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# M8

1	LAU KIN PONG	0:24:59
	蕭沛樂	DISQ

## M10

1	Shum Siu Long	0:11:48
2	Tang Sin Muk Joshua	0:16:20
3	Fong Ethan	0:19:30
4	Lam Hiu Yeung	0:19:48
5	Man Tsan Shun	0:21:23
6	Wong Wai Hin	0:32:26
7	CHAN KING WO	0:33:27
8	Chiu Long Hei	0:34:21
	Yip ho wang owen	DISQ
	Law Tsz Lok	DISQ

## M12

1	LUM CHEUK HEI	0:11:44
2	Chan Chun On	0:13:46
3	AU Joshua Ho Kiu	0:13:50
4	WONG CHEUK HIM	0:14:45
5	LEE SZE LUT NAZIRITE	0:17:20
6	LAM WANG HONG	0:17:34
7	Wu Cheuk Hei	0:17:50
8	Au Ki	0:21:55
9	CHAN KING YU	0:22:06
	Law Sing Yu Sean	DISQ
	Chow Carlo	DISQ

# M14

1	CHAN CHUN HEI	0:10:16
2	Li Ho Shun Markus	0:11:22
3	Leung chung wai	0:12:12
4	Wong Tsz Chun Jason	0:12:58
5	Chung Ho Yin	0:17:38
6	Sieh Cheuk Nam	0:18:07
7	Wong Pak Wai	0:20:21
8	Lam Hok Nam	0:22:08
9	Tong Shee Yiu	0:22:40
10	Chan Cheuk Ki	0:23:00
11	Ronnie Lo Long Hin	0:44:41
	Chan Ka Yiu	DISQ
	羅康晉	DISQ

## M16

1	LiuChiChung	0:11:48
2	Chu Yau Man	0:12:23
3	Wong Cheuk Wang	0:12:50
4	Cheung Yan Wai	0:13:05
5	CHENG WING JUN	0:14:54
6	FONG TSZ LO	0:15:10
7	Shiu Chit Him	0:15:13
8	Wong Tsz Hei	0:15:20
9	Tam Chin Hang	0:15:34
10	Yip Tsz To	0:15:47
11	Lau Trevor	0:17:21
12	To Ching Hong	0:18:15
13	Ng Kok Wing	0:18:39
14	Chan Chun Hang	0:19:40
15	Tang Wai Nam	0:30:23
	YUE WEI YI	DISQ
	TSANG ho yeung	DISQ

## M18

1	Yu Tsz Fung	0:12:19
2	Kwan Yik Ching	0:14:36
3	Lau Kwun Him Himmy	0:15:24
4	Chau Chung Yin	0:15:48
5	NG KI FUNG JASON	0:16:03
6	Tang Wai Fung Tam Kai On	0:18:19 DISQ

## M20

1	Shiu Chit Hei	0:14:29
2	Chung Austin	0:15:50
3	Li Chun Ho	0:16:19
4	YUE Wei Yong	0:18:05
5	Chan Chun Kit	0:20:49



**M21**

1	Lo Joseph	0:17:55
2	Chan Tin Mong	0:19:39
3	Yu Sai Hong	0:19:52
4	Lau Kwok Sang	0:19:53
5	NG KWAN SHING	0:20:35
6	Law Kwok Kuen	0:20:45
7	Man Yiu Fung	0:20:54
8	Tsang Chun Chi	0:20:56
9	Lam Trevor Koonchi	0:21:02
10	Ho Tsz Hang Stephen	0:21:04
11	LI FUK LUNG BRUCE	0:21:40
12	CHAN CHI SING CLEMEN	0:21:52
13	Kan Chi Cheung	0:22:09
14	Tang Yeung Chiu	0:23:41
15	Chu Kam hung	0:23:47
16	CHAN CHUN FUNG	0:23:51
17	LEE Ting Ho Gilbert	0:23:59
18	WONG JOHN	0:24:27
19	Chu Hing Shing	0:24:41
20	TANG CHIT LONG	0:24:54
21	Cheung Kang Kai	0:25:09
22	YUEN TUNG NAM	0:25:24
23	Chan Chi Keung	0:25:32
24	Yim Chun Wai	0:26:36
25	NG KA SING	0:26:56
26	Ng Kwok Fung	0:27:53
27	WONG KIN IP	0:27:57
28	Chan Ping Kin	0:28:36
28	LUI TSZ HIN	0:28:36
30	Ho Hui Nam	0:29:20
31	Lo Wing Pun	0:32:13
32	CHOIKAMKWAI	0:32:58
33	LO Kam Tao Leo	0:50:38
	CHIKCHUNG YEUNG	1:20:06
	Chan Yin Chun	DISQ
	CHEUNG CHI KO	DISQ

Choi Wai Kit  
鄭文暉  
CHAN TSZ  
CHUNG

DISQ  
DISQ  
DISQ

## M35

1	Tang Chun Kit	0:15:52
2	Chung Wai Nang	0:17:41
3	Cheong Kung Pan	0:19:37
4	Li Ming Chi	0:20:09
5	Won Man Wa	0:20:28
6	Leung Yat Lai Adrian	0:20:37
7	Horace Lo	0:22:06
8	Yeung Suen Yu	0:22:46
9	Cheung Chi Shing	0:23:16
10	Chan Chit Hung Isaac	0:25:51
11	YUEN CHI KIN	0:30:59
12	CHAN SIU CHUNG	0:34:47
	WONG CHI YIN	DISQ

## M40

1	Chan Kam On Andy	0:16:05
2	Lo Wing Shiu	0:17:07
3	WONG WAI NGAI ERIC	0:18:32
4	MAN WAI TIN	0:18:35
5	LAU CHI CHUEN	0:20:00
6	WONG CHI CHUNG ISAAC	0:20:11
7	LUM CHO FAI	0:20:39
8	Lee Man Wai	0:20:46
9	Chan kwok wai	0:22:19
10	Leung Wai Kin	0:26:02
11	KWONG KWOK WAH	0:27:53
12	Wong Ho Man Tsang Raymond	0:29:55 DISQ

## M45

1	Yeung Wai Yin Alexis	0:18:41
2	Yu Shin Ho	0:19:47
3	Leung Lap On	0:22:46
4	Wong Hung On Wallis	0:24:09
5	Law Yat Hing	0:25:57
6	Wong Wai Ming	0:26:21
7	Fu Man Fai	0:26:31
8	Ng Kam Fu Patrick	0:28:16
9	CHAN KIM CHAM	0:35:56
10	SHIU CHI SHING	0:40:34
	Ko Man Fung Francis	DISQ
	WONG MAN WAI	DISQ

## M50

1	CHUNG HON	0:13:30
2	Law Wai Kay	0:15:45
3	Tam Shu Fun	0:16:17
4	LI TAK KUN	0:16:40
5	余漢明	0:19:19
6	TAM Wai-yip	0:21:58
7	TANG Yuk Cheong	0:24:04
8	Chan po ming	0:24:27
9	Chan Wing Chong	0:28:10
	LAM KWOK WAH	DISQ

## M55

1	LEUNG LAM	0:15:23
2	Lee Chi Kin	0:17:25
3	陳松榮	0:18:58

## M60

1	Chiu Luen Kwan	0:24:08
2	Mok To	0:34:04



# ME

1	YIP CHAK LUN GERALD	0:15:13
2	Yu Tsz Wai	0:15:18
3	Lee Kin Wai	0:15:21
4	HUI Siu Tung	0:15:30
5	Mak Yui Kan Raphael	0:15:46
6	MAN CHI KIN	0:16:35
7	Lam Aby	0:16:46
8	CHOW Man Long	0:17:28
9	CHIU YAU CHUNG	0:17:32
10	Chiu Ho Ching	0:18:16
11	Chau Po Lok	0:19:06
12	Cheung Kwok Wai	0:20:38
13	Luk Chi Hin	0:21:18
14	LIANG CHI HANG	0:22:06
15	LAM KA CHING	0:23:53
	Tse Hin Long	DISQ
	MA LOK HIN	DISQ
	CHOY KWOK WAI	DISQ
	TAM WING CHUNG	DISQ

## W8

1	WONG YEE YAN	0:27:25
2	Shiu Wing Yu LAI HOI CHING	0:28:27 DISQ

## W10

1	Leung Hiu Ching	0:16:18
2	FUNG WAI KI	0:17:17
3	Fu Hoi Ki	0:17:26
4	蕭沛悅	0:24:25
5	高曉旻	0:25:58
6	Leung Hiu Yuet	0:27:01
7	Chung Winnie	0:29:04
8	Shiu Wing Yin	0:44:18
	Mak Tin Yan	1:14:40

## W12

1	Tang Lok Yan Naomi	0:18:12
2	WONG KI SUM	0:19:24
3	劉衍沂	0:20:11
4	CHOILOKNOVEL	0:21:12
5	Chu Li Wei Rie	0:21:43
6	Wong Hau Yi	0:24:19
7	Chung Merry	0:33:49
	Wu Tung Yan	1:02:49
	Lo mei suen	DISQ
	Wong Ching Tung	DISQ

## W14

1	Wong Yi Shan	0:11:21
2	Chu Ying Yau	0:11:42
3	Wong Yuet To	0:12:00
4	Yue Wei Ya	0:12:39
5	FUNG WAI CHING	0:13:41
6	TSAI YING YING	0:18:19
7	Lam Hiu Ki	0:18:40
8	Fung Wing Ki	0:21:41
9	CHENG SUM YU	0:33:47
10	Luk Kei Suet Angela	0:36:02
11	Fong Sin Hang Jada	0:57:53
	Yuen Enam Natalie	1:01:25
	KU KA KI DOROTHY	DISQ
	CHAU HIU KEI	DISQ
	NG CHEUK SZE	DISQ
	YIP SI WING	DISQ
	Tam Ka Wing	DISQ

## W16

1	Wong Yuen On	0:17:31
2	LEE YAT LAAM	0:17:40
3	Leung hei tung	0:18:31
4	CHENG YIN SHAN	0:18:56
5	Leung Stephanie	0:21:44
6	Luk Codi	0:23:46
7	Law Ngo Laam	0:36:24
	LEUNG CHEUK KI	DISQ
	NG TSZ CHIN	DISQ
	Wan Sing Nga Pallas	DISQ
	CHAN SIN YU	DISQ
	Tsang Hiu Yu	DISQ

## W18

1	Law Hoi Yi	0:15:27
2	Chan zhi ling	0:16:28
3	LI HO LING	0:17:39

## W20

1	Lam Hei Yiu	0:16:24
2	CHEUNG KA WING	0:17:09
3	Lam Ho Tong	0:18:40
4	Ng Wing Si	0:19:36
	Yee Sze Wing	DISQ
	Lam Cho Yu	DISQ



## W21

1	LUI WAI LAN IRIS	0:16:36
2	Mok Wai Yee	0:20:38
3	Liu Ka Man	0:20:41
4	NG KA YAN	0:21:31
5	WONG Josephine	0:24:59
6	Lam Oi Sze	0:25:16
7	Tse Lui	0:26:13
8	Tang Po Wa	0:28:15
9	Chiu Konie	0:30:03
10	Cheung Wei Ki	0:30:24
11	CHAN LAI YING	0:30:41
12	CHAN HIU WAI	0:30:54
13	Chung Wai Fan Vivian	0:31:09
14	Wong Sze Ha Elyse	0:45:01
	CHIU LAI KWAN	DISQ

## W35

1	CHIU Chong Hua	0:16:44
2	CHEUNG LAI KUEN	0:17:35
3	TANG PUI YI	0:17:42
4	HO HING LING	0:19:20
5	TANG PIK KWAN	0:19:41
6	Ismail Hanifa	0:19:47
7	LAU WING KA LOUISE	0:21:20
8	Fung Kit Ling Veroni	0:21:52
9	Lo Ting Chi	0:26:54
10	Choi yuen wa	0:28:32
11	LAU Wai Ngar	0:38:37
12	CHAU HOI SZE	0:38:57

## W40

1	Lau Pik Yi	0:18:23
2	Szeto Ying Wai	0:21:05
3	鍾淑琴	0:24:09
4	Li Mang Wah	0:26:50
	Louise	
	LI WAI YING	DISQ
	CHAN SZE LAI	DISQ

## W45

1	Cheung bo ling	0:18:08
2	Ko Sin Yu	0:19:47
3	Chan Fung Shan Evely	0:20:52
4	王綺華	0:25:52

## W50

1	AU Man Chong Mariana	0:19:15
2	Chui Lai Kuen Candy	0:20:34
3	NG MIU LAN	0:21:30
4	鄭寶儀	0:23:40

## W55

1	Wong Yuk Hing	0:18:13
2	TANG SUK FONG	0:28:53
3	Wong Yuk Ching Lam	0:37:06
	Leung Yee May	DISQ

## WE

1	Yu Wing Hay	0:16:32
2	Chan Hau Wah Brenda	0:17:38
3	Yu Tsz Ying	0:17:40
4	Chan Pui Fung	0:17:45
5	Cheng Yuen Ki Hilda	0:18:51
6	LEUNG KA KI	0:19:41
7	Lam Ka Yi	0:20:33
8	Lee Wing Sze Vivian	0:21:43
9	Chan sau mei	0:21:48
10	Chan Lai Yee	0:21:52
11	Wong Wai Ching Vicki	0:24:11
12	Fung Yuk Ching	0:24:50