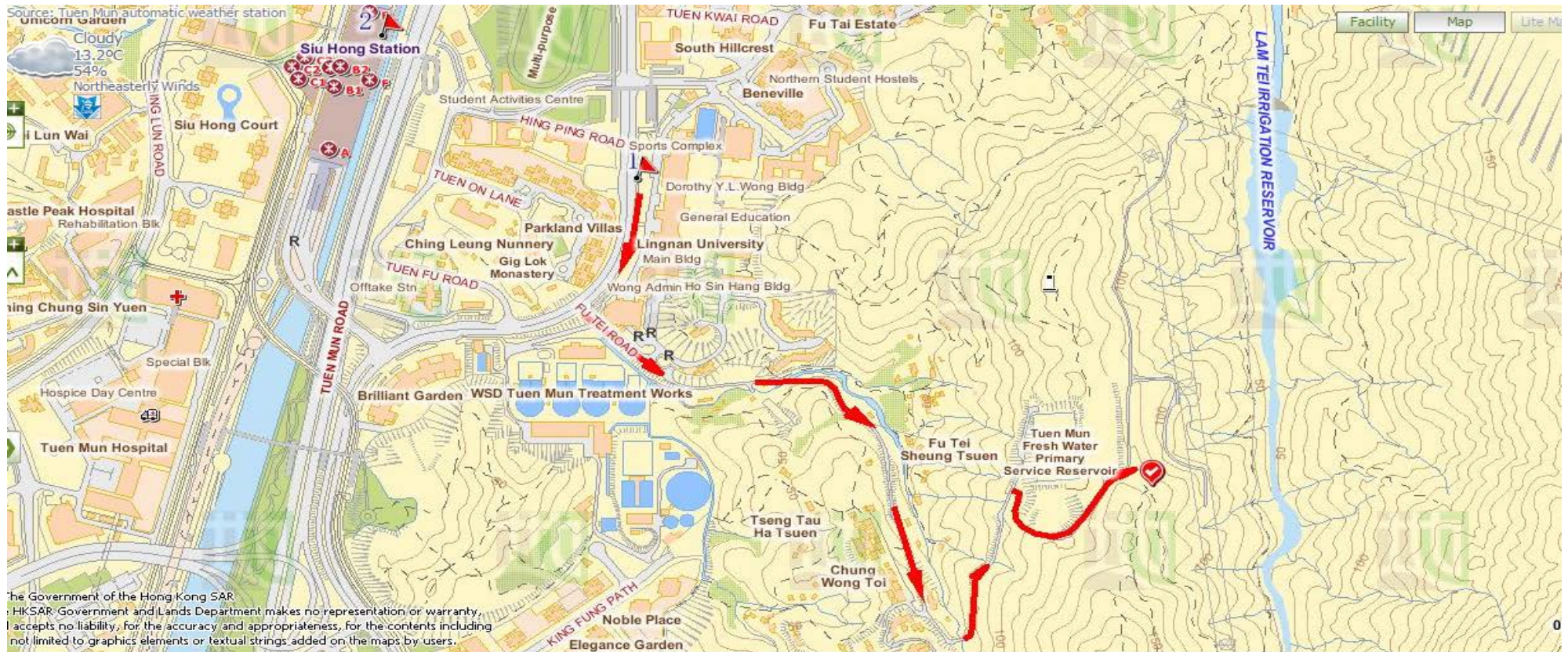
在香港天文台發出下列警告信號技術測試將被取消(在當日測試舉行前 2 小時):

- i. 懸掛三號或以上風球
- ii. 雷暴警告
- iii. 暴雨警告

簡要程序:

- | | |
|------|--------------|
| 1000 | 報到 |
| 1015 | 抽籤 (所有的參選賽員) |
| 1031 | 開始出發 |

日期 : 2016年2月21日(星期日)
報到時間 : 上午 1000 時
集合地點 : 虎地上村配水庫旁燒烤場 (50Q HE 077809)



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